

FOOD AND DRUG ADMINISTRATION  
CENTER FOR DRUG EVALUATION AND RESEARCH

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ENDOCRINOLOGIC AND METABOLIC DRUGS

ADVISORY COMMITTEE

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MEETING 69

+ + +

NDA 20-766, XENICAL

(ORLISTAT TETRAHYDROLIASTATIN)

+ + +

Friday, March 13, 1998

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The meeting was held at the Gaithersburg  
Holiday Inn, Two Montgomery Village Avenue,  
Gaithersburg, Maryland, at 8:00 a.m., Dr. Henry G.  
Bone, III, Chairman, presiding.

PRESENT:

HENRY G. BONE, III, M.D., Chairman

JOSE FRANCISCO CARA, M.D., Member

CATHY W. CRITCHLOW, M.D., Member

ROBERT MARCUS, M.D., Member

MARIA I. NEW, M.D., Member

ROBERT S. SHERWIN, M.D., Member

## PRESENT (Continued):

JULES HIRSCH, M.D., Member

MARK E. MOLITCH, M.D., Member

JAIME A. DAVIDSON, M.D., Consumer Rep.

RICHARD D. SIMON, D.Sc., ODAC

MATTHEW ELLIS, M.D., Ph.D., Guest Expert

ROBERT SIEGEL, M.D., Guest Expert

KATHLEEN R. REEDY, Executive Secretary

## ALSO PRESENT:

ERIC COLMAN, M.D., FDA

KAREN JOHNSON, M.D., FDA

SOLOMON SOBEL, M.D., FDA

BRUCE STADEL, M.D., M.P.H., FDA

TIMOTHY ANDERSON, Ph.D., Hoffman-LaRoche

ARAM CHOBANIAN, M.D., Hoffman-LaRoche

DOUGLAS GREENE, M.D., Hoffman-LaRoche

JONATHAN HAUPTMAN, M.D., Hoffman-LaRoche

MARTIN HUBER, M.D., Hoffman-LaRoche

RUDOLPH LUCEK, Hoffman-LaRoche

JAMES O'D. MCGEE, M.D., Hoffman-LaRoche

JAMES SCHLESSELMAN, Ph.D., Hoffman-LaRoche

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P-R-O-C-E-E-D-I-N-G-S

(8:14 a.m.)

CHAIRMAN BONE: Good morning. I'm calling to order the 69th meeting of the Endocrinologic and Metabolic Drugs Advisory Committee.

Today we're discussing the NDA No. 20-766 for orlistat or Xenical, sponsored by Hoffman-LaRoche, and we will start by introducing the people who are here at the Committee table, and then the Executive Secretary of the Committee will read the meeting statement.

We will have the opportunity for the open public hearing, and then we'll proceed with the presentations by the sponsor.

All right. If we would actually just start with Dr. Sobel and just go around the table, and if each person will introduce themselves and their affiliation.

DR. SOBEL: Sol Sobel, Metabolic and Endocrine Division, FDA.

DR. COLMAN: Eric Colman, Medical Officer with Endocrine and Metabolic Drugs.

DR. STADEL: Bruce Stadel, Medical Officer, Metabolic and Endocrine Drugs.

DR. JOHNSON: Karen Johnson, Medical

1 Officer, Division of Oncology Drug Products.

2 DR. CRITCHLOW: Cathy Critchlow,  
3 epidemiology, University of Washington.

4 DR. DAVIDSON: Jaime Davidson,  
5 endocrinology, Endocrine and Diabetes Associates of  
6 Texas, University of Texas, Southwestern Medical  
7 School.

8 DR. SHERWIN: Robert Sherwin, Professor of  
9 Medicine, Yale University.

10 MS. REEDY: Kathleen Reedy, Executive  
11 Secretary, Endocrinologic and Metabolic Drugs Advisory  
12 Committee.

13 CHAIRMAN BONE: Henry Bone from Detroit,  
14 Michigan, Chairman.

15 DR. HIRSCH: Jules Hirsch, Rockefeller  
16 University.

17 DR. CARA: Jose Cara, pediatric  
18 endocrinology and diabetes, Henry Ford Hospital,  
19 Detroit.

20 DR. MOLITCH: Mark Molitch, endocrinology,  
21 Northwestern University, Chicago.

22 DR. MARCUS: Robert Marcus, Professor of  
23 Medicine, Stanford University.

24 DR. SIEGEL: Robert Siegel, Director of  
25 the Division of Hematology and Oncology and Chief of

1 the Cancer Center at George Washington University.

2 DR. ELLIS: Matthew Ellis, Lombardi Cancer  
3 Center, breast cancer oncologist.

4 DR. SIMON: Richard Simon, biometric  
5 research, National Cancer Institute.

6 CHAIRMAN BONE: Ms. Reedy.

7 MS. REEDY: The following announcement is  
8 the issue of conflict of interest with regard to this  
9 meeting and is made a part of the record to preclude  
10 even the appearance of such at this meeting.

11 Based on the submitted agenda and  
12 information provided by the participants, the agency  
13 has determined that all reported interests in firms  
14 regulated by the Center for Drug Evaluation and  
15 Research present no potential for a conflict of  
16 interest at this meeting with the following  
17 exceptions.

18 In accordance with 18 United States Code,  
19 Section 208(b)(3) and Section 505(n)(4), full waivers  
20 have been granted to Dr. Robert Marcus, Dr. Mark  
21 Molitch, and Dr. Jules Hirsch. A copy of these waiver  
22 statements may be obtained by submitting a written  
23 request to FDA's Freedom of Information Office, Room  
24 12A30 of the Parklawn Building.

25 In the event that the discussions involve

1 any other products or firms not already on the agenda  
2 for which an FDA participant has a financial interest,  
3 the participants are aware of the need to exclude  
4 themselves from such involvement, and their exclusion  
5 will be noted for the record.

6 With respect of all other participants, we  
7 ask in the interest of fairness that they address any  
8 current or previous financial involvement with any  
9 firm whose products they may wish to comment upon.

10 I'd like to state that Dr. Simon is a  
11 member of the Oncologic Drugs Advisory Committee and  
12 has been screened for conflict of interest, as have  
13 all of the members of Endocrine and Metabolic.

14 Drs. Ellis and Siegel are guest experts  
15 and have signed confidentiality statements and have  
16 stated their interests, and they have not been such  
17 that should be mentioned in a conflict of interest  
18 statement.

19 CHAIRMAN BONE: Thank you, Ms. Reedy.

20 The next item on the agenda is the  
21 opportunity for members of the public to make short  
22 statements. This is a unique feature of the drug  
23 review process, and it's quite an interesting one, I  
24 think, from the perspective of regulatory authorities  
25 around the world actually.

1           The first statement on our agenda is from  
2       -- and I would like each of the people who make  
3       statements during this statement to please state any  
4       financial relationships to the sponsor or anything of  
5       that kind that would be pertinent to the discussion.

6           The first statement is from Lynn McAfee  
7       from the Council on Size and Weight Discrimination.

8           MS. McAFEE: Good morning.

9           And we do not accept money from the weight  
10      loss industry. So there is conflict of interest.

11          CHAIRMAN BONE: All right. Everybody has  
12      been told they'll get about five minutes, and I'll  
13      give you a high sign about half a minute to go.

14          MS. McAFEE: Please. I wasn't sure if  
15      there was a time limit.

16          The last time I came before you, I pointed  
17      out that it was difficult to know what to say about a  
18      drug when I had almost no information on it. I'm glad  
19      the FDA now has an initiative under consideration that  
20      would allow us to speak after the company has made its  
21      data presentation.

22          But now I find myself in the position of  
23      knowing a lot about the drug, but knowing nothing  
24      about the subject of today's discussion, whether or  
25      not this drug can cause breast cancer.



1                   When I first heard about the breast cancer  
2 cases I wasn't too concerned because, like others, I  
3 couldn't figure out how it could be caused by Xenical  
4 since there is such minimal bioavailability. Perhaps  
5 it's like having a 100 year flood two years in a row.  
6 Statistics are sometimes not truly descriptive of  
7 reality. Only perhaps tumor inhibiting properties of  
8 certain foods are being excreted preferentially.  
9 Perhaps there is a mechanism for tumor growth we  
10 simply don't understand yet.

11                   It is your unenviable task today to sort  
12 that out. I can only talk about my general feelings  
13 regarding Xenical based on the last hearing.

14                   I'm not thrilled by the effect in the  
15 profile of this drug. Yes, people lost more weight  
16 than placebo alone, and expressed as a percentage, it  
17 is significant looking, but certainly not what most  
18 people are hoping for, significant cosmetic  
19 improvement, but health improvement is the only  
20 legitimate reason for approving a drug, not thinner  
21 thighs.

22                   There was a ten percent weight loss, which  
23 many believe will lead to an improvement in health in  
24 those with co-morbid factors, but will this weight  
25 loss be maintained?

1 I have a memory of an effectiveness slide  
2 of the entire two-year study. The second year showed  
3 people in both placebo and drug groups gaining back  
4 weight at nearly the same rate. I don't remember  
5 seeing a lot of evidence that the weight those people  
6 were keeping off at the end of the second year would  
7 stay off.

8 And if ten percent doesn't stay off, there  
9 may not be any health benefit to smaller weight  
10 losses. We don't know yet.

11 Added to the fact that the reported side  
12 effects, which were the behavior modification piece of  
13 the drug, dropped dramatically in the second year,  
14 well, it just makes you wonder.

15 This does not seem to be a drug that has  
16 overcome the weight maintenance mechanism. That would  
17 be the Holy Grail, and that would make the risk-  
18 benefit analysis very different.

19 The drug does seem to have a good effect  
20 on LDL cholesterol, and that's an important benefit  
21 for those who are endangered by high lipids. Other  
22 than that I don't see that it has any real health  
23 benefit over that expected by the amount of weight  
24 lost.

25 And remember in the majority of fat

1 people, those who have uncomplicated obesity, these  
2 readings may be fine to begin with. My point is that  
3 whatever data we see about breast cancer today, this  
4 drug does not start out being the greatest thing since  
5 sliced bread. I think it may have some usefulness,  
6 but not enough to warrant an increase in breast  
7 cancer.

8 I used to be an insurance underwriter.  
9 I'm recovered now, but I learned a lot about decision  
10 making. One thing I learned is that you underwrite  
11 for catastrophic risk much differently than a run-of-  
12 the-mill risk. You require more and better  
13 information, and you don't take the kind of chances  
14 you would in your ordinary book of business.

15 Any obesity drug should be categorized as  
16 a catastrophic risk potential because of the huge  
17 numbers of people who would use it, as well as  
18 continued uncertainty about the benefits of weight  
19 loss.

20 A lot has been written lately, and even in  
21 so august a publication as the New England Journal of  
22 Medicine, about the controversy surrounding the issue  
23 of mortality and obesity. I would certainly not say  
24 that every fat person has the same mortality as every  
25 thin person. I think what this issue has brought up

1 is that there are subgroups of fat people who would be  
2 helped by weight loss and subgroups who would not.

3 Surely very super soft people like myself  
4 could benefit from weight loss, but it is unclear  
5 whether all of those with Class 1 and perhaps even  
6 Class 2 obesity would uniformly be helped by the small  
7 amount of weight loss Xenical claims to achieve,  
8 assuming again that loss can be maintained.

9 So the picture is unclear, and that makes  
10 it difficult to establish benefit, and I would urge  
11 you to proceed on the side of caution. If the drug's  
12 approved, I have a lot of concerns about how it will  
13 interact in the new reduced fat environment of  
14 olestra. When artificial sweeteners were introduced,  
15 few people foresaw that they would be so widely used  
16 they would be in yogurt, cough drops, and toothpaste.

17 We have heard that vitamin replacement  
18 therapy is necessary with Xenical. Will the use of  
19 olestra and Xenical together create additional vitamin  
20 deficiencies?

21 In real life, I expect a significant  
22 number of people will use at the same time both  
23 Xenical and Meridia and eat as many wild chips as  
24 their intestinal tracts can handle. Are there any  
25 concerns about interacting with a CNS drug like

1 Meridia or even phentermine? I would really like to  
2 see extensive Phase IV tests on these real life  
3 issues.

4 I'd also like to speak strongly against  
5 the use of this in children without some long term  
6 studies. I believe I was greatly harmed by my  
7 childhood and adolescent use of diet pills. It would  
8 be wonderful if Xenical turned out to be a safe and  
9 effective treatment for children and adolescents, but  
10 until such time as there is evidence of that, I  
11 strongly believe this should not be given to children.

12 No one has ever examined or acknowledged  
13 the damage amphetamine cocktails did to fat children  
14 of my generation, but I hope the lesson we can learn  
15 from the pain of amphetamine children is that extreme  
16 caution is needed before prescribing new drugs to  
17 children.

18 I'm sure your participation on the  
19 Advisory Committee is often a thankless job, and I  
20 know that in the past two years you have been subject  
21 to a lot of second guessing by all of us. No matter  
22 what your decision is today, and regardless of whether  
23 I have agreed with you in the past, I have always  
24 respected the effort and caring you put into your  
25 decision making.

1           So I'd like to take this opportunity to  
2           thank you for your efforts on our behalf.

3           CHAIRMAN BONE: Thank you very much.

4           The next presentation will be by Morgan  
5           Downey from the American Obesity Association.

6           MR. DOWNEY: Thank you, Mr. Chairman.

7           My name is Morgan Downey. I am a person  
8           with obesity, and I am Executive Director of the  
9           American Obesity Association.

10          AOA was founded in 1995 by Richard  
11          Atkinson and Judith Stern and a distinguished advisory  
12          council as an advocacy organization for the interests  
13          of the millions of persons in this country with  
14          obesity.

15          The American Obesity Association is proud  
16          to have received support from major pharmaceutical  
17          companies, including Hoffman-LaRoche, Knoll  
18          Pharmaceutical, Medeva Pharmaceuticals, and American  
19          Home Products.

20          In addition, AOA is supported by over 500  
21          individual dues paying members.

22          It is the mission of AOA to advocate for  
23          public recognition of the epidemic of obesity sweeping  
24          through the United States and other countries. We  
25          believe obesity is a disease and that weight loss is

1 the only known therapy.

2 We endorse patients taking control of this  
3 disease as they would any other chronic, life  
4 threatening disease. This means being aggressive in  
5 managing the disease and its related co-morbidities,  
6 and finding support and demanding knowledgeable and  
7 compassionate health care, and in engaging in  
8 sustainable behavioral changes in food intake and  
9 exercise.

10 According to the latest reports from the  
11 Centers for Disease Control and Prevention, about 58  
12 million American adults are over weight to the point  
13 where they are incurring health risks. The percentage  
14 of American adults with obesity has increased 30  
15 percent in ten years, from 25 percent in 1980 to 33  
16 percent in 1991.

17 Conservative estimates indicate that 14  
18 percent of children and 12 percent of adolescents are  
19 overweight. Thirty-three percent of men and 36  
20 percent of women are overweight.

21 Obesity disproportionately affects  
22 minorities. The prevalence is 48.5 percent for non-  
23 Hispanic black women and 47.2 percent of Mexican  
24 American women.

25 The Centers for Disease Control and

1 Prevention report that the prevalence of overweight in  
2 the United States has continued to increase.

3 To put these figures in context, consider  
4 that there are six to 700,000 persons affected with  
5 HIV/AIDS in the United States, eight million with  
6 cancer, 16 million with diabetes, and 22 million with  
7 heart disease compared to 58 million with serious  
8 health risks from obesity.

9 Obesity is the second leading cause of  
10 preventable deaths in the United States after smoking.  
11 Former Surgeon General C. Everett Koop and others,  
12 including the AOA, support the estimate of at least  
13 300,000 premature U.S. deaths a year attributable to  
14 poor diet and inactivity, virtual synonyms for  
15 overweight and obesity.

16 For too long the official public health  
17 reaction to the epidemic of obesity has been virtual  
18 denial. Obesity is shortchanged when it comes to  
19 research funding at the National Institutes of Health.  
20 It is left out of major public health education  
21 campaigns, and it is avoided like the plague by too  
22 many health insurers.

23 The reasons for this society's avoidance  
24 and denial of obesity are not the subject of today's  
25 hearings. We will leave those for another day. What



1 we can discuss is the tremendous economic and personal  
2 costs associated with obesity and the need to provide  
3 positive support for persons engaging in weight loss.

4 Obesity is a long term, chronic disease.  
5 There are at least eight other diseases that worsen as  
6 obesity increases or decreases as obesity is treated.  
7 They include heart disease, hypertension,  
8 dyslipidemia, adult onset diabetes, stroke, sleep  
9 apnea, osteoarthritis, and deep vein thrombosis.

10 If obesity were prevented in the United  
11 States, were prevented, the United States could have  
12 saved approximately \$45.8 billion in 1990 or six  
13 percent of health care expenditures. Similarly, 52.9  
14 million days of lost productivity would have been  
15 averted, saving employers around \$4 billion.

16 A recent study published in the Archives  
17 of Internal Medicine confirms an association between  
18 BMI, body mass index, and annual rates of in-patient  
19 days, number and costs of out-patient visits, costs of  
20 out-patient pharmacy, and laboratory services.  
21 Relative to a BMI of 20 to 24.9, annual costs were 25  
22 percent greater for those with a BMI of 30 to 34.9 and  
23 44 percent greater for those with a BMI of 35 or  
24 greater.

25 The author concluded, quote, "Given the

1 high prevalence of obesity and the clearly elevated  
2 disease risks and increased use of health services,  
3 there is great potential for reduction in health care  
4 expenditures through efforts in weight reduction and  
5 prevention of weight gain.

6 To these economic data must be added the  
7 costs and quality of life of persons with obesity. It  
8 is hard to think of another condition which inspires  
9 as much external stigma and personal shame as obesity.  
10 Whether we label it a disease or a condition, there  
11 can be no mistaking the toll on personal and  
12 professional lives that obesity can bring with or  
13 without any co-morbid condition. Many lean  
14 individuals have no idea of the self-discipline and  
15 effort it takes for many of us just to maintain our  
16 weight or to sustain weight loss over a long period of  
17 time.

18 Speaking personally, two years ago I had  
19 a BMI of 40. I sought out medical treatment and  
20 engaged in an aggressive program. I did not take any  
21 medicines, but it was an important security to know  
22 that those medicines were available if the program I  
23 was in was not able to achieve its success.

24 During that course of treatment, I was  
25 able to start the process of making changes in my

1 eating behavior and exercise which are still ongoing.  
2 While my current BMI of 29 represents an improvement,  
3 I have to work constantly to maintain and lower it  
4 further.

5 The American Obesity Association trusts  
6 that this Advisory Committee will fully consider the  
7 safety and efficacy data on Xenical. Should this  
8 product be found to have an acceptable risk-benefit  
9 profile, we would hope that it would be promptly  
10 approved. Its availability would give millions of  
11 Americans hope that they may be able to control their  
12 weight and the confidence to consult with their  
13 physicians about their weight and health status.

14 Thank you.

15 CHAIRMAN BONE: Thank you.

16 The next speaker is Dr. Barbara Moore from  
17 Shape Up America.

18 DR. MOORE: Good morning. Thank you, Mr.  
19 Chairman.

20 My name is Barbara J. Moore, and I'm here  
21 today as President of a not for profit organization  
22 called Shape Up America.

23 Shape Up America was founded in 1994 by  
24 former Surgeon General C. Everett Koop to combat the  
25 growing epidemic of obesity in America. By way of

1 disclosure of any possible conflicts of interest, let  
2 the record reflect that two pharmaceutical companies,  
3 Wyeth-Ayerst Laboratories and Hoffman-LaRoche, are  
4 listed among the sponsors of Shape Up America. This  
5 means that they provide unrestricted financial support  
6 for the educational activities of Shape Up America.

7 We are not accountable to either company  
8 for the educational initiatives we undertake or the  
9 materials we produce.

10 The purpose of my testimony today is to  
11 discuss the possible approval of Xenical and the need  
12 to accompany that approval with vitally needed  
13 consumer and health care professional educational  
14 initiatives.

15 In America, adults tend to grow fatter as  
16 they age, and now one out of every three adults is  
17 overweight or obese. This weight gain is associated  
18 with the development of diseases that I'll refer to as  
19 the co-morbidities of obesity: hypertension, Type 2  
20 diabetes, heart disease, certain cancers,  
21 osteoarthritis, gall bladder disease, and sleep apnea.

22 This weight gain is not a cosmetic issue.  
23 It is a health issue. For the sake of the public  
24 health, we are obligated to do all we can to stop the  
25 growing epidemic of obesity and to thereby reduce the

1 associated co-morbidities.

2 As a nutritionist whose own area of  
3 research interest and expertise is obesity and as a  
4 public health professional who has spent years devoted  
5 to helping people struggling with weight management,  
6 I am well aware of the need for new tools that can  
7 help people achieve and maintain a healthier body  
8 weight.

9 Although I have no expectation that  
10 pharmacological agents will obviate the need for  
11 changes in life style, that is, adopting healthier  
12 eating habits and increased physical activity,  
13 nonetheless, I view such agents as serving a vital  
14 role.

15 As we develop an increasingly  
16 sophisticated understanding of the regulation of food  
17 intake and energy balance, we can target  
18 pharmacological agents to intervene with normal  
19 physiological processes to produce a desired result.  
20 In the case of Xenical, that intervention is a  
21 particularly interesting one.

22 Technically speaking, the food that enters  
23 the gastrointestinal or GI tract but is not yet  
24 absorbed can be viewed as being outside the body.  
25 Thus, an agent that interacts with food in the GI

1 tract and that is not yet absorbed is technically  
2 carrying out its function outside the body.

3 Xenical selectively targets dietary fat  
4 before that fat is absorbed into the body. Should  
5 Xenical be approved for the U.S. market, it will be  
6 the first such agent on the market.

7 We are eager to have patients who use the  
8 drug do so appropriately. Specifically, Xenical  
9 functions optimally when the patient consumes fewer  
10 than 30 percent of calories as fat. Now, the American  
11 Heart Association is a member of the Shape Up America  
12 coalition of organizations striving to promote healthy  
13 eating and increased physical activity. For years the  
14 American Heart Association has advocated that  
15 Americans consume fewer than 30 percent of their daily  
16 calories as fat.

17 Shape Up America has taken great care to  
18 support this message about low fat eating, as has the  
19 U.S. Department of Agriculture and other departments  
20 within the federal government. Yet Americans are not  
21 doing this. They are typically consuming an average  
22 of 34 to 36 percent of daily calories as fat.

23 Now, I know that Hoffman-LaRoche is as  
24 eager as we are to see Americans improve their eating  
25 habits by decreasing their fat intake. They want

1 patients who take Xenical to be successful, and  
2 patient success depends on using the drug under  
3 optimal conditions.

4 We want to stem the epidemic of obesity  
5 and reduce the heart disease and other co-morbidities  
6 of obesity and reducing fat intake serves both  
7 objectives.

8 The appearance of a peripherally acting  
9 pharmacological agent like Xenical to treat obesity is  
10 an important new development that is welcome, but that  
11 carries with it important responsibilities that must  
12 be met. We have a responsibility to educate the  
13 consumer about healthy eating, especially the  
14 importance of consuming a diet that is lower in fat.

15 A physician prescribing any drug for  
16 weight loss should also be simultaneously prescribing  
17 lifestyle changes. No drug can substitute for these  
18 important lifestyle changes, and all drugs on the  
19 market are effective only when coupled with those  
20 changes.

21 Shape Up America will continue to educate  
22 physicians and consumers alike about the appropriate  
23 use of pharmacotherapy. Specifically that means a  
24 continued emphasis on healthy eating and increased  
25 physical activity because our goal is to see all

1 Americans achieve and maintain a healthier body weight  
2 and not just a lower body weight.

3 I thank you for this opportunity to share  
4 my views with the Committee.

5 CHAIRMAN BONE: Thank you very much.

6 The next speaker is Dr. James Anderson  
7 from the University of Kentucky Medical School in  
8 Lexington VAMC.

9 DR. ANDERSON: Thank you.

10 I'm Dr. Jim Anderson, Professor of  
11 Medicine and Clinical Nutrition at the University of  
12 Kentucky. You should have a copy of my presentation.  
13 Unfortunately that does not reflect my -- I've served  
14 as a consultant for Hoffman-LaRoche and received  
15 research grants from them.

16 I direct the University of Kentucky weight  
17 management program, and over the last 30 years our  
18 research group has published 250 peer reviewed papers  
19 and book chapters in books, many of which are related  
20 to obesity.

21 I also coordinate the Obesity Research  
22 Network, which is a group of 18 academicians and  
23 clinical investigators, including Dr. Dick Atkinson,  
24 Jim Hill, Frank Greenway, Xavier Pennier (phonetic),  
25 Tom Waddon (phonetic), and Rena Wing, who do clinical



1 trials in obesity and consult with companies about  
2 design.

3 Recently this group had a consensus  
4 conference, and this report on clinical trial design  
5 for obesity agents will be published in Obesity  
6 Research.

7 Since 1974, our research group has been  
8 active in developing nutrition therapy for diabetes,  
9 obesity and dyslipidemia. Since 1985, I've directed  
10 an intensive weight management program using  
11 behavioral treatment, and we've treated over 3,000  
12 people with obesity. We have an effective program.  
13 The average person who enrolls and who attends our  
14 first class loses 25 kilograms over 22 weeks.

15 Our long term success has been recently  
16 evaluated, and at five years our people are keeping  
17 off 23 percent of the weight they lost on average. If  
18 you look at success defined as keeping off ten percent  
19 of their initial weight, 25 percent of our people are  
20 keeping off ten percent of their body weight at five  
21 years and 40 percent are keeping off five percent or  
22 six kilograms at five years.

23 So I think it's clear that we can help  
24 people lose weight, but maintaining weight is  
25 suboptimal. Over the last three years we've been

1 involved in clinical research looking at adjunctive  
2 drug therapy. We've examined the question of whether  
3 adjunctive use of drugs helps us be more effective in  
4 our treatment.

5 Our experience indicates that adjunctive  
6 drug treatment helps people lose more weight and stay  
7 in their program longer. In one uncontrolled clinical  
8 trial where we provided adjunctive drug therapy over  
9 15 weeks, people lost two kilograms or significantly  
10 more than historical controls.

11 We've also examined the effect of  
12 adjunctive drug therapy and weight maintenance over  
13 the first year, and those persons on phentermine, the  
14 agent we used, were able to maintain their weight for  
15 the 16 week segment very well, whereas persons who  
16 were not on adjunctive drug therapy gained the  
17 expected 5.6 kilograms. These differences were  
18 statistically significant.

19 Our experience indicates and the  
20 literature indicates that adjunctive drug therapy  
21 helps people lose more weight and lower the risk  
22 factors more effectively. Adjunctive drug therapy  
23 also helps people maintain their weight loss better.

24 We need a variety of obesity agents that  
25 can be tailored to the needs of the individual person.

1 We've had some clinical experience with orlistat. We  
2 treated 53 people with orlistat for a year as a part  
3 of a multi-center, double blind study. Our experience  
4 was that people receiving orlistat maintained their  
5 weight much more effectively over the year than we  
6 would expect from our experience.

7 Data from the entire trial indicated that  
8 persons with placebo gained as you would expect about  
9 59 percent of their weight loss in the first year.  
10 Persons on orlistat treatment, 120 milligrams per day  
11 t.i.d., gained only 30 percent of their initial weight  
12 loss.

13 In our experience, orlistat was well --  
14 yes -- was well tolerated by people and most wanted to  
15 continue the drug.

16 I think orlistat has distinct advantages  
17 in the treatment of obesity because it doesn't have  
18 CNS or cardiovascular side effects.

19 This agent was well tolerated by our  
20 patients and I think will be useful for selected  
21 individuals. Based on my own experience and review of  
22 the literature, I recommend approval of orlistat.

23 Thank you.

24 CHAIRMAN BONE: Thank you very much, sir.

25 The next speaker is Eric or -- excuse me.

1 Is there a representative here from the United Seniors  
2 Health Cooperative?

3 If not, Ms. Reedy will read a letter from  
4 Eric Shulman.

5 MS. REEDY: "United Seniors Health  
6 Cooperative is concerned about the possible link  
7 between the use of Xenical and breast cancer. We,  
8 therefore, request that the Food and Drug  
9 Administration and its Endocrinologic and Metabolic  
10 Drugs Advisory Committee carefully consider this  
11 issues before approving Xenical for use in the  
12 treatment of obesity.

13 "USHC is concerned about the fact that  
14 other diet drugs have been approved by FDA that  
15 subsequently demonstrated serious health consequences.  
16 In our view, older people should adopt proper exercise  
17 and dietary standards to control weight, but we also  
18 believe FDA must proceed very cautiously in bringing  
19 new diet drugs to market such as Xenical.

20 "Data from the Centers for Disease Control  
21 show that over 40 percent of seniors between the age  
22 of 55 and 74 are overweight. This compared to a 33  
23 percent overall rate. In particular, the CDC data  
24 shows that from 1988 to 1991, 48.7 percent of females  
25 aged 55 to 64 were overweight. Since these seniors

1 represent the largest by percentage groups of  
2 overweight persons in the United States, it is quite  
3 reasonable to assume that they will be among the  
4 highest percentage users of weight control drugs.  
5 This fact is confirmed by the results included in  
6 FDA's July 8th, 1997, public health advisory on phen-  
7 phen and the CDC's report on cardiac valvulopathy  
8 associated with phen-phen in the November 14th, 1997,  
9 issue of Morbidity and Mortality Weekly Report.

10 "We are concerned that even a small  
11 increase in the risk of breast cancer due to the use  
12 of Xenical could have a serious impact upon this group  
13 of women. If a substantial number of them began to  
14 use the drug and if a linkage between the drug and  
15 breast cancer exists, the number of women adversely  
16 affected could be significant.

17 "We understand that the health risks  
18 associated with obesity, such as increased incidence  
19 of diabetes, hypertension, and stroke, are serious and  
20 that treatment of this condition should be a high  
21 priority. However, we feel that there is no need to  
22 rush into the approval of Xenical. Important  
23 questions about safety must be thoroughly and  
24 carefully reviewed to minimize increased risk to this  
25 population. This is especially true because other

1 drugs and therapies for the treatment of obesity are  
2 already available.

3 "United Seniors Health Cooperative is a  
4 nonprofit organization comprised of thousands of  
5 consumers, advocates, and elder care professionals  
6 throughout the country. As a leading advocacy group  
7 for senior citizens in the United States, we are  
8 concerned with issues that have significant impact on  
9 seniors' health. Breast and obesity are issues of  
10 genuine concern to our members.

11 "Recently published reports about the  
12 linkage between Xenical and breast cancer have come to  
13 our attention, and we urge the FDA to proceed  
14 cautiously, reviewing all of the data carefully,  
15 before approving this diet drug.

16 "Sincerely Eric Shulman, president and  
17 CEO."

18 CHAIRMAN BONE: Thank you, Ms. Reedy.

19 The next presentation will be by David  
20 Allison from the North American Association for the  
21 Study of Obesity.

22 MR. ALLISON: Good morning.

23 I'd like to thank the Committee for this  
24 opportunity to share some thoughts with you. My name  
25 is David Allison, obesity researchers at Columbia

1 University and a council member of the North American  
2 Association for the Study of Obesity, or NAASO.

3 I've been asked on behalf of NAASO to make  
4 a statement today, and let me point out by way of  
5 disclosure that in the past I've organized two  
6 conferences both of which were contributed to  
7 financially by a number of pharmaceutical companies,  
8 including Hoffman-LaRoche.

9 Obesity is a major public health problem  
10 in the United States. Because of its high prevalence  
11 and causal relationship with many serious medical  
12 complications, including diabetes, hypertension,  
13 dyslipedemia, heart disease, cancer, gastrointestinal  
14 disease, lung diseases, arthritis, sleep disorders,  
15 and premature death.

16 The prevalence of obesity has markedly  
17 increased in the past 15 years in almost all  
18 industrialized countries in the world. Data from the  
19 third national health and nutrition examination survey  
20 and HANES III demonstrate that currently 54 percent of  
21 adults are obese or -- excuse me -- overweight as  
22 defined by a body mass index of greater than 25  
23 kilograms per meter squared and approximately 25  
24 percent of children and adolescents in the United  
25 States are overweight.

1           The cornerstone of obesity therapy  
2 involves the difficult process of implementing  
3 lifelong lifestyle modifications in dietary intake and  
4 physical activity.

5           Pharmacotherapy can be used as an  
6 additional tool to help some patients achieve  
7 successful long term weight management. It is hoped  
8 that the development of effective and safe  
9 pharmacologic agents for the treatment of obesity will  
10 continue as we increase our understanding of the  
11 mechanisms that regulate energy balance.

12           The North American Association for the  
13 Study of Obesity, NAASO, recommends that  
14 pharmacotherapy only be used for obese patients and as  
15 part of a comprehensive weight management program,  
16 which includes a medical examination, diet counseling,  
17 physical activity education, and behavior  
18 modification.

19           It is unlikely that most obese patients  
20 can achieve an ideal body weight with current  
21 treatment options. However, loss of as little as five  
22 to ten percent of initial weight improves several of  
23 the medical abnormalities associated with obesity,  
24 including glucose intolerance, high blood pressure,  
25 and dyslipidemias. Therefore, a modest amount of



1 weight loss, as long as it is maintained, can have  
2 considerable clinical benefits and is a realistic goal  
3 for many patients.

4 When properly used, pharmacotherapy can  
5 help selected patients achieve these long term weight  
6 management goals. It is important that effective and  
7 safe therapies continue to be developed to help  
8 millions of Americans suffering from medically  
9 significant obesity.

10 At the same time it is critical that we  
11 increase our efforts to develop and implement  
12 successful public health policies to help prevent the  
13 onset of obesity, particularly in young children and  
14 adolescents.

15 the North American Association for the  
16 Study of Obesity is an interdisciplinary scientific  
17 society whose purpose is to develop, extend, and  
18 disseminate knowledge in the field of obesity.

19 Thank you.

20 CHAIRMAN BONE: Thank you very much.

21 The next presentation is from Dr.  
22 Priscilla Hollander of Baylor University.

23 DR. HOLLANDER: Thank you, and my name is  
24 Dr. Priscilla Hollander, and I'm Director of the  
25 Diabetes Center at Baylor University Medical Center in

1 Dallas.

2 I participated as a clinical investigator  
3 in the study of orlistat in Type 2 diabetes, and so I  
4 appreciate the opportunity to be able to speak to the  
5 Committee and the group here today in regards to what  
6 I think is the importance of a pharmacological therapy  
7 like orlistat in the treatment of patients with this  
8 syndrome.

9 I think we all know that about 15 million  
10 people in the United States have diabetes, and we,  
11 again, I think are all familiar with the morbidity and  
12 mortality associated with disease, and so I will not  
13 go into details in terms of those statistics.

14 I think the important thing is in regard  
15 to the link between obesity and Type 2 diabetes, and  
16 roughly 80 percent of all patients with Type 2  
17 diabetes are obese.

18 I think if we can break the cycle of  
19 obesity, we can also help break the cycle of diabetes  
20 both in patients who actually are already diagnosed,  
21 and I think there is great potential for looking at a  
22 weight loss drug in regard to prevention of diabetes.

23 I think this is especially important in  
24 light of the fact that we now have new diagnostic  
25 criteria for diabetes, and so that we actually are

1 recognizing this disease in its earlier stage.

2 Recently I had the opportunity to  
3 participate in a national teleconference beamed to a  
4 number of cities around the United States. This was  
5 sponsored by the University of Minnesota and by the  
6 American Diabetes Association, and I think the focus  
7 of this conference actually was to spread the news, I  
8 think, to primary care physicians, internists, health  
9 professionals, people who were interested in diabetes  
10 about this link between obesity and diabetes, and I  
11 think the response really was tremendous.

12 Obviously there is a large audience out  
13 there. We are looking for new approaches to obesity.  
14 So I'm really going to make this very short, and I  
15 think historically and unfortunately we've had little  
16 success with diet, exercise, and behavioral therapy.  
17 Not to say that they're not important, but a recent  
18 study, I think, reported by Rena Wing in Diabetes  
19 Care, again, emphasized the sort of pessimistic sort  
20 of outcomes that we see using this approach, and this  
21 was in patients with diabetes.

22 And so basically I think if we can add a  
23 safe and effective pharmacotherapy to our sort of  
24 armamentarium of treating obesity, I think we will be  
25 very far ahead, and I think one of the other important

1 facts in this regard and which has impressed me about  
2 this drug is the ability for long term maintenance.

3 And so with that I thank you.

4 CHAIRMAN BONE: Thank you, Dr. Hollander.

5 This concludes the open public session of  
6 the or section -- I'm sorry -- of the meeting. We'll  
7 proceed to the presentations by the sponsor and the  
8 Food and Drug Administration.

9 And I should just explain just for a  
10 moment that there will be a presentation by the  
11 sponsor, followed by an FDA presentation, and then we  
12 will have an intermission, and then there will be  
13 another presentation by the sponsor specifically  
14 addressing the breast cancer issue, and a further  
15 presentation by the FDA specifically addressing the  
16 breast cancer issue.

17 So we're going to have sort of general  
18 presentations looking at the big picture, everything  
19 except breast cancer, and then come back to focus on  
20 that very important issue separately.

21 The Committee members are invited to ask  
22 for points of clarification after each of the  
23 individual speakers, but to reserve discussion or more  
24 general questions until the appropriate time in the  
25 afternoon, and if we're able to stay with the

1 schedule, we will have the entire afternoon for that  
2 kind of questions and discussion. So I think this  
3 will be very useful for all of us.

4 How will the Hoffman-LaRoche speakers be  
5 introduced? Is there someone introducing for all of  
6 you? Yeah, all right.

7 We'll now begin the section of the program  
8 devoted to the sponsor's general presentation.

9 MR. LUCEK: Good morning, Dr. Bone, Dr.  
10 Sobel, members of the Advisory Committee, ladies and  
11 gentlemen, invited consultants.

12 I am Rudolph Lucek, Group Director in the  
13 Department of Drug Regulatory Affairs. I'd like to  
14 thank the members of the Committee for their time in  
15 preparing today's meeting. I'd like to thank the  
16 members of the Metabolic and Endocrine and Oncology  
17 Division for their time and effort in the review of  
18 this application.

19 Xenical is the proprietary name for  
20 orlistat, a selective and slowly reversible inhibitor  
21 of gastric and pancreatic lipase. Orlistat is the  
22 first of a new class of anti-obesity agents having a  
23 novel site of action, its activity being localized in  
24 the gastrointestinal tract. Orlistat also has a  
25 unique mode of activity in that it reduces the

1 absorption of some ingested fat.

2 An NDA for the use of orlistat for the  
3 treatment of obesity and long term weight management  
4 was filed with the Food and Drug Administration in  
5 November of 1996. this application was granted  
6 priority review and presented before the Metabolic and  
7 Endocrine Advisory Committee in May of 1997.

8 This resulted in a unanimous vote of eight  
9 to zero for approval. At that advisory meeting  
10 information concerning the incidence of breast cancer  
11 observed in the Phase 3 clinical studies was reported.  
12 While this incidence was low, there was an imbalance  
13 in the distribution of these cases, a greater  
14 proportion of the cases occurring on patients treated  
15 with orlistat than on placebo. Therefore, all data  
16 available at the time was analyzed and reviewed by a  
17 panel of experts, which resulted in the following  
18 opinion which was presented to the Advisory Committee  
19 in May of 1997 and which was consistent with the  
20 review presented by the FDA on this issue.

21 Mutagenicity, genotoxicity, and  
22 carcinogenicity studies in animals with systemic  
23 exposures to many multiples of that in man showed n o  
24 evidence that treatment with orlistat had any  
25 carcinogenic potential.

1 Times to diagnoses of a number of the  
2 breast cancer cases were too soon after randomization  
3 for the case to be due to treatment. The direct  
4 causative effect of orlistat is unlikely due to its  
5 negligible systemic absorption.

6 There was no mechanism resulting from a  
7 secondary effect of orlistat that could be identified  
8 linking orlistat to breast cancer, and it was,  
9 therefore, concluded that chance or detection bias  
10 were possible explanations for the observed imbalance.

11 During the Advisory Committee meeting, the  
12 Committee requested additional information concerning  
13 the observed cases of breast cancer.

14 To further investigate if there was any  
15 relationship between orlistat and the occurrence of  
16 breast cancer and following extensive discussions and  
17 in collaboration with the FDA, a multidisciplined  
18 analysis of the breast cancer cases was undertaken.  
19 All data concerning the reported cases of breast  
20 cancer were collected, including patient medical  
21 records, pre and post study mammograms, and  
22 histopathology slides.

23 An extensive investigation was undertaken  
24 which included a follow-up survey of all female  
25 patients 45 years old and older who participated in

1 the Phase III clinical studies. A complete review of  
2 each breast cancer case was conducted by independent  
3 experts in the fields of epidemiology, radiology,  
4 oncology, and pathology. In all, we consulted over 30  
5 experts during this evaluation.

6 In addition, all histopathology slides  
7 were given to the Armed Forces Institute of Pathology  
8 for independent evaluation. Today we will be  
9 presenting the results of this battery of in depth  
10 analyses.

11 However, for members of the Metabolic and  
12 Endocrine Committee who were either new to the  
13 Committee or were not present at the previous orlistat  
14 advisory presentation and for the assistance of  
15 invited expert consultants joining us today, we will  
16 begin with a review of efficacy and tolerability of  
17 orlistat, demonstrating that orlistat is both well  
18 tolerated and associated with significant and  
19 sustained weight reduction and an improvement in co-  
20 morbidity risk factors in patients who are clinically  
21 obese.

22 This presentation will begin with a brief  
23 summary of obesity as a risk factor for co-morbid  
24 conditions given by Dr. Aram Chobanian And Dr. Douglas  
25 Greene. Dr. Jonathan Hauptman will then present



1 efficacy and tolerability, and Dr. Eric Colman will  
2 present for the FDA.

3 For a detailed presentation of efficacy  
4 and tolerability we refer the Committee to the  
5 briefing document provided prior to today's meeting.

6 We will then turn our attention to a  
7 discussion of the breast cancer cases observed in the  
8 Phase 3 clinical studies. A review of the observed  
9 breast cancer cases and an analysis of possible  
10 biological mechanisms will be presented by Dr. Martin  
11 Huber and Dr. Timothy Anderson from Hoffman-LaRoche.

12 Additionally, they will be joined by Dr.  
13 James Schlesselman and Dr. James McGee. Dr. Jonathan  
14 Hauptman will then conclude with a benefit-risk  
15 assessment. Presenting the FDA's review will be Dr.  
16 Bruce Stadel and Dr. Eric Colman.

17 Due to the specialized nature of some of  
18 the areas to be discussed today, we are also  
19 accompanied by a number of consultants. I would also  
20 like to mention that none of the consultants with us  
21 today or any of the experts who contributed to the  
22 evaluation of the data before you have any financial  
23 interest in Hoffman-LaRoche or in orlistat. These  
24 consultants are available to assist in addressing  
25 Committee questions and may be called upon by

1 presenters to add comment and clarification.

2 A consultant list, including CVs has been  
3 provided to the Committee. They are Dr. Gary  
4 Williams, Dr. Andrew Seidman, Dr. Stephen Feig, Dr.  
5 Bess Dawson-Hughes, Dr. James Olson, Dr. Dennis Ahnen,  
6 Dr. Michael Wargovich, Dr. Michael Jensen, and Dr.  
7 David Kelley.

8 I would now like to turn the meeting over  
9 to Dr. Chobanian, who will begin with a brief summary  
10 of obesity as a risk factor for co-morbid conditions.

11 DR. CHOBANIAN: Thank you, Dr. Bone, Dr.  
12 Sobel, members of the panel, ladies and gentlemen.

13 I've been asked to speak about the effects  
14 of obesity on cardiovascular risk and cardiovascular  
15 disease in the U.S. population. We've already heard  
16 about prevalence data in the United States with  
17 respect to obesity. Shown here are data in women  
18 taken from the NHANES study.

19 As we have heard, overall about 30 percent  
20 of adult women in the United States have obesity as  
21 defined in a BMI, a body mass index, of greater than  
22 27, and about ten percent could be considered as very  
23 obese with body mass index of greater than 32.

24 The numbers increase in age up until about  
25 age 64, with some decrease thereafter. The data in

1 men follow the same pattern, though are somewhat  
2 lower.

3 Life insurance statistics and other data  
4 demonstrate clearly that excess weight is associated  
5 with increased mortality. Plotted on this slide are  
6 BMIs versus mortality ratios. As can be seen, there's  
7 a curvilinear relationship with increased risk of  
8 death from BMI levels of about 25 upward.

9 A variety of iterations of such data have  
10 been provided from other studies. In general, in  
11 those with body weights 20 percent above average,  
12 excess mortality averages 20 percent higher in men and  
13 ten percent in women.

14 No carefully controlled, large trials have  
15 been performed to determine whether decreasing body  
16 weight in the obese will improve longevity, but  
17 considerable data are available relating to risk for  
18 cardiovascular disease, and I will deal with those in  
19 my presentation.

20 Obesity represents an independent risk  
21 factor for cardiovascular disease. However, more  
22 importantly, it also is associated with adverse  
23 changes in several other risk factors. One of these  
24 is high blood pressure.

25 As shown in these data taken from the

1 NHANES 3 survey, the prevalence of high blood pressure  
2 increases considerably at BMI levels of 25 or greater,  
3 with more than doubling of overall prevalence with the  
4 highest levels of BMI.

5 In absolute numbers, a ten kilogram higher  
6 body weight would be associated with about a five over  
7 three millimeter higher average blood pressure level  
8 and a 15 percent increase in overall cardiovascular  
9 disease risk.

10 The NIH's joint national committees and  
11 several other groups have long recommended weight  
12 reductions as an integral component of the management  
13 of high blood pressure. Most hypertensives have a  
14 lowering of blood pressure with weight reduction even  
15 if the decrease average is only five to ten percent of  
16 body weight.

17 Unfortunately recidivism, as you know, is  
18 a major problem in hypertensive, as well as  
19 normotensive obese individuals.

20 A number of studies, including the trial  
21 of hypertension prevention, have shown that reducing  
22 body weight in the obese is important in preventing  
23 the development of high blood pressure. In studies  
24 that have been carried out with references shown here,  
25 subjects with high normal blood pressures, defined by

1 130 over 39 systolic and 85 to 89 diastolic, were  
2 followed over a period of time. A three to four  
3 kilogram decrease in both weight was associated with  
4 a two to three millimeter of mercury decrease in  
5 systolic and diastolic blood pressure, and remarkably,  
6 in this high normal group, there was a 50 percent  
7 lower incidence of hypertension developing over a  
8 three to five year period.

9 These data have now been confirmed in  
10 several clinical trials.

11 Serum lipids and lipoprotein protein  
12 abnormalities are also associated with excess body  
13 weight. As noted, the presence of  
14 hypercholesterolemia, as defined by total cholesterol  
15 levels of 240 or greater, increases substantially in  
16 men with BMIs exceeding 27 and in women with BMIs  
17 exceeding 25. Again, these are data from the NHANES  
18 study.

19 The increase in prevalence averages about  
20 50 percent at the highest levels of BMIs.

21 Similar findings are observed when we look  
22 at low HDL cholesterol levels and their prevalence.  
23 The low HDL here is defined as 35 or less in men and  
24 45 or less in women.

25 With BMIs of 25 or greater, there is a

1 more than doubling of the presence of abnormally low  
2 HEL levels with a prevalence of as much as 42 percent  
3 in women.

4 Modest changes in body weight of five to  
5 ten percent are associated, in general, with a five to  
6 ten percent decrease in plasma cholesterol, or that  
7 translates into a ten to 20 milligram per deciliter  
8 change. This may not seem like much, but if we look  
9 at data from cholesterol intervention studies prior to  
10 the use of the statin type drugs, such changes would  
11 still appear to be meaningful.

12 For example, in the lipid research clinic  
13 study which used a combination of diet and resins, for  
14 every one percent decrease in total cholesterol there  
15 was a two percent reduction in coronary risk. In  
16 other studies of shorter duration, less than four  
17 years' duration, a one milligram per deciliter change  
18 is associated in those studies' meta analysis with  
19 about a one percent change.

20 Risk factors tend to cluster, particularly  
21 in obese individuals. In this slide, data are shown  
22 for four different risk factors in individuals that  
23 are considered lean in Framingham, with BMIs in the  
24 lowest quintile of less than 22, and individuals who  
25 are obese with BMIs of greater than 27.

1           As you can see, in both men and women --  
2           there's an error here. It should read 125 -- that the  
3           obese individuals have increases in systolic blood  
4           pressure, diastolic blood pressure, total cholesterol,  
5           total glucose.

6           Dr. Greene later will talk about glucose  
7           and diabetes control as they relate to risk factors,  
8           and I'm not going to touch on that.

9           But as you can see, the obese individuals  
10          have very substantially higher levels of blood  
11          pressure, about ten millimeters of mercury, systolic  
12          blood pressure, similar amount with diastolic blood  
13          pressure, with cholesterol levels somewhere between  
14          ten and 20 milligrams per deciliter.

15          A large fraction of individuals who  
16          develop coronary disease have two or more abnormal  
17          risk factors. In the Framingham data set, 55 percent  
18          of CHD events in men and 78 percent in women occurred  
19          in individuals with two or more risk factor  
20          abnormalities.

21          The overall impact on the sum total of  
22          abnormal risk factors is favorably affected by weight  
23          reduction and adversely influenced by weight gain.  
24          Depicted here are the relative changes in the overall  
25          sum of risk factors in those who lost or gained

1 weight.

2 In both men, shown on the left, and women,  
3 shown on the right, weight loss of greater than five  
4 pounds was associated with about a 50 percent decrease  
5 in the risk factor sum, whereas weight increase of  
6 greater than five pounds caused a 20 percent increase  
7 in sum in men and about a 40 percent increase in  
8 women.

9 These studies were carried out over a 16  
10 year period. Unfortunately, only seven percent of the  
11 obese men and six percent of the obese women lost more  
12 than five pounds over the 16 year period.

13 In conclusion, obesity has an important  
14 effect on cardiovascular risk and cardiovascular  
15 disease and increases the degree of clustering of risk  
16 factors. Weight reduction can favorably affect  
17 cardiovascular risk by influencing several risk  
18 factors simultaneously.

19 I'd now like to introduce Dr. David  
20 Greene, who will continue the discussions and  
21 concentrate on diabetes and glucose control and risk.

22 Thank you.

23 DR. GREENE: Thank you, Dr. Bone, Dr.  
24 Sobel, members of the panel and FDA, ladies and  
25 gentlemen.



1 I'm here to deliver a very simple message,  
2 which has actually already been well covered by the  
3 public speakers this morning. So I'll be quite brief.

4 The basic message is that weight  
5 management is a vital and missing element in the  
6 control of Type 2 diabetes.

7 Diabetes is a disease which greatly  
8 exceeds just the problem of hyperglycemia. It really  
9 is a disease of multiple risk factors and multiple  
10 risk factor management, as is illustrated in this  
11 slide from the MRFIT study showing cardiovascular  
12 death in patients who have diabetes in the hatched  
13 bars and people who don't as a function of risk  
14 factors, other risk factors than diabetes, and as you  
15 can see, there's a great excess cardiovascular  
16 mortality in people who have diabetes independent of  
17 other risk factors.

18 And so the overall problem in the  
19 management of Type 2 diabetes is an issue of  
20 management of overall risks, including not only  
21 glycemic control, but other cardiovascular risk  
22 factors, including hypertension and dyslipidemia, and  
23 then the issue is that when we try to manage one,  
24 sometimes we lose control of the others.

25 The treatment of Type 2 diabetes has

1 dramatically improved, in part, as a result of the  
2 actions taken by this Committee over the last few  
3 years, in addition to diet and exercise, which is the  
4 mainstay of anti-diabetic therapy. Pharmacotherapy  
5 has greatly expanded with the introduction of  
6 biguanides, a new drug to us, an old drug to the rest  
7 of the world, and various other agents which are very  
8 useful in the control of hyperglycemia.

9           Unfortunately, the use of this  
10 armamentarium even in the best of hands is associated  
11 with adverse events of therapy. This is a slide taken  
12 from the United Kingdom prospective diabetes study,  
13 probably the most extensive and well supported, long  
14 term clinical trial in Type 2 diabetes, and if we look  
15 at patients who were randomly assigned to either  
16 continued diet therapy, metformin, or intensive  
17 therapy with insulin plus sulfonylureas, we can see  
18 that there's an initial fall in hemoglobin A1c, an  
19 initial fall in fasting plasma glucose, but that this  
20 is subsequently followed by a creep of loss of  
21 metabolic control, which at least in the patients  
22 assigned to intensive anti-hyperglycemic therapy is  
23 associated with a progressive increase in weight,  
24 despite active and intensive lifestyle modifications  
25 as part of this clinical trial.

1           These are patients who had mild to  
2 moderate hyperglycemia upon entry into the study,  
3 between six and 15 millimolar fasting plasma glucose  
4 after initiation of diet therapy.

5           If we look at the U.K. PDS data which has  
6 been published very recently, looking at those  
7 patients with more severe diabetes, those whose  
8 fasting plasma glucose was 15 millimolar after  
9 initiation of diet therapy, we can see a similar  
10 trend. These patients are divided between non-obese  
11 and obese patients, and these patients were assigned  
12 to either insulin, sulfonylurea or metformin, and you  
13 see similar trends, an initial fall in hemoglobin A1c,  
14 followed by a slow creep, which is associated with  
15 weight gain in the intensively treated insulin and  
16 sulfonylurea patients, somewhat less weight gain in  
17 the metformin group, but again, the same trend.

18           And so if we summarize the U.K. PDS data,  
19 we see progressive worsening of glycemia after initial  
20 introduction of therapy associated in some groups with  
21 progressive weight gain, and the potential for  
22 exacerbation of cardiovascular disease risk.

23           And so what we would like to see added to  
24 this armamentarium of diet, exercise, pharmacotherapy  
25 would be additional measures of weight management.

1           The ideal characteristics for a weight  
2 management component to the treatment of Type 2  
3 diabetes would be therapy that would potentiate  
4 initial weight loss, prevent weight gain, have  
5 beneficial effects on glycemic control, improve co-  
6 morbidities, and potentially would spare the use of  
7 some hyperglycemic agents which may have adverse  
8 effects, including weight gain.

9           If we look at the ability of lifestyle  
10 changes to accomplish this, even in the very best  
11 hands, we find that this is a difficult and  
12 frustrating endeavor. This is a slide of data  
13 recently published by Rena Wing looking at lifestyle  
14 change in patients who don't have diabetes, but who  
15 have first degree relatives with diabetes over an  
16 extended period of treatment.

17           And what you can see is in the patients  
18 that were randomly assigned to either diet alone or  
19 diet plus exercise, there's an initial fall in body  
20 weight, which over the subsequent two years is  
21 essentially lost, and if we look at co-morbidities,  
22 LDL, cholesterol, triglyceride, there's really very  
23 little effect in lifestyle management even in the best  
24 of hands in a very active behavior modification  
25 program.

1           So we clearly would like to have something  
2           more than just lifestyle changes.   What kind of  
3           desired characteristics would we have for a safe and  
4           effective pharmacotherapy to use as an adjunct to the  
5           treatment of Type 2 diabetes?   It would be something  
6           that potentiates weight loss, minimizes or prevents  
7           regain, achieves clinically significant weight loss  
8           that is associated with health benefits, and what  
9           would be ideal would be an adjunctive management  
10          program that also were possibly to prevent diabetes in  
11          obese people who are at high risk.

12                 So the bottom line is that there is a  
13          missing element to our armamentarium of anti-diabetic  
14          treatment, and that is something to help us manage the  
15          weight gain problem which is associated with the  
16          disease itself and with its treatment.

17                 Thank you very much.

18                 DR. HAUPTMAN:   My name is John Hauptman,  
19          and I work in the Clinical Research Department at  
20          Hoffman-LaRoche.

21                 Orlistat is a drug to be used as an  
22          adjunct to diet by people with medically significant  
23          obesity who need assistance in achieving a weight  
24          loss, that is, patients with a body mass index of at  
25          least 30, which is equivalent to being 30 percent

1 above idea body weight, or in the presence of risk  
2 factors such as Type 2 diabetes, impaired glucose  
3 tolerance, hyperlipidemia, or hypertension, a body  
4 mass index of at least 27.

5 Orlistat is unique as a treatment for  
6 obesity for several reasons. Unlike all of the other  
7 available agents, orlistat is it no an anorectic. It  
8 does not act in the central nervous system, and it  
9 does not require systemic absorption for its effect.

10 Since obesity is due to an excess intake  
11 of calories, which many people believe comes largely  
12 from fat, it would seem reasonable to selectively  
13 inhibit calories from fat rather than those calories  
14 from proteins or carbohydrates. Orlistat acts locally  
15 within the lumen of the gastrointestinal tract where  
16 it inhibits pancreatic and gastric lipases.

17 Fat in the form of triglycerides cannot be  
18 absorbed without first being hydrolyzed by these  
19 lipases in the free fatty acid and monoglycerides.  
20 The free fatty acids and monoglycerides are  
21 transferred into colonic mucosal cells, repackaged,  
22 and then enter the systemic circulation by the  
23 lymphatics.

24 Orlistat then binds to pancreatic and  
25 gastric lipase, rendering much of it inactive. At the

1 clinical usage dose, approximately 30 percent of  
2 ingested fat, or about 20 grams per day, is not broken  
3 down and, therefore, left intact within the intestine  
4 to pass out of the body unabsorbed.

5 The calories in the fat are no longer  
6 available as an energy source, and additional weight  
7 is lost by producing a constant caloric deficit above  
8 and beyond that which can be achieved by dietary  
9 change alone.

10 Now I would like to review some of the key  
11 efficacy and safety data presented to this committee  
12 last May.

13 Since obesity is a chronic disease, the  
14 emphasis of our program was long term treatment. The  
15 majority of the Phase 3 studies were two years in  
16 duration. Up until now, this has not been done on any  
17 systematic basis for weight loss drugs. Although the  
18 FDA criteria for evaluating weight loss drugs did not  
19 become public until 1995, the design of our program,  
20 which predates that, meets these criteria.

21 The program is designed not only to  
22 evaluate the effect on weight loss, but also the  
23 effect and characterize the effect in obesity related  
24 risk factors.

25 We conducted seven Phase 3 clinical

1 studies in over 4,000 patients. Five of those studies  
2 evaluated weight loss and maintenance for one year.  
3 Four of those studies went on to have a second year of  
4 double blind placebo treatment.

5 We did a special study in patients with  
6 Type 2 diabetes who were obese and were maintained on  
7 oral hyperglycemics, and we did a separate study  
8 evaluating only the prevention of weight regain after  
9 weight loss occurred with the diet.

10 The studies consistently showed that as  
11 part of an overall weight management program, orlistat  
12 helps to produce a long term, clinically meaningful  
13 weight loss. Our studies also demonstrate favorable  
14 effects on risk factors associated with obesity.

15 Our goal in the first year of the studies  
16 was to produce and then maintain a weight loss. All  
17 patients received the high standard of care as we know  
18 it today which included behavioral counseling, dietary  
19 counseling, a balanced hypocaloric diet.

20 Based on this, the placebo treated group  
21 was actually an active comparator. The studies were  
22 designed to test and quantify the additional effect of  
23 orlistat on an effective weight loss regimen.

24 Now, we know that as hard as it is to lose  
25 weight, the natural tendency is to regain it. The



1 purpose of the second year of our studies was to try  
2 to evaluate if orlistat could, in fact, help decrease  
3 the weight regain that naturally occurs.

4 In order to do that, the studies had to be  
5 designed in a way to insure that some weight gain  
6 would occur to test the effect of the drug. The goal  
7 in that second year was not to maintain the loss, but  
8 to test whether or not we could prevent any of the  
9 regain.

10 Diet was reevaluated to meet the needs of  
11 the patient's new body weight at the end of the first  
12 year. If a patient was still losing weight, his diet  
13 was increased. Counseling and clinic visits changed.  
14 The counseling was no longer to lose weight, but to  
15 try to maintain what they could. The clinic visits  
16 were up to two months apart, which is typical of what  
17 an out-patient treatment program might be.

18 If a patient began to gain weight during  
19 year two going back on a hypocaloric diet was not  
20 allowed. Rather, the patient was encouraged to  
21 maintain whatever weight they were at that time.

22 Due to the limits of time today I'll  
23 present data from one of our two year studies that  
24 looks at all major aspects of weight control,  
25 including weight loss, weight maintenance, and

1 prevention of weight regain. Nevertheless, all of the  
2 studies that we've done are consistent, and for  
3 details, I refer you to our briefing document.

4 The second part of my talk will deal with  
5 the effect of orlistat on obesity related risk  
6 factors.

7 Study BM1419C was a large, multi-centered,  
8 double blind study. After patients were screened,  
9 they entered into a placebo lead-in period which was  
10 given with a diet, a hypocaloric diet. At the end of  
11 four weeks, regardless if the patients were losing  
12 weight or not, they were then randomized to continue  
13 on to placebo or 120 milligrams of orlistat three  
14 times a day for one full year in association with the  
15 weight loss diet.

16 Please note and remember at the end of the  
17 first year several things changed. The diet was now  
18 called a eucaloric diet, and it was designed to meet  
19 their new dietary needs of their lower body weight.

20 Also, patients in the placebo group were  
21 randomize reassigned to other placebo or 120 in the  
22 second year or those patients on orlistat were  
23 rerandomized to look for the effect in this group.

24 This was a large study, over 680 patients,  
25 and please note that the mean BMI was 36. So this is

1 a population of patients who had significant degrees  
2 of obesity.

3 What we have here is the mean weight loss  
4 over time. Knowing that the average body weight of  
5 patients in this study was 100 kilograms will help as  
6 we go through the data.

7 During the four week lead-in period  
8 patients lost in both groups approximately two and a  
9 half to three percent of their body weight. After  
10 randomization, those patients on placebo continued to  
11 lose weight until about week 24 and then had a  
12 plateau. So by the end of one year, they lost about  
13 six percent of their body weight or about six  
14 kilograms.

15 Those patients on orlistat 120 had a rapid  
16 separation in their effect from the placebo group.  
17 Weight loss continued down to week 34 and then  
18 plateaued and maintained itself. At that time there  
19 was a ten percent decrease in body weight, which is  
20 approximately ten kilograms.

21 We believe that this is a very rigorous  
22 test of the effect of orlistat, as can be seen by the  
23 fact that the placebo group, in fact, lost a  
24 significant amount of weight.

25 Statistical significance was tested using

1 the least square means differences between the  
2 orlistat and the placebo group from randomization  
3 until the end of treatment based on the last  
4 observation carry forward technique. The differences  
5 here are highly significant. It was P less than .001.

6 Those patients on orlistat lost an  
7 additional 70 percent greater weight than those  
8 patients on placebo.

9 The key parameter that the agency uses to  
10 evaluate if a drug is effective for weight loss is  
11 looking at the percentage of patients in each  
12 treatment group that loses at least five percent of  
13 their baseline body weight. From the study that we  
14 just saw, those patients on placebo who lost more than  
15 five percent of their body weight was about 27 percent  
16 of the patients. Fifty-five percent of the orlistat  
17 patients lost at least five percent.

18 If you go to the more rigorous criteria of  
19 losing at least ten percent of their baseline body  
20 weight, not taking into account any of the weight that  
21 occurred during the lead-in period, 25 percent of the  
22 orlistat were to lose at least ten percent compared to  
23 eight percent on placebo, and again, these differences  
24 were important.

25 Looking at the prevention of weight

1        regain, as I mentioned before, first we'll look at  
2        those patients on placebo. During the first year they  
3        lost approximately six percent of their body weight.  
4        At the time of rerandomization, the patients who  
5        continued on placebo regained about two and a half  
6        kilograms while those patients who were on orlistat  
7        not only did not regain, but continued to lose an  
8        additional kilogram.

9                The patients on placebo regained 43  
10       percent of what they had lost the year before compared  
11       to patients on orlistat losing an additional 15  
12       percent.

13               Looking at those patients on orlistat the  
14       first year who lost approximately ten percent of their  
15       body weight, rerandomization to placebo produced an  
16       increase of 5.6 kilograms. Those patients who  
17       continued on the drug, on orlistat, regained about two  
18       and a half kilograms, and please remember that this  
19       part of the study was not designed to keep all of  
20       their weight off. It was designed to look for the  
21       ability to help prevent the regain that naturally  
22       occurs. These differences were highly significant.

23               The patients on placebo, as seen in white,  
24       regained on average 52 percent of the weight they had  
25       lost compared to those patients on orlistat who only

1        regained 26 percent, and a large percent of those  
2        patients regained no weight at all.

3                Then finally, looking at those patients  
4        who had orlistat for two full years compared to  
5        placebo for two full years, we see the following. The  
6        key point here is despite the fact that there was some  
7        regain in the second year for both treatment groups,  
8        the effect of orlistat was maintained as shown by the  
9        fact that the differences between treatments was  
10       similar at the end of two years as compared to the end  
11       of one year, and again, at the end of two full years  
12       of treatment, those patients on placebo lost  
13       approximately 4.6 percent of their initial body  
14       weight, while those patients on orlistat lost close to  
15       eight percent of their body weight.

16               The consistency of the results can be seen  
17       across studies. These data represent the effect seen  
18       after the first year of all of our two year studies.  
19       Each of these studies contain between 600 and 900  
20       patients.

21               Based on the FDA criteria of a greater  
22       percentage of patients on drug losing at least five  
23       percent of the baseline body weight, these studies  
24       confirm the efficacy of orlistat, and if you agree  
25       that medical benefits begin at the five percent weight

1       loss level, then the additional weight loss effect of  
2       orlistat puts more patients into the weight loss  
3       category of five percent than does the placebo group.

4               Looking again at the more rigorous  
5       criteria of ten percent at the end of one year, we see  
6       the exact same consistent effect, and I'd like to draw  
7       your attention all the way to the right of the slide.  
8       You can't see it, but it's Study 14161. I think  
9       somebody might have to duck down.

10              What that shows is that those patients --  
11       this study was important because it was done only by  
12       primary care providers. These were physicians who are  
13       not experienced in the treatment of obesity or even  
14       diabetes.

15              What we saw in this study was that 20  
16       percent of the orlistat patients were able to keep off  
17       at least ten percent of their body weight compared to  
18       only four percent of the placebo patients in the group  
19       of doctors who treat primary care patients.

20              And now looking at two full years of data,  
21       although there are no guidance criteria for what to  
22       find at two full years, we see here that the effect is  
23       absolutely consistent, that the differences that we  
24       saw at the end of one year with the ten percent weight  
25       loss criteria is the same as we see at the end of two

1 years for the weight loss criteria, and again, in the  
2 study all the way to the right of the slide, we see  
3 exactly the same effect for those patients in this  
4 primary care study.

5 Although weight loss by itself is an  
6 important goal, it might be even more important to  
7 look at obesity related risk factors since that is the  
8 source of much of the increased morbidity and  
9 mortality. The studies were designed to look at risk  
10 factors in both the entire study population, as well  
11 as those patients who were abnormal at baseline.

12 For today's purposes, I will limit the  
13 presentation to those patients with abnormal values  
14 prior to treatment. To be able to analyze this  
15 important group of patients, we did a meta analysis  
16 using the integrated database in the first year of  
17 study since the designs of those studies were similar  
18 and allowed us to do this.

19 Nevertheless, results from individual  
20 studies are consistent and support the conclusions  
21 from the integrated analysis. For each of these key  
22 areas that you see here, there are overall  
23 improvements in the orlistat group, and these  
24 improvements were almost always significantly greater  
25 than the placebo group.



1 First I'll go through some of the  
2 cardiovascular risk factors. For those patients who,  
3 after four weeks of already being on a diet still had  
4 an LCL cholesterol level greater than 3.36 millimoles  
5 per liter, which is 130 milligrams per deciliter,  
6 there was a small decrease during the first four week  
7 lead-in period, but after randomization, those  
8 patients on placebo had no additional benefits even  
9 though they continued to lose weight.

10 Those patients on orlistat lost an  
11 additional eight percent and maintained that effect  
12 over the entire period of time.

13 Now, there's another way of showing this  
14 effect, and that's to evaluate patients who are  
15 abnormal at baseline and evaluate whether or not they  
16 were able to normalize at the end of treatment.

17 What we see on this slide is that of the  
18 516 patients in our study who have abnormal elevated  
19 LDLs and were on placebo, 14 percent became normal at  
20 the end of the study. Of the 660 patients on orlistat  
21 who were abnormal, close to 32 percent of those  
22 patients normalized by the end of treatment.

23 And then to show the effects maintained  
24 over two years, we look at the entire effect of the  
25 treatment from initial, looking at the differences

1 between the orlistat group and the placebo group, and  
2 this effect was maintained.

3 Next we'll look at the LDL/HDL ratio.  
4 Those patients on placebo and orlistat both had  
5 decreases over time associated with their weight loss,  
6 but the effect of the orlistat group was about a 50  
7 percent greater lowering of the LDL/HDL ratio, and  
8 these differences were significant, and again, these  
9 differences were maintained over the two years of  
10 treatment.

11 Weight loss, as we know, is important in  
12 the treatment of hypertension. These are patients who  
13 had elevated blood pressures after already being on  
14 the treatment, on weight loss for four weeks. During  
15 the first 12 or 16 weeks of weight loss treatment,  
16 both groups had a decrease in their diastolic blood  
17 pressure. Then those patients on placebo plateaued  
18 out and increased a little bit by the end of the  
19 study. So at the end of treatment, they had a 5.5  
20 millimeter of mercury decrease in their blood  
21 pressure.

22 Orlistat patients lost greater and  
23 continued to lose a small amount so that by the end of  
24 the study the decrease from the time of randomization  
25 was about eight millimeters of mercury, and again,

1 these differences, which are probably made up by the  
2 difference of weight loss in the orlistat patients  
3 compared to the placebo, were greater than the placebo  
4 group and were maintained over the two years.

5 We wanted to look at the overall effect of  
6 orlistat on carbohydrate metabolism. Let's take a  
7 look first at what happens to those patients with  
8 fasting insulin levels in the top quartile or greater.

9 During one year of treatment both the  
10 placebo patients and the orlistat patients did have a  
11 decrease, and that decrease at least in this instance  
12 was actually even greater during the second year of  
13 treatment.

14 We did oral glucose tolerance testing in  
15 over 1,000 patients in our program. We saw  
16 significant decreases in glucose, insulin, and C  
17 peptide measures as looked at under areas under the  
18 curve.

19 Now, to show the clinical benefit of these  
20 results, we looked at a shift table of carbohydrate  
21 metabolism in patients with impaired glucose  
22 intolerance. What's very important about this slide  
23 is those patients with impaired glucose tolerance have  
24 the opportunity to improve to normal or worsen, to  
25 become diabetic.

1           Of the 48 patients who were on the placebo  
2 group, 45.8 percent of them became normal based on an  
3 OGTT, and 10.4 percent of those patients worsened to  
4 become diabetic. Of the 115 patients with impaired  
5 glucose tolerance at the end of the first year on  
6 orlistat, 72.2 percent of those patients now had an  
7 absolutely normal oral glucose tolerance test, and  
8 only 2.6 percent of those patients went on to develop  
9 diabetes.

10           The effects were maintained during the  
11 second year as well, although the numbers are slightly  
12 smaller. This looks at those patients who had a value  
13 at baseline and then two years later, and, again, we  
14 see that the effects of orlistat on oral glucose  
15 tolerance testing in these patients was absolutely  
16 maintained with fewer people developing diabetes and  
17 a greater percentage of people having now normalized  
18 abnormal glucose tolerance tests.

19           Before there was mention of a study that  
20 was done only in patients with Type 2 diabetes who  
21 were obese and were on oral sulfonylurea medications.  
22 This study had a five week lead-in period with  
23 patients on a diet that then were randomized to  
24 orlistat or placebo. The first goal of that study was  
25 to look at body weight change, and we know that this

1 population of patients is very resistant to weight  
2 lost because they're on sulfonylureas.

3 During this study the placebo patients  
4 lost after a year about four percent of their initial  
5 body weight. Those patients on orlistat lost about  
6 six percent of their initial body weight, and these  
7 differences were significant statistically and  
8 clinically, and I'll show you next what the value of  
9 this additional weight loss was.

10 We looked at the need for sulfonylurea  
11 treatment. Medication withdrawn means that the  
12 patient was no longer requiring oral diabetic  
13 medication to control their diabetes. The same goes  
14 for their decreasing dose.

15 The patient withdrawn meant that their  
16 glucose levels were too high for the study. They  
17 could no longer be normalized on oral medication, and  
18 they had to be discontinued.

19 Twenty-nine percent of patients on placebo  
20 either decreased or discontinued their need for  
21 medication, while 43 percent of the orlistat patients  
22 decreased or discontinued their need for medication.  
23 Ten percent of orlistat patients worsened during this  
24 study. Twenty-five percent of placebo patients  
25 worsened during this study.

1           We looked at hemoglobin Alc's in the whole  
2           population, as well as those patients who were under  
3           worse control when they started, with a hemoglobin Alc  
4           of at least eight percent. During the one year of  
5           treatment, there was a small decrease in the placebo  
6           group and a greater decrease in the orlistat group.  
7           The absolute difference between treatments was about  
8           .5, going down on average from patients who were on  
9           placebo of 8.65 to 8.60, and those patients on  
10          orlistat from 8.76 to 8.2, and again, these  
11          differences were significant, and they were maintained  
12          long term.

13                 The results here are similar to what you  
14          see when you add acarbose (phonetic) to sulfonylureas,  
15          and acarbose, as we know, is an alpha glucosidase  
16          inhibitor that pretty much does to carbohydrates what  
17          orlistat does to fat.

18                 And finally in this study we looked at  
19          lipids, and based on least square means differences  
20          between placebo there were improvements compared to  
21          placebo for total cholesterol, LDL cholesterol, and  
22          triglyceride.

23                 Orlistat's safety and tolerability profile  
24          was established during two years of treatment. A  
25          total of 7,000 patients and volunteers have

1 participated in our global development program, with  
2 over 5,000 patients receiving orlistat. The data show  
3 that orlistat is generally well tolerated during  
4 chronic administration.

5 Since our Phase 3 program is very large,  
6 I'll present most of our data from that database.

7 Close to 2,200 patients received one full  
8 year of orlistat treatment with over 1,500 patients on  
9 the recommended dose of 120 milligrams three times a  
10 day. Seven hundred and 77 patients received two full  
11 years of orlistat treatment, with over 500 of those on  
12 the recommended dose of 120 milligrams three times a  
13 day.

14 There are several very important  
15 pharmacokinetic and pharmacodynamic characteristics of  
16 orlistat. Orlistat is minimally absorbed with less  
17 than one percent of an administered dose available  
18 systemically, and what little may be absorbed has no  
19 measurable effect on systemic lipase activity, and in  
20 over two full years of monitoring, there was no  
21 evidence of accumulation of the drug.

22 Withdrawal rates were comparable between  
23 the orlistat group and placebo group in one year and  
24 in year two, and in fact, they were rather modest for  
25 weight loss studies. The differences between

1 withdrawals for adverse events on that first sub-line  
2 that you see there is made up mostly of GI adverse  
3 events, which I'll discuss soon.

4 The withdrawal rate, as we said, in the  
5 second year was very, very similar for both orlistat  
6 and placebo, with no major differences seen.

7 Serious adverse events were seen in  
8 approximately six percent of patients on both orlistat  
9 or placebo in both year one and in year two. Most of  
10 these were sporadic and isolated occurrences and had  
11 no discernable pattern.

12 As you know, there was an imbalance in  
13 breast cancer cases reported during the Phase 3  
14 program. Breast cancer is a serious and common  
15 disease, with one out of nine women developing it  
16 during their lifetime. Later this morning we will  
17 provide in an open and thorough manner a detailed  
18 presentation of what we have found regarding the  
19 imbalance of cases.

20 Now looking at non-serious adverse events,  
21 we defined the most commonly occurring adverse events  
22 reasonably associated with orlistat as those occurring  
23 at a rate of at least five percent in the orlistat  
24 group and being at least twice as frequent as in the  
25 placebo group.



1           When we looked through our entire  
2           database, the only criteria that met these -- the only  
3           adverse events meeting this criteria were in the GI  
4           tract and probably secondary to the pharmacodynamic  
5           action of the compound.

6           To better characterize these findings, a  
7           dictionary of standard terms was provided for  
8           investigators for consistency.

9           These are the events that met the criteria  
10          that I just talked about. They occurred in the first  
11          year with an incidence of up to 27 percent or as low  
12          as eight percent, but importantly, the withdrawal rate  
13          due to these adverse events was very low, less than  
14          two percent in general, and if you look at the second  
15          year of treatment, they were marked low as compared to  
16          the first, and the withdrawals due to these adverse  
17          events in the second year were generally below less  
18          than one half of one percent in all of the categories.

19          This very low withdrawal rate showed that  
20          the events were well tolerated, and the reason they  
21          were well tolerated is due to the fact that the  
22          majority were mild in intensity, limited to one or two  
23          episodes per patient, and occurred generally early in  
24          the study.

25          We looked at other adverse events

1 regardless if they occurred more frequently on  
2 orlistat or not, and on this slide, although it may be  
3 a little bit hard to see, the very top line is  
4 abdominal pain. One might predict that orlistat  
5 would, in fact, produce a significant increase in  
6 abdominal pain, but 16 percent of the placebo patients  
7 had abdominal pain compared to 20 and a half percent  
8 of the orlistat patients.

9 Dropping down to adverse events, such as  
10 nausea, infectious diarrhea, or dyspepsia, the adverse  
11 event findings were virtually identical. In year two  
12 all adverse events were lower in both treatment  
13 groups, and there was no pattern in favor of one group  
14 or the other.

15 We looked at adverse events outside of the  
16 gastrointestinal system and found no major differences  
17 between treatment groups. General laboratory  
18 assessments were done throughout the studies, and for  
19 standard assessments no clinically meaningful  
20 differences were seen.

21 In addition, electrocardiograms and gold  
22 letter ultrasounds were done which did not identify  
23 any clinically meaningful findings.

24 Renal stone development based on the  
25 potential increase in free fatty acid in the colon was

1 evaluated. During year one of the studies, there was  
2 an incidence of .2 percent in the placebo group and .8  
3 percent in the orlistat group. During year two of the  
4 study, there was the same in both the orlistat and the  
5 placebo group.

6 Because orlistat selectively inhibits the  
7 absorption of fat in the gastrointestinal tract, we  
8 prospectively examined levels of fat soluble vitamins  
9 in all of our Phase 3 studies. To fully characterize  
10 the effect of orlistat, we discontinued any vitamins  
11 prior to study entry. Vitamins were measured at entry  
12 and throughout the study period, and the levels were  
13 sent to a centralized laboratory.

14 If a patient had two consecutive measures  
15 below the lower range, a standard multivitamin, over-  
16 the-counter preparation was given. What follows are  
17 the results for each of the vitamins we evaluated, and  
18 the data set is from our two year population.

19 Here is Vitamin A levels over two full  
20 years. The shaded area is the normal, the upper and  
21 lower boundaries of the reference ranges that we used.  
22 We see that in this data there is no difference at all  
23 between the orlistat and placebo group, and in fact,  
24 over time there appeared to be a small increase in  
25 Vitamin A levels.

1           Turning to Vitamin D, there were small  
2 differences between treatments at the start of the  
3 studies, and the orlistat and placebo patients were  
4 generally parallel to one another over time. There  
5 was an average mean decrease of approximately eight  
6 percent on orlistat patients, and this was  
7 statistically significant.

8           Looking at the evaluation when we look at  
9 people who had two consecutive low values, we see that  
10 a large number of placebo patients, in fact, 13  
11 percent, actually had two consecutive low values, and  
12 that compares to about 18 percent on the orlistat  
13 group. The majority of those patients received  
14 supplementation, and the last value in the study was  
15 about the same, 92 percent in the placebo group and 90  
16 percent in the orlistat group, as being normal.

17           We did a special study, that one year,  
18 that study that I said we did with primary care  
19 physicians, which was a two years study. We measured  
20 ionized calcium and we looked at PTH values believing  
21 that that would be the first indicator of physiologic  
22 consequences to these relatively modest decreases in  
23 Vitamin D.

24           We see no differences for ionized calcium  
25 or PTH between treatments or within treatments over

1 the two full years.

2 Vitamin E is frequently reported as a  
3 ratio to lipid levels since lipids are the carrier  
4 molecule in the blood. Because the major portion of  
5 Vitamin E is carried in LDL cholesterol molecule, any  
6 significant change in LDL levels will change  
7 circulating Vitamin E levels, and as we saw before,  
8 there was about a ten percent decrease in LDL  
9 cholesterol.

10 Therefore, to show you the data as a  
11 ratio, we see no obvious physiologic consequences to  
12 the decrease in Vitamin E, and in fact, probably the  
13 majority of the decrease that you could see is due to  
14 the decrease in LDL cholesterol levels, and we don't  
15 believe there's any physiologic consequences to these  
16 changes.

17 Beta carotene also was evaluated over two  
18 full years. During the four week placebo lead-in  
19 period, both groups had an increase, and then after  
20 randomization, there was a decrease in those patients  
21 on orlistat, and there was a plateau of the effect  
22 with a new steady state being reached. By the end of  
23 the treatment, although there were differences that  
24 were statistically significant, those patients on  
25 orlistat, in fact, had a value that was actually

1 higher than it was prior to starting treatment.

2 Vitamin K was evaluated indirectly by  
3 prothrombin time, and again, over two years of  
4 treatment we saw no differences.

5 When looking at vitamin levels which fell  
6 below the reference ranges, supplementing patients  
7 with over-the-counter multivitamins normalized most  
8 patients, and by the end of the study there were few  
9 differences between the orlistat and the placebo  
10 group.

11 So to summarize our effects on vitamins,  
12 all mean vitamin levels remained within the reference  
13 range. There were modest decreases in Vitamin D and  
14 beta carotene, which were statistically significant.  
15 Multivitamins reversed most of these decreases, and as  
16 was discussed at the last Advisory Committee, we  
17 recommend that all patients receiving orlistat should  
18 also receive multivitamin supplementation while  
19 they're taking treatment.

20 To summarize the safety of orlistat in  
21 general, there were very few clinically significant  
22 findings. Most were well characterized and secondary  
23 to the pharmacologic effect of the drug. They were  
24 generally limited to the gastrointestinal tract, mild  
25 to moderate in intensity. Most of those occurred

1 early in the treatment, and there were few  
2 withdrawals.

3 Other issues, such as vitamins, we just  
4 discussed, and later today we'll discuss the imbalance  
5 of breast cancers identified during the study.

6 To summarize efficacy, treatment with  
7 orlistat produces sustained weight loss. It  
8 diminishes weight regain, and it's effective long  
9 term.

10 And finally, I'd like to conclude with a  
11 review of the effect of orlistat treatment in  
12 improvements in obesity related risk factors.

13 In many patients, orlistat treatment  
14 improved lipid profiles, decreased elevated blood  
15 pressure, decreased insulin, glucose, and C peptide  
16 values, normalized people with abnormal oral glucose  
17 tolerance testing, and improved glycemia control in  
18 diabetic patients.

19 Now, Dr. Colman from the FDA, I believe,  
20 will make his presentation.

21 CHAIRMAN BONE: Before Dr. Colman speaks,  
22 do members of the Committee or the guests at the table  
23 have specific questions regarding the presentations of  
24 any of the sponsor's speakers at the moment?

25 Okay. Dr. Davidson.

1 DR. DAVIDSON: You know, in some of the  
2 initial comments, it was well stated by Mr. Atkinson  
3 from the American Obesity Association that the burden  
4 of obesity and diabetes is a lot more in minority  
5 patients, and my question to you is, you know, what is  
6 the percentage of minorities in your study because in  
7 your slide it show that it is negligent. It is less  
8 than one percent.

9 Knowing today that one of every two newly  
10 diagnosed patients with diabetes happen to be  
11 minorities, and among those minorities, Mexican  
12 Americans and the Latino group, especially males, have  
13 increased tremendously their weight past the age of  
14 40. You know, I wonder how many Latinos are included,  
15 the percentage of African Americans and Asian  
16 Americans.

17 DR. HAUPTMAN: Can I have the slide on,  
18 please?

19 This is based on the entire efficacy  
20 study, not just -- this is a combined U.S./non-U.S.  
21 program. So these data represent the entire  
22 population. There was seven percent on orlistat for  
23 African Americans, 4.8 percent on placebo; 2.2 percent  
24 of Hispanic. The actual numbers though of those  
25 studies done in the United States was about twice that



1 amount. So it was about 15 percent of African  
2 Americans in the United States, the studies done in  
3 the U.S., and about seven percent.

4 But we can show you the effects in this  
5 subpopulation if you'd like to because we did look at  
6 this. We've broken out -- although the numbers are  
7 small, we did break it out to look if there is an  
8 effect in this population.

9 DR. DAVIDSON: With that small percentage,  
10 is that possible to have any conclusions?

11 DR. HAUPTMAN: The trends we could look at  
12 to show you.

13 DR. DAVIDSON: Okay.

14 DR. HAUPTMAN: Now, we did the studies  
15 across the United States. We did a number of studies  
16 in Southern California and Texas, and quite frankly,  
17 we were surprised that we didn't get more minority  
18 patients than we actually got.

19 Slide on, please. Okay. Actually I was  
20 looking for the slide that looked at body weight.  
21 Okay. Here it is.

22 This is looking at the end of one year,  
23 comparing the white population to the black population  
24 and Hispanic population, although for the black and  
25 Hispanic population the numbers are smaller and, in

1 fact, probably should be studied to a greater extent.  
2 The trends that we see here are very similar to the  
3 trends that we see overall, and I believe that the  
4 literature shows that for the Hispanic and the black  
5 population, weight loss programs are usually not as  
6 effective as the exact same similar program in the  
7 white population.

8 So this is a trend that I think is very  
9 valuable.

10 CHAIRMAN BONE: All right. Additional  
11 questions directly related to the content of this  
12 earlier presentation? I think Dr. Marcus, Dr. Ellis,  
13 and then Dr. New.

14 DR. MARCUS: I presume that now another  
15 year, year and a half has passed since the termination  
16 of your two year study. I just wonder if you have any  
17 information as of March of 1998, what the residual  
18 effect of having participated in the trial is in terms  
19 of current body weight.

20 MR. HAUPTMAN: We don't have that data.

21 CHAIRMAN BONE: Dr. Ellis?

22 DR. ELLIS: Obviously you've generated  
23 large serum banks from these studies since you did a  
24 lot of these serum analyses for vitamins, et cetera.  
25 Have you gone back and looked at estrogen levels,

1 particular in the post menopausal group to see what  
2 happened during treatment?

3 DR. HAUPTMAN: Yes, we did, but I think  
4 that that would be part of a later presentation. So  
5 I'd like to hold back what we have and present that  
6 later.

7 DR. ELLIS: Thank you.

8 CHAIRMAN BONE: Thank you, Dr. New.

9 DR. NEW: Could I just ask you whether the  
10 weight loss reflected the diminished calories as  
11 evidenced by the fecal loss of fat?

12 DR. HAUPTMAN: It was very similar. The  
13 average amount of fecal fat that was lost over two  
14 full years was approximately 20 grams per day during  
15 one year and two years. If you actually go back and  
16 do the math using nine kilocalories per kilogram of  
17 weight loss per gram of fat, it actually becomes quite  
18 similar.

19 I know there are other opinions as to how  
20 orlistat may work, but if you look at fecal fat,  
21 figure out the amount of calories, subtract it over  
22 the length of time for six months, it works out to be  
23 almost the same as you would expect.

24 CHAIRMAN BONE: Thank you.

25 Dr. Davidson, did you have another

1 question about this?

2 DR. DAVIDSON: One more question. You  
3 know, obviously maybe we can do the calculation, but  
4 if you have the percentage of nonresponders. You  
5 know, you show a lot of the responders' data, but what  
6 is the percentage of nonresponders in general in the  
7 trials?

8 DR. HAUPTMAN: If you use a five percent  
9 weight loss as the cutoff for nonresponders, using the  
10 difference from baseline, not from initial, it comes  
11 out that it is an average of around 40 percent, I  
12 believe, because what we showed was the 57 percent or  
13 60 percent of patients who lost at least five percent  
14 or greater. So then the assumption is that all of the  
15 other patients were less than five percent.

16 DR. DAVIDSON: And from placebo? You  
17 know, because it looks like you did a lot better than  
18 Dr. Rena Wing with all of the studies she did. You  
19 did better with the placebo trial than from placebo  
20 was the nonresponder rate.

21 DR. HAUPTMAN: Placebo was greater. If I  
22 remember the numbers correctly, it was about 26 -- it  
23 was around 74 percent were nonresponders were placebo.

24 CHAIRMAN BONE: Thank you.

25 And Dr. Cara had a question about the

1 presentations.

2 DR. CARA: You presented data for the  
3 second year which was designed to evaluate the  
4 efficacy of orlistat at preventing weight regain.  
5 Have you done any studies to look at whether you can  
6 continue weight loss during second year of therapy?

7 DR. HAUPTMAN: We didn't do it as part of  
8 our 3(a) program, but I believe those studies are  
9 planned for 3(b) or post marketing studies where, at  
10 the end of the first year, the diet is still the  
11 hypocaloric.

12 DR. CARA: And how did you monitor  
13 compliance in patients?

14 DR. HAUPTMAN: The standard way of  
15 monitoring compliance was based on capsule count. So  
16 the majority of the patients we just counted the  
17 capsules. They were given blister packs.

18 CHAIRMAN BONE: Thank you.

19 The next presentation will be made by Dr.  
20 Colman from the Division of Metabolic and Endocrine  
21 Drug Products.

22 DR. COLMAN: My presentation should be no  
23 longer than 15 minutes, and for this I expect Dr. Bone  
24 to give me the time out signal so that I will stop.

25 CHAIRMAN BONE: Dr. Colman, we want to

1 hear every word you have to say here.

2 (Laughter.)

3 DR. COLMAN: Okay. I'm going to focus  
4 this morning on efficacy and specifically look at the  
5 one year weight loss data and then talk a little bit  
6 about the effects of the drug on the major co-  
7 morbidities, those being lipids, blood pressure,  
8 fasting glucose and insulin.

9 Just as a reminder, there were seven Phase  
10 3 studies conducted in this program, and they ranged  
11 from one year to two years, and they compared placebo  
12 with 30, 60 or 120 milligrams three times a day of  
13 orlistat.

14 The studies on the bottom in yellow I will  
15 not be discussing. This was a weight regain study,  
16 and this was a study in obese diabetics, and I will  
17 not be discussing these data. I'm going to limit my  
18 talk to the five studies shown here in white, and the  
19 reason for that is these five studies were very  
20 similar in design. They had very similar patient  
21 populations, and individually the weight loss results  
22 were comparable across studies.

23 So, again, I'm going to show you pooled  
24 data from these five studies and limiting it to this,  
25 the first year of treatment, and because the 120

1 milligram dose is proposed for marketing, I will  
2 restrict my comparisons to placebo versus orlistat  
3 120.

4 This slide gives you an idea of the number  
5 of patients involved in the one year study. There  
6 were over 1,500 patients randomized to orlistat, 120  
7 milligrams. There were over 1,000 patients randomized  
8 to placebo, and on the second line you can see the  
9 number of patients who completed one year of the  
10 study. This is roughly a 68 percent completion in the  
11 orlistat group and a 62 percent completion in the  
12 placebo group, fairly good completion rates.

13 Again, the two groups, placebo and  
14 orlistat 120, were very well matched at baseline.  
15 There were no significant differences for  
16 demographics, and again, by and large, we're talking  
17 about a Caucasian female population that was studied.  
18 The mean age was about 44 years. Almost 40 percent of  
19 these women ere 45 years of age or older at the time  
20 of randomization. This will become more relevant as  
21 we get into the breast cancer data, but something to  
22 keep in mind.

23 The mean BMI at entry was 35 kilograms per  
24 meter squared. For those of you who are more  
25 comfortable with pounds and kilograms, the initial

1 weight on average was almost 100 kilograms or 220  
2 pounds.

3 Before I get into the actual weight loss  
4 data, let me quickly remind everyone of the two  
5 efficacy criteria that are outlined in the division's  
6 obesity guidance document. The first criteria is  
7 based on group means and simply says the mean percent  
8 weight loss in the drug treated group should be at  
9 least five percent greater than the weight loss in the  
10 placebo group. So again, that's the analysis based on  
11 the means.

12 The second analysis is based on a  
13 categorical or responder analysis, and that simply  
14 states that the proportion of patients who lose at  
15 least five percent of their baseline body weight is  
16 greater in drug versus placebo, and if either one of  
17 those criterion aren't satisfied, the drug would be  
18 deemed efficacious.

19 Now, having said that, let me show you the  
20 analysis of the means first. This slide shows the  
21 mean percent change in body weight over a one year  
22 period, 52 weeks, percent change shown along the Y  
23 axis.

24 Some nomenclature I'd like to point out  
25 first. Initial body weight refers to the weight



1 before participation in any aspect of the study.  
2 You'll recall there was a four week placebo lead-in  
3 period that all patients took part in. After that  
4 four week period, patients were then randomized to  
5 either drug or placebo. The weight at this point is  
6 referred to as baseline body weight, and it's  
7 important to keep these two separate.

8 I will be restricting most of my  
9 comparisons to baseline as I feel that is a more  
10 relevant body weight point, since this is the point  
11 where people were randomized to drug or placebo, and  
12 we're trying to see what this drug does to placebo.  
13 So I think the baseline body weight is relevant, and  
14 I'll be speaking primarily with this in mind.

15 You can see that during this four week  
16 lead-in period the average weight loss was about two  
17 and a half percent. After they were randomized to  
18 drug or placebo the lines quickly diverged. There was  
19 a continued loss in the orlistat group such that by  
20 the end of one year this orlistat treatment group had  
21 lost about six and a half percent of their baseline  
22 body weight, whereas the placebo group lost about  
23 three percent of their baseline body weight, a  
24 difference here of roughly three to four percent.

25 Now, let me show you some data from the

1 categorical analyses. This first slide shows the  
2 percent of patients who lost at least five percent of  
3 baseline body weight, again, baseline body weight, not  
4 initial. Orlistat is in white; placebo is in blue.

5 You can see here that there were  
6 significantly more patients who were treated with  
7 orlistat who met this five percent mark when compared  
8 to placebo. These actual percentages are 57 percent  
9 versus, I believe, 31 or 32 percent, and again, they  
10 were statistically significant.

11 Looking at the second analysis, which is  
12 using a ten percent cutoff, here again we see that  
13 there were significantly more patients who were  
14 treated with orlistat who achieved this ten percent  
15 mark than those patients on placebo. Again, the  
16 actual percentages are much lower than those for the  
17 five percent cutoff, but nonetheless they were greater  
18 for orlistat versus placebo, 27 versus 12 percent.

19 I'd like to shift to show you a little bit  
20 of the co-morbidity data. I should mention at this  
21 point that by and large if you looked at the group  
22 means, at baseline these patients were not  
23 hypercholesterolemic. They were not hypertensive, and  
24 they were not diabetic. I believe the average total  
25 cholesterol level was about 200 milligrams per

1 deciliter. The HDL was about 45 milligrams per  
2 deciliter, and the blood pressure was, I believe, 123  
3 over 79. So that's important to keep in mind as we  
4 look at changes that take place.

5 And furthermore, the randomization was  
6 quite successful. There were no significant  
7 differences at baseline between these variables  
8 between the groups.

9 So if we look at the lipid data first,  
10 this slide shows the mean percent change in the  
11 various lipids from baseline to year one. Again,  
12 placebo is in light blue, orlistat in white, percent  
13 change along the Y axis, total cholesterol, LDL, HDL,  
14 and TG shown here.

15 If we look first at total cholesterol and  
16 LDL cholesterol, and let's look first at the placebo  
17 response, we see that actually relative to baseline  
18 there's an increase in total and LDL cholesterol in  
19 the placebo groups. It's not very large, five percent  
20 or so, but there is an increase from baseline, and  
21 again, that reflects the paradigm where they started  
22 off initial. Everyone lost weight, and then they  
23 started at baseline.

24 In contrast, the orlistat treated subjects  
25 lost, had a small reduction in total cholesterol and

1 LDL cholesterol such that when you compare the  
2 differences between the two groups, they were  
3 statistically significant.

4 If we move to HDL cholesterol, we see that  
5 the average levels increased in both groups, actually  
6 increased to a greater extent with placebo than  
7 orlistat, and triglyceride levels on the whole did not  
8 change much in either of the two groups.

9 Now, the next slide looks at the lipid  
10 data in a little different manner, and it doesn't look  
11 at the means so much. It's broken down by category of  
12 weight loss. It shows the mean percent change in  
13 lipids by degree of weight loss over the one year  
14 period.

15 The weight loss categories are less than  
16 five percent weight loss, between five and ten percent  
17 weight loss -- that should be a minus sign here -- and  
18 the largest weight loss category is ten percent or  
19 more. This also should be underlined here. So  
20 basically three different weight loss categories,  
21 losing weight as you go in this direction and the  
22 different lipid parameters shown here.

23 Let me just show you if we focus on total  
24 cholesterol first and look at the placebo response.  
25 You would expect that if a patient were to lose

1 increasing amounts of weight their cholesterol would  
2 go down in a graded manner. We don't see that with  
3 placebo until you get up to the ten percent weight  
4 loss.

5 In contrast, orlistat does have a graded,  
6 small but graded, continued reduction as they lose  
7 more weight, and the same pattern was seen with LDL  
8 cholesterol.

9 You will recall on the previous slide the  
10 mean levels of HDL both increased with drug and  
11 placebo, and that is reflected in this analysis as  
12 well. Irrespective of treatment here, as patients  
13 lost more weight their HDL levels went up and the  
14 absolute increases were greater in placebo than on  
15 orlistat, and again, the mean level was higher in  
16 placebo than orlistat in the previous slide.

17 Now, interestingly enough, triglyceride  
18 levels, the mean levels didn't change much at all on  
19 the previous slide. However, when you look at the  
20 changes by weight loss category, you see again that in  
21 both groups there was a rather nice reduction in  
22 triglyceride levels as patients lost more weight.

23 Moving along to blood pressure, this slide  
24 shows a mean change in blood pressure over one year,  
25 for systolic blood pressure and diastolic blood

1 pressure. I'd like to point out the Y axis is in  
2 millimeters of mercury, and it's rather narrow. It  
3 runs from zero to 0.6 and zero to minus 1.2. So we're  
4 not talking about large changes here.

5 Much like total cholesterol, the placebo  
6 group actually had a small increase in systolic and  
7 diastolic blood pressure from baseline, whereas the  
8 orlistat group had small reductions in both systolic  
9 and diastolic blood pressure.

10 Looking at the differences between the two  
11 represents a minor clinically beneficial effect, and  
12 it was statistically significant.

13 I should probably point out the  
14 significance here. Keep in mind that these are very  
15 large sample sizes, and that undoubtedly does play  
16 into the statistics and remind people -- I'm sure  
17 they're aware -- to not confuse statistical  
18 significance with clinical significance.

19 This slide shows the mean change in  
20 fasting glucose over one year. Again, the Y axis,  
21 millimole per liter, is relatively narrow, zero to  
22 0.08. We can see the placebo in blue. There really  
23 is not much going on here. Actually by the end of the  
24 year it is right back to baseline.

25 Orlistat treatment did have a greater

1 reduction in fasting glucose, slight upward trend here  
2 towards the end of the one year. Nevertheless, there  
3 was a small, favorable effect in the direction of  
4 orlistat which was unlikely to be due to chance.

5 And finally, for the co-morbidities, this  
6 shows the mean changes in fasting insulin. Again,  
7 picamoles per liter on the Y axis, and this is a  
8 similar pattern that we just saw with fasting glucose.  
9 Placebo, it didn't have much change. It actually went  
10 up, and they were slightly above baseline at the end  
11 of a year. Orlistat had a reduction, came back up,  
12 another small reduction. Again, by the end of a year  
13 there was a small relative improvement in favor of  
14 orlistat.

15 Also important to keep in mind, by and  
16 large these patients were not diabetic. Again, this  
17 was statistically significant.

18 So to summarize the weight loss efficacy,  
19 I showed you an analysis based on the means. I showed  
20 you categorical analyses. If we look at weight change  
21 from baseline, not initial, but baseline, the placebo  
22 group had about a three percent reduction. There  
23 should be a minus sign here. Orlistat had about a six  
24 percent reduction from baseline body weight, and  
25 obviously the difference here is three percent.

1           In the categorical analyses, orlistat,  
2           there was significantly more orlistat treated patients  
3           who lost at least five and ten percent of baseline  
4           body weight, and these were statistically significant.

5           If I were to sum up the effects of drug  
6           treatment on the major co-morbidities, I would have to  
7           say that there were small to modest improvements in  
8           the individual co-morbidities, and if one individual  
9           were to accrue small benefits for multiple risk  
10          factors, that might represent a more significant  
11          improvement in the overall risk factor profile.

12          And that concludes my discussion.

13          CHAIRMAN BONE: Thank you, Dr. Colman.

14          Are there questions from the Committee  
15          members or guests regarding the particulars of Dr.  
16          Colman's presentation?

17          Dr. Davidson.

18          DR. DAVIDSON: If you sub-analyze the  
19          lipid changes, you know, with the HDL increase in the  
20          placebo group, is there any real significant  
21          differences between placebo and drug?

22          DR. COLMAN: You mean were those broken  
23          down by weight category of weight loss?

24          DR. DAVIDSON: In general, because, you  
25          know, if you look at the HDL increase, it seems like



1 it would be a washout, you know, on the total lipid  
2 profile. Is that correct or am I incorrect?

3 DR. COLMAN: If I had the slide I could --  
4 is the slide still on there?

5 CHAIRMAN BONE: I thought you showed a  
6 rise in HDL and a decline in LDL.

7 DR. DAVIDSON: Right. There's an increase  
8 in HDL, more in the placebo --

9 DR. COLMAN: Right.

10 DR. DAVIDSON: -- than it is in the active  
11 drug, and I wonder if that increase will wash out the  
12 other benefits of the lipid profile.

13 DR. COLMAN: You're talking specifically  
14 about the ratio of LDL to HDL.

15 Yeah, I think the company showed that.  
16 You might want to.

17 DR. HAUPTMAN: Yeah, it was -- I'm not  
18 sure that I need a slide.

19 CHAIRMAN BONE: This is Dr. Hauptman  
20 speaking now.

21 DR. HAUPTMAN: Sorry.

22 Yes, when you looked at the LDL to HDL  
23 ratio there was a decrease of about 50 to 100 percent  
24 greater decrease on the orlistat patients. I showed  
25 patients who had the LDL/HDL ratio greater than 3.5 to

1 start. There was like a .46 decrease in the placebo  
2 group and a .66 decrease. So it was about a 50  
3 percent greater.

4 The HDLs increase in both the placebo and  
5 the orlistat group, but it was outweighed by the much  
6 greater decrease of LDL. So as a ratio, looking for  
7 improved cardiovascular risk, there still seemed to be  
8 the benefit of a much greater decline in the LDL/HDL  
9 ratio.

10 DR. DAVIDSON: Thank you.

11 CHAIRMAN BONE: Thank you, Dr. Davidson.

12 I think Dr. Sherwin was next.

13 DR. SHERWIN: Yeah. Dr. Hauptman, while  
14 you're there, I'm just curious. Did the company ever  
15 look at post perineal triglycerides since it might  
16 affect both the absorption and the removal?

17 DR. HAUPTMAN: Yes, we did. Let's see if  
18 I can find Dr. Guerciolini from our Clinical  
19 Pharmacology Department who did some of those studies,  
20 and we do have information that might be useful.

21 DR. GUERCIOLINI: Dr. Guerciolini from  
22 Clinical Pharmacology.

23 K-46, please.

24 We have done study evaluating the  
25 potential effect of orlistat on sustaining lipases.

1 If you have an effect on sustaining lipases, the most  
2 dramatic effect you will see, a dramatic increase in  
3 post perineal triglyceride.

4 We have done two studies addressing this.  
5 On an eight week study with multiple doses of  
6 orlistat, post perineal triglyceride profile were  
7 reduced of 20 percent after a fast rich meal.

8 On the systemic lipase study -- K-46,  
9 please. Slide on -- we evaluated post perineal  
10 triglyceride profile under the internal condition of  
11 the drug. You can appreciate here that after a fast  
12 meal, administer at time zero, the post perineal  
13 triglyceride curve follow-up for 12 hours is over  
14 impossible (phonetic) between orlistat and placebo,  
15 testify and corroborating the finding that no effect  
16 on systemic hepatic and lipoprotein lipases were  
17 observed with orlistat.

18 Slide off.

19 CHAIRMAN BONE: Thank you.

20 Other questions for Dr. Colman?

21 This would be Dr. Hirsch.

22 DR. HIRSCH: Dr. Colman, did you have any  
23 opportunity at all to review the year two data? Would  
24 you comment on those, namely, in the weight category  
25 exactly what was happening with those who continued

1 treatment with orlistat for two years?

2 DR. COLMAN: Well, as far as the weight  
3 itself, there was a -- the lines clearly -- both lines  
4 clearly were trending upwards after the one year  
5 towards the two year. The relative position of the  
6 two lines was maintained such that by the end of two  
7 years the absolute reduction in weight was less, but  
8 the relative differences between the two lines was  
9 basically the same.

10 DR. HIRSCH: And your prediction as to  
11 when they would both return to baseline would on the  
12 basis of that trajectory?

13 DR. COLMAN: Well, that's hard to say. I  
14 mean if they stayed in a clinical trial and they may  
15 not. Once they're out of the clinical trial, that's  
16 really what is important, but we don't know.

17 DR. HIRSCH: So staying in the clinical  
18 trial would be the optimal situation for reducing the  
19 trajectory, if they were not in the clinical trial,  
20 assumedly. So it looks to me that by three, three and  
21 a half years they'd be back to where they started  
22 from. Is that roughly correct?

23 DR. COLMAN: Yeah.

24 DR. HIRSCH: Both groups.

25 DR. COLMAN: I wouldn't argue with that.

1 DR. HIRSCH: Even with continued  
2 treatment.

3 CHAIRMAN BONE: Maybe the solution to the  
4 problem of recidivism amongst our patients would be to  
5 have all of the patients in Phase 4 trials.

6 DR. HAUPTMAN: May I make just one  
7 comment? That we have to recognize that second year  
8 was not on a hypocaloric diet, and clearly clinical  
9 practice would be different. When a patient began to  
10 regain weight in a clinical practice, they would then  
11 go back on a hypocaloric diet. The second year of our  
12 studies was designed to test the hypothesis as opposed  
13 to necessarily the clinical utility.

14 DR. HIRSCH: I noted that fact, Doctor.  
15 You may wish to comment on what I'm now going to say,  
16 namely, that demonstrates that the major effect after  
17 one year is dietary and not drug.

18 DR. HAUPTMAN: Actually I can't agree with  
19 that. I think that the differences between treatments  
20 were very much continued during that second year, and  
21 the three percent difference that you saw, for  
22 example, when you look at baseline to treatment in the  
23 first year was, in fact, exactly the same, if not  
24 greater.

25 But I agree with you that patients require

1 continue follow-up either in structured out-patient  
2 situations because you know certainly much better than  
3 me the chronicity of obesity.

4 DR. HIRSCH: I just want to comment that  
5 the key to combatting recidivism with this drug is  
6 diet and not drug simply because of what you said.

7 DR. HAUPTMAN: I think it's really a  
8 combination of multiple things, diet, exercise,  
9 additional benefits of pharmacologic therapy, not just  
10 one thing. I agree with that.

11 DR. HIRSCH: I guess it's a matter of  
12 interpretation.

13 CHAIRMAN BONE: Yeah, I think we'll be  
14 discussing this sort of point at some length this  
15 afternoon.

16 Were there other specific questions  
17 related to Dr. Colman's presentation?

18 (No response.)

19 CHAIRMAN BONE: If not, we'll take our  
20 scheduled intermission and try to start up in about  
21 ten, 12 minutes.

22 (Whereupon, the foregoing matter went off  
23 the record at 10:22 a.m. and went back  
24 on the record at 10:44 a.m.)

25 CHAIRMAN BONE: The committee will be in

1 order again.

2 We're going to hear from the sponsor with  
3 regard to the breast cancer problem.

4 Just one moment, please.

5 The first presentation will be by Dr.  
6 Huber?

7 DR. HUBER: Huber, Martin Huber.

8 I'm Martin Huber, a clinical oncologist  
9 with Hoffman-LaRoche.

10 As noted by Dr. Hauptman during the safety  
11 presentation, imbalance in breast cancer cases was  
12 identified at the unblinding of the Phase 3 clinical  
13 program. Following this observation we have conducted  
14 an intensive review of the data. What we'd like to  
15 discuss with you today is to summarize the findings  
16 regarding this imbalance in breast cancer cases.

17 First, it is important to note that when  
18 we looked at the serious adverse events associated  
19 with cancer, it was not a major discrepancy between  
20 the arms overall for all cancers with regards to  
21 treatment or with regards to tumor type, with the  
22 exception of breast cancer. For breast cancer nine  
23 cases were identified on the orlistat, 120 milligram,  
24 arm, one case on the patients receiving orlistat using  
25 30 or 60 milligrams, and there was one case on the

1 placebo arm.

2 Of importance though, no case of breast  
3 cancer was identified in any of the 1,752 women who  
4 were less than 45 years of age. Based on this, and  
5 following discussion with the FDA, we chose to focus  
6 all subsequent analysis primarily on women at least 45  
7 years of age as this was the at risk population.

8 This imbalance in breast cancer cases was  
9 quite unexpected at the unblinding of the trial.  
10 First of all, obesity, if anything, is a risk factor  
11 for breast cancer. There was nothing to suggest that  
12 a decrease in weight would be associated with an  
13 increased finding of breast cancer.

14 Additionally, extensive preclinical data  
15 had shown on evidence of an increase risk of breast  
16 cancer. Therefore, we felt that there was not an  
17 issue with the Phase 3 program.

18 And finally, among the 917 women in the  
19 Phase 2 program of which 652 had received orlistat  
20 either 30 or 60 months, there were no cases of breast  
21 cancer reported.

22 What we chose to look at then were  
23 possible explanations for this imbalance. For the  
24 purpose of our discussion today, we're looking at four  
25 broad mechanisms which could account for the observed



1 imbalance. The first is causality. For the purpose  
2 of our discussion today we'll focus on this is a  
3 classic initiator, such as a genotoxic carcinogen.

4 Second, another mechanism that could  
5 account for the imbalance would be stimulation of a  
6 preexisting tumor.

7 Third, a detection effect. In other  
8 words, changes in the patient, such as accelerated  
9 weight loss, leading to an increased detection of  
10 breast cancers. However, this phenomenon, the  
11 detection effect, would not be necessarily limited to  
12 weight loss alone. It could be due to changes in  
13 health seeking behavior, due to differences in GI side  
14 effect profile. It could be due to changes in  
15 mammographic density. We don't have any specific  
16 speculation, but I think it's just important to note  
17 that this could be of any various reasons to cause  
18 this.

19 Finally, chance could explain this  
20 imbalance, but it would be only considered after the  
21 other hypotheses were fully evaluated.

22 To assess this imbalance we set out to  
23 explore what additional evidence we could gather.  
24 First, we collected surveys of women who were at least  
25 45 years of age. The reason we had done this is

1 because one and a half years had elapsed since the end  
2 of several of the trials, and we sought to identify  
3 whether any additional cases of breast cancer had  
4 occurred.

5 Next, based on this data we asked  
6 epidemiologists with expertise in breast cancer,  
7 including two that were recommended by the FDA, to  
8 review this data.

9 We also did a complete review of our  
10 preclinical data, and then finally we collected all  
11 relevant information on the breast cancer cases. We  
12 collected pathology slides, reports, mammography films  
13 and reports, and clinical evidence we could obtain.  
14 This material was reviewed by experts in breast cancer  
15 from the fields of oncology, pathology, and radiology.

16 To briefly show you how the surveys were  
17 conducted, we looked at women who once again were at  
18 least 45 years of age who participated in the seven  
19 Phase 3 trials. The purpose of the first study was to  
20 identify any additional cases of breast cancer.

21 If orlistat was expected to have caused  
22 breast cancer, what we would have expected to see was  
23 additional new cases of breast cancer occurring during  
24 this period or even increasing during this period.  
25 We, in fact, collected information on almost 90

1 percent of the 1,642 patients at risk, and among these  
2 1,642, of these patients three new cases were  
3 reported, one on placebo and two on orlistat, 120  
4 milligrams.

5 Then we performed a second survey, and the  
6 purpose of this one was to focus primarily on  
7 gathering information on risk factors for breast  
8 cancer. As we were conducting this study, an  
9 additional case of breast cancer was identified in a  
10 patient on placebo.

11 So when we add up together the reports  
12 from the trial and those identified in the survey, we  
13 have a total of 15 cases of breast cancer identified.  
14 Among placebo, there's a total of three, one during  
15 the trial and two during follow-up, and the reason we  
16 have an asterisk on this one is as this case was found  
17 one month after the cutoff date for the first survey,  
18 it will not be included in the primarily epidemiologic  
19 analysis, but will be discussed in full detail for  
20 other issues, including clinical biology.

21 The orlistat 30 or 60 group, we had a  
22 total 316 women at least 45 years of age, in which  
23 there was one case of breast cancer identified, and  
24 among the 747 women at least 45 years of age we had 11  
25 cases on the orlistat 120.

1           So what I'd like to do now is turn it over  
2     to Dr. James Schlesselman, who will review the  
3     epidemiology findings.

4           CHAIRMAN BONE: I think there may be some  
5     questions from members of the Committee regarding the  
6     specifics of this presentation. These are awfully  
7     important. So --

8           DR. HUBER: Good.

9           DR. HIRSCH: The preclinical data, I'm  
10    curious as to whether or not you ever did animal  
11    studies in which animals were given known carcinogenic  
12    agents, nitroso (phonetic) compounds or whatever, and  
13    with or without Xenical.

14          DR. HUBER: Dr. Tim Anderson from our  
15    preclinical.

16          DR. ANDERSON: No, we did not do  
17    additional studies beyond those which I will present  
18    this morning, but I can readdress that question with  
19    you after you see the preclinical information.

20          DR. HIRSCH: Thank you.

21          CHAIRMAN BONE: Yes, that's Dr. Simon.

22          DR. SIMON: Did you do a follow-up survey  
23    on the women who were in the Phase 2 studies?

24          DR. HUBER: No, sir.

25          CHAIRMAN BONE: Thank you.

1 Additional questions? Dr. Critchlow.

2 DR. CRITCHLOW: Could you give us a little  
3 more information about the questions that were in the  
4 survey? Did you ask about whether they had sought  
5 mammograms and if so, what was the mammography rate  
6 among the cases in the controls?

7 DR. HUBER: Yes. Actually if you could  
8 hand me the -- with regards to the survey, if it will  
9 help the Committee, if you go to Volume 3 of your  
10 briefing document, page 59 is actually the detailed  
11 procedures for conducting the survey, and then with  
12 regards to your specific question, if you go to page  
13 68, it gives you the actual -- this is a blank copy of  
14 the survey that was administered, and it has all of  
15 the information that's included.

16 CHAIRMAN BONE: Which page under which  
17 section? Final survey report?

18 DR. HUBER: Yes.

19 CHAIRMAN BONE: There are several sections  
20 which are independently numbered.

21 DR. HUBER: Okay. I apologize. But look  
22 at the number on the top right-hand corner.

23 CHAIRMAN BONE: Oh, the top right-hand  
24 corner. I'm sorry.

25 DR. HUBER: Go to page 68 for the actual

1 survey itself, and what was asked in that  
2 questionnaire was a series of questions, and I think  
3 what I'd call your attention to on the -- let's see.  
4 There was a question regarding cancer on page 70.  
5 There was a question, "Have you suffered from any  
6 serious illness, for example, heart disease, cancer,  
7 diabetes," et cetera, "since you finished this study?"  
8 And then it would lead to the specific track if they  
9 had cancer.

10 On the preceding page, there was a  
11 question about have you had any of the following  
12 screening tests, and it included mammography.

13 With regards to mammography specifically,  
14 we have some data on this. When we conducted the  
15 second survey looking at risk factors, we did try to  
16 collect some information on the mammography habits in  
17 the two populations. Overall about 80 percent of the  
18 patients on each arm did have a mammogram done  
19 previously.

20 Do we --

21 DR. CRITCHLOW: During the survey period  
22 or during the post?

23 DR. HUBER: Well, in the survey they --

24 DR. CRITCHLOW: Post trial period?

25 DR. HUBER: -- stated they had at least one

1 mammogram. Now, whether it was during the trial or  
2 during the survey follow-up, it's not necessarily --  
3 you know, it's unknown, but we do have in the second  
4 survey then -- we collected information on how  
5 frequently they were getting mammograms, either  
6 annually or every two years.

7 DR. CRITCHLOW: And the difference or lack  
8 thereof between the cases and controls in terms of  
9 percentages receiving mammograms?

10 DR. HUBER: I don't think we looked  
11 specifically at cases. We did not necessarily do case  
12 versus control. We looked at the difference between  
13 the two arms.

14 DR. CRITCHLOW: I mean drug versus --

15 DR. HUBER: Right. Dr. Schlesselman was  
16 going to present some of that information, I believe.  
17 I don't know if you want to see it now or during the  
18 presentation.

19 CHAIRMAN BONE: Yes. Dr. -- I'm sorry.  
20 It was Dr. Siegel.

21 DR. SIEGEL: Of the 652 people on the  
22 orlistat during Phase 2, how many were on the 120  
23 milligram dose and how long were they on it?

24 DR. HAUPTMAN: Could you please repeat the  
25 question?

1 DR. SIEGEL: Sure. I'm just trying to get  
2 more information about the Phase 2 trials. There were  
3 652 patients on the study drug. Of those how many  
4 were on the 120 milligram dose and how long were they  
5 on that?

6 DR. HAUPTMAN: The Phase 2 studies went  
7 generally from three months to six months, and the  
8 average dose was around 120. I would estimate that  
9 somewhere around 75 percent of those patients on  
10 orlistat had a dose of 120 or greater.

11 CHAIRMAN BONE: All right. Thank you.

12 And, Dr. Sherwin, questions about the  
13 first presentation?

14 DR. SHERWIN: Yes. It relates to the  
15 detection of another placebo patient after the first  
16 survey. Did I get that correct?

17 DR. HUBER: Yes.

18 DR. SHERWIN: There was a second survey.

19 DR. HUBER: Correct.

20 DR. SHERWIN: Now, do we have data after  
21 the second survey? In other words, I was just  
22 surprised that it was excluded from the analysis even  
23 though you already had another survey that had other  
24 data.

25 DR. HUBER: The second survey did not ask



1 a question about new cancers or breast cancers. That  
2 case was identified around that period. Essentially  
3 it was a spontaneous report that came in of a new  
4 diagnosis. So since that was not --

5 DR. SHERWIN: You didn't have a control  
6 group for that.

7 DR. HUBER: Right.

8 DR. SHERWIN: I see.

9 CHAIRMAN BONE: No denominator.

10 DR. SHERWIN: No denominator. Fair  
11 enough.

12 CHAIRMAN BONE: All right. Then we'll --  
13 Dr. Cara, is this a question about the first?

14 DR. CARA: Yeah, about the questionnaire.  
15 It seems to me the only way that an abnormality would  
16 have been recognized or picked up was if the patient,  
17 in fact, had had a mammogram. That was what the  
18 questionnaire was geared for.

19 DR. HUBER: Well, actually, no, it was for  
20 any serious illness, including cancer, and in fact,  
21 some of the patients were identified actually during  
22 the trial period, and we only had three in the survey,  
23 but during the trial period several were also found on  
24 clinical exam.

25 CHAIRMAN BONE: So the questionnaire

1 really is a rather general questionnaire which doesn't  
2 specifically ask did you develop breast cancer, right?

3 DR. HUBER: No, I mean --

4 DR. CARA: I guess I have problems the way  
5 the questionnaire is designed because I'm wondering if  
6 you, in fact, pick up everybody that had an  
7 abnormality.

8 DR. HUBER: Well, our feeling was before  
9 we had collected information on 90 percent of these  
10 people and we know that 80 percent of them had had a  
11 mammogram, that was somewhat sensitive. Also,  
12 remember that additional cases that came in through  
13 spontaneous reports would have been identified, for  
14 example, the third case.

15 DR. CARA: How was the questionnaire  
16 developed? Did you do it in house? Did you seek a  
17 consultant?

18 DR. SACKS: My name is Susan Sacks. I'm  
19 a biostatistician/epidemiologist.

20 The first questionnaire was developed in  
21 house and was intended to be a questionnaire that  
22 would ask several questions and including it asked had  
23 any cancer been found, and then if they answered  
24 breast cancer, there were specific questions that were  
25 then asked.

1 I want to clarify a couple of things. On  
2 that questionnaire we did determine women who had had  
3 a mammogram between the clinical trial period and the  
4 survey period.

5 We then consulted several epidemiologists  
6 to help us design the risk factor survey  
7 questionnaire, which went out very shortly afterwards.  
8 I would say within a month or two, and that was  
9 designed predominantly to pick up questions on breast  
10 cancer risk factors.

11 Included in there was a question about  
12 mammography frequency, and to address your question,  
13 essentially 67 percent of women in the 120 group had  
14 reported a mammogram at least every two years.  
15 Seventy-one percent of the women on 30/60, and 63  
16 percent of the placebo women, and approximately 13  
17 percent of each treatment group reported no  
18 mammography.

19 So we have a group of women with health  
20 seeking behavior, and I want to also clarify that  
21 third placebo case was picked up, filled in on that  
22 risk factor survey, and because we had cut off a  
23 specific defined date with that first survey, we felt  
24 that we wouldn't include it in our more formal  
25 epidemiologic analyses, although we felt that, you

1 know, we would at least mention it because had it been  
2 orlistat, it would have, you know, generated a lot  
3 more interest.

4 So thank you.

5 CHAIRMAN BONE: All right. I think there  
6 was a final question from Dr. Hirsch.

7 DR. HIRSCH: You probably said this, but  
8 I may have missed it. What percent of the people to  
9 whom you sent the questionnaire returned it?

10 DR. HUBER: We collected it. Well, we  
11 didn't actually send it. It was a phone survey, but  
12 we got information on 90 percent of the people.

13 DR. HIRSCH: Ninety percent. Thank you.

14 CHAIRMAN BONE: All right. The next  
15 presentation, I believe, is by Dr. James Schlesselman.

16 DR. SCHLESSELMAN: Dr. Sobel, Dr. Bone,  
17 members of the Advisory Committee, my name is Jim  
18 Schlesselman. My appointment is Professor of  
19 Epidemiology and Public Health at the University of  
20 Miami School of Medicine. I'm also Chief of the  
21 Division of Biostatistics at the Sylvester  
22 Comprehensive Cancer Center. I'm a consultant to  
23 Hoffman-LaRoche.

24 Apart from my work on the matter before  
25 you, I have no financial interest in Roche, nor do I

1 have any financial interest in orlistat.

2 Last fall I was asked by Roche to review  
3 materials relating to breast cancers occurring in  
4 these Phase 3 clinical trials. I, therefore, read  
5 their briefing document prepared for last May's  
6 meeting of your Advisory Committee, including selected  
7 sections of Roche's clinical expert report.

8 I read three volumes of Roche's  
9 resubmission of its NDA last November that are  
10 pertinent to breast cancer. I also read reports  
11 prepared by the FDA and by consultants to Roche.

12 I was asked by Roche to place myself in  
13 your position as if I were a member of your Committee.  
14 I was asked to offer my honest opinion about the  
15 findings concerning breast cancer, including the  
16 soundness and thoroughness with which the  
17 epidemiologic analyses had been done. Roche placed no  
18 restriction on how I went about my work or on how I  
19 expressed my views.

20 These were filed in a written report on  
21 February 10th this year. The report is part of your  
22 background materials.

23 In that report I expressed my view that  
24 cause-effect as a plausible explanation for the excess  
25 number of breast cancers occurring in older women

1 treated with orlistat had been ruled out persuasively  
2 on biological ground. By absence of cause-effect I  
3 mean that orlistat, in my opinion, is neither a tumor  
4 initiator nor a tumor growth enhancer. I believe this  
5 conclusion is well supported by preclinical toxicology  
6 studies, by findings of mammography, by clinical  
7 observations, and by pathology and histopathology.

8 Presentation of these data will follow  
9 later this morning.

10 I also believe that my conclusion is  
11 supported by the epidemiologic data which I would now  
12 like to review for you.

13 This slide shows the number of patients  
14 randomized to the three treatment groups, the person-  
15 years of follow-up for the three respective groups,  
16 the observed number of cases of breast cancer  
17 occurring in women 45 years of age or older. There  
18 were no cases in younger women, and estimates of  
19 relative risk.

20 These represent the ratio of the observed  
21 incidence rates. So, for example, in placebo the rate  
22 is 1.4 cases of breast cancer per 1,000 women-years of  
23 follow-up, 2.5 cases per 1,000 in orlistat 30/60, 8.2  
24 cases per 1,000 women-years in orlistat, 120  
25 milligram.

1           So the risk is increased about 1.8-fold in  
2           orlistat 30/60 as compared to placebo, about 5.9-fold  
3           in orlistat 120 as compared to placebo.

4           Of course, the relative risk of 1.0 would  
5           mean that the two rates being compared are identical,  
6           and the 1.0 you see here is simply a comparison of  
7           placebo against itself.

8           I should emphasize that the observed  
9           number of cases is small. The relative risks for  
10          orlistat in each instance have confidence intervals,  
11          95 percent confidence intervals, which include a  
12          relative risk of 1.0. The results are, therefore,  
13          consistent with chance at the commonly accepted level  
14          of statistical significance.

15          The analysis presented here is  
16          conventional. It accounts for the duration of use by  
17          each patient and the follow-up time for each person  
18          enrolled.

19          I would also like to point out that while  
20          numerous endpoints have been examined in the clinical  
21          trial, no correction for the number of comparisons has  
22          been made to the confidence intervals. If an  
23          adjustment were to be made for multiple comparisons,  
24          the confidence intervals would be wider than what is  
25          shown.

1           This slide shows results which take into  
2 account the extended follow-up from the survey that  
3 was conducted after the clinical trials had ended.  
4 This survey occurred approximately one and a half  
5 years after the conclusion of the clinical trials, and  
6 you will notice that with extended follow-up the  
7 relative rates of breast cancer for orlistat as  
8 compared to placebo, in both instances the relative  
9 rates or relative risks declined.

10           You'll also note again that in both  
11 instances the confidence intervals cover a relative  
12 risk of 1.0.

13           This is a back-up to the previous slide,  
14 and the point I want to emphasize is that with  
15 increasing follow-up we have a decline in relative  
16 risks.

17           If an exposure caused cancer by tumor  
18 initiation, then one would expect -- certainly I would  
19 expect -- there to be no increased risk shortly after  
20 such exposure. The reason is that transformed cells  
21 have to multiply and the resulting tumor growth  
22 sufficiently to reach a clinically detectable stage.

23           Relative risk should increase over time,  
24 not decrease, in this situation.

25           The decline in relative risk with



1 increasing follow-up is also inconsistent with the  
2 behavior of known tumor growth enhancers, such as  
3 hormone replacement therapy and pregnancy. For both  
4 of which there is an increased risk of breast cancer  
5 which is seen after the stimulus is removed.

6 Thus, if orlistat were to stimulate tumor  
7 growth in a similar manner, one would not have  
8 expected all excess cases of breast cancer to be  
9 detected during the clinical trial, and there are  
10 three reasons for my statement.

11 First, all women were not under continuous  
12 surveillance for breast cancer during the clinical  
13 trial.

14 Second, no method of tumor detection is  
15 perfectly sensitive.

16 And, third, not all tumors would be at the  
17 same stage of growth when they were exposed to  
18 orlistat. Some, quote, tumors might be a clone of a  
19 few dozen cells. Others might be one-tenth of a  
20 millimeter in size, others one to two millimeters.

21 Thus, even with growth stimulation the  
22 smaller size tumors would take a longer time to reach  
23 a clinically detectable stage of growth than larger  
24 tumors. Thus, these smaller growth stimulated tumors  
25 would necessarily be detected later in time.

1           One other point should be mentioned.  
2       During the clinical trial there were no breast cancers  
3       in younger women, those under age 45 years. One would  
4       expect -- I would have expected -- a tumor growth  
5       stimulator to have had at least some effect in the  
6       younger women.

7           If one refers by analogy to the former  
8       controversy about a possible adverse effect of oral  
9       contraceptives on the risk of breast cancer, it is  
10      based on an apparently slight increase in the risk of  
11      breast cancers in young women, those under age 40 to  
12      45 years.

13           This slide goes to a question that was  
14      asked earlier. For all study groups, about 80 percent  
15      of women reported having had a mammogram during the  
16      survey period, that is, between the end of the  
17      clinical trial and the time the woman was questioned  
18      during the follow-up survey, and about 90 percent of  
19      women responded to the survey.

20           Mentioned earlier was the fact that there  
21      was a third case of breast cancer reported after,  
22      slightly after the survey period, and although this  
23      case is properly excluded from formal consideration,  
24      I show this slide nevertheless because if the breast  
25      cancer had occurred in a woman who had used orlistat

1 as opposed to placebo, I'm certain that it would have  
2 received careful attention and justifiably so, and you  
3 will see that inclusion of this third case further  
4 reduces the estimates of relative risk.

5 The next two slides that I'm going to show  
6 have results which exclude cases of breast cancer  
7 occurring within six months of starting treatment.  
8 The FDA's reviewing medical officer, Dr. Karen  
9 Johnson, wrote in her review of orlistat that, and I  
10 quote, "if there is suitable evidence that an invasive  
11 breast cancer lesion is established prior to the start  
12 of a study drug, then such a case should be considered  
13 preexisting and not suitable for an analysis of  
14 association," end of quote.

15 Dr. Johnson gave as one example of  
16 suitable evidence for excluding cases, quote,  
17 "invasive cancer diagnosed within six months of study  
18 entry," end of quote.

19 Now, such cases certainly could not have  
20 resulted from an exposure that was a tumor initiator.  
21 Since the main focus is on orlistat 120 against  
22 placebo, I show only that comparison, and during the  
23 clinical trial relative risk is reduced, previously,  
24 if you recall, from 5.9 to 3.7.

25 If we include the clinical trial and the

1 survey period itself, exclusion of the cases occurring  
2 within six months of starting treatment, the relative  
3 risk for orlistat 120 as compared to placebo is now  
4 2.6, and once again, the confidence intervals cover a  
5 relative risk of 1.0.

6 This figure shows the distribution of the  
7 time of occurrence of breast cancers. The  
8 distribution of the time of occurrence of all cancers  
9 other than cancer of the breast among all participants  
10 in the clinical trial, that includes both men and  
11 women. The figure in my estimation shows that there's  
12 nothing peculiar about when breast cancer has occurred  
13 as opposed to when other cancers occurred.

14 For example, there is no concentration of  
15 breast cancers early in the study, which one would  
16 expect to occur for a drug that stimulated tumor  
17 growth.

18 If we look only at breast cancer and  
19 include the follow-up survey, this shows the  
20 distribution of breast cancers. I should point out  
21 that yellow represents 120 milligram orlistat; blue  
22 represents placebo.

23 If I may back up to clarify, blue is the  
24 placebo case; yellow, 120 milligram orlistat. Blue is  
25 placebo, and the violet represents the 30/60

1 milligram.

2 Four considerations are used to structure  
3 epidemiologic thinking about the reason for an  
4 association: cause-effect, bias, confounding, and  
5 chance. In view of the size of the Phase 3 trials and  
6 the fact that they were randomized, one would not  
7 expect baseline imbalances in well established risk  
8 factors for breast cancer to account for the excess  
9 breast cancers in women treated with orlistat.

10 This slide confirms our expectation by  
11 showing the proportions or percentage of women with  
12 history of breast cancer in a mother, approximately  
13 six percent across all treatment groups; history of  
14 breast cancer in a sister, approximately six percent,  
15 and so on. Average age at menarche menopause; average  
16 age at first live birth, all of these factors are well  
17 balanced among the three treatment groups.

18 Thus, confounding is almost certainly not  
19 the explanation for the breast cancer results.

20 Professor Demitri Trichopolous (phonetic),  
21 former Chairman of Epidemiology at Harvard University,  
22 has hypothesized that enhanced detection of breast  
23 cancer in women who lose weight accounts predominantly  
24 for the excess breast cancers diagnosed in women  
25 treated with orlistat. The data are certainly

1 consistent with this possibility.

2 In my view, there is presently  
3 insufficient evidence to conclude that a detection  
4 effect actually occurred. I should note that Dr.  
5 Trichopolous stated that, quote, "chance is also  
6 likely to have contributed to the observed pattern,"  
7 end quote, and he also said that the higher frequency  
8 of breast cancer diagnosed in women taking orlistat,  
9 quote, "has nothing to do with carcinogenesis," end of  
10 quote.

11 The substance of my presentation today  
12 began by referring to my conclusion that on biological  
13 grounds cause-effect is not a plausible explanation  
14 for the excess number of breast cancers in women  
15 treated with orlistat. I believe that the  
16 epidemiologic results also support this conclusion,  
17 namely, that orlistat is not a tumor initiator, nor  
18 does orlistat stimulate the growth of tumors of the  
19 breast.

20 In terms of probability, the excess number  
21 of breast cancers in women treated with orlistat is an  
22 unusual occurrence. They are also comparable with  
23 chance.

24 Now, appealing to chance as an explanation  
25 would not be compelling to me if alternative

1 explanations were not considered and ruled out. The  
2 biological implausibility of cause-effect, which is  
3 supported by the epidemiologic findings, persuades me  
4 to accept chance on the evidence presently available  
5 as the explanation for the excess breast cancers  
6 observed in women treated with orlistat.

7 A similar opinion was expressed by Dr.  
8 Kenneth Rothman, Professor of Public Health at Boston  
9 University, who also reviewed Roche's data and  
10 conducted further analyses based upon it.

11 Dr. Tim Anderson will now discuss the  
12 preclinical data on orlistat.

13 CHAIRMAN BONE: Well, just a minute,  
14 please. There are several questions from the  
15 Committee members for Dr. Schlesselman. We'll start  
16 with Dr. Marcus.

17 DR. MARCUS: I had naively assumed that  
18 your relative risk in the placebo group was compared  
19 to some sort of historical standard or some sort of  
20 population based evidence. It turns out you were just  
21 comparing placebo to itself.

22 So, of course, I would like to know how  
23 your overall experience in the placebo group compared  
24 to what would have been expected in the population,  
25 and that comes particularly home to me when I saw one

1 of your most recent slides, epidemiology slide 16,  
2 showing the age of menopause across the board for your  
3 patients, which was 47, 47.6, and 46.8.

4 The traditional wisdom in the United  
5 States is that the average age of menopause is 51.6  
6 years. So you have a group of people who have about  
7 a five year earlier menopause, and I wonder what the  
8 impact of that is on overall breast cancer rate, and  
9 I wonder if you could clarify those two issues for me.

10 DR. SCHLESSELMAN: Yes. Firstly, I  
11 believe that the best comparison is done internally  
12 within the study itself. There are comparisons  
13 against the SEER data and IARC data, and Dr. Sacks can  
14 present those to you.

15 DR. SACKS: Right. In your documentation,  
16 you have the epidemiology report that was prepared,  
17 and in that report we did present the comparisons to  
18 SEER plus IARC, SEER for the U.S. women, IARC for our  
19 European women.

20 And if I could have Slide L-5, please.  
21 Sorry.

22 But we -- okay. This is the comparison  
23 where you would compare all of the treatment groups to  
24 what would be expected in the group of women making up  
25 the SEER and IARC databases. You'll see that the



1 relative risk is lower than in the comparison to  
2 placebo.

3 And if I could have -- this is for the  
4 clinical trial period -- and Slide L-6, the next  
5 slide, please.

6 This is -- you can see that the relative  
7 risk in the 120 group is now 1.7 when we take into  
8 account the clinical trial and survey when we compare  
9 to our women in the trial plus the survey period.

10 CHAIRMAN BONE: So I think you're saying  
11 that the experience in the placebo group was less than  
12 in the -- than predicted.

13 DR. SACKS: Yes, but not significantly so.  
14 I think --

15 CHAIRMAN BONE: Well, but I mean this  
16 change in the relative risk that you've imputed to the  
17 treatment group is obviously -- I mean you have to  
18 take that into account.

19 DR. SACKS: Right.

20 CHAIRMAN BONE: There was a 50 percent  
21 reduction. You said your relative risk was .5 in that  
22 slide for the placebo group versus the population; is  
23 that right?

24 DR. SACKS: Yes.

25 DR. MARCUS: Excuse me, but there's a

1 compound here. That slide -- sorry. I had read that  
2 SEER. I didn't know what that acronym meant. So  
3 thank you for showing that, but that was for women  
4 above the age of 45.

5 Now, if the average age of menopause is  
6 51.5, I would like to know how the placebo group did  
7 in comparison to women not of that chronological age,  
8 but of that number of years from menopause since  
9 that's the relevant issue about the change in breast  
10 cancer risk.

11 DR. SACKS: Well, I don't know that I can  
12 answer that exactly. I can only tell you that our  
13 treatment groups were totally balanced in terms of  
14 their age at, you know, menarche menopause and age at  
15 first live birth, and the SEER population, we did age  
16 adjust it to the women in the SEER group over the age  
17 of 45 only.

18 So that is all that we can do with the  
19 available data.

20 CHAIRMAN BONE: Are there further  
21 questions for Dr. Schlesselman?

22 Dr. Cara, and we'll go around, everybody.

23 DR. CARA: As a follow-up to Dr. Marcus'  
24 question, you said that there was no statistically  
25 significant difference between placebo and the

1 expected incidence based on SEER and IARC data. Was  
2 that difference significant for the Xenical treated?  
3 Was the difference --

4 DR. SACKS: Excuse me. I was --

5 DR. CARA: Let me repeat the question.  
6 You said that the difference between the incidence  
7 based on SEER and IARC data and the placebo was not  
8 statistically significant.

9 DR. SACKS: No, no. I'm sorry. Maybe you  
10 misunderstood what I said. The lowering -- the  
11 relative risk in the placebo group is less than one.  
12 It is not significantly different from one. That's --

13 DR. CARA: But is the other --

14 DR. SACKS: Yes, the confidence interval  
15 does -- yes, it is significant.

16 DR. CARA: So the Xenical treatment is  
17 significantly different?

18 DR. SACKS: Yes, because the confidence  
19 interval in that particular comparison does not  
20 contain one. That's correct.

21 CHAIRMAN BONE: Could you put that back up  
22 then?

23 DR. SACKS: Sure. That was L--

24 DR. CARA: It's in page 102.

25 DR. SACKS: It's L-5 or L-6, please.

1           Okay. So the placebo comparison is not  
2 different from one, and the orlistat comparison is.

3           PARTICIPANT: That's in Volume 3, isn't  
4 it?

5           DR. SACKS: Oh, I'm sorry. I think I  
6 asked for L-6. Oh, the slide before this one. I'm  
7 sorry. L-5. My mistake. Excuse me.

8           In this situation, again, the placebo  
9 comparison is not different from one, and the orlistat  
10 comparison is. The same holds in both of these  
11 slides.

12           This is L-5 and L-6. They're both --  
13 okay. L-6 for the trial plus the survey, L-6. Oh,  
14 this one isn't. I'm sorry.

15           For the trial plus the survey period,  
16 there is no significant -- none of these comparisons  
17 are statistically significantly different from 1.0  
18 relative risk.

19           DR. CARA: But the confidence interval  
20 there is .094.

21           DR. SACKS: Right.

22           DR. CARA: Am I reading that?

23           DR. SACKS: Right. It contains the  
24 number one.

25           DR. CARA: It's awfully close.

1 DR. SACKS: Oh, I don't disagree with  
2 that.

3 CHAIRMAN BONE: All right. So we've  
4 clarified this point, that for the survey period --  
5 for the study period we can see that the placebo group  
6 has a relative risk that is less than one, and for the  
7 study period the relative risk for the treatment group  
8 is 3.6, and that confidence interval excludes one.

9 If you include the survey period, you have  
10 the same observation about the placebo group that's .5  
11 and the confidence interval includes one, and the  
12 relative risk for the treatment group, if you include  
13 the add-on survey period, remains higher, but the  
14 confidence interval now goes as low as 0.84,  
15 therefore, including 1.40.

16 DR. SACKS: Right. It's 1.7, including --  
17 okay.

18 CHAIRMAN BONE: Okay. Thank you.

19 I think there may be additional questions  
20 along these lines.

21 DR. SACKS: For me?

22 CHAIRMAN BONE: Yes. I think there are  
23 several questions actually.

24 DR. SACKS: Okay. I'll try to answer  
25 them.

1 CHAIRMAN BONE: I think Dr. Siegel had a  
2 question. Everybody is going to get their chance.

3 Can we turn on Dr. Siegel's microphone,  
4 please?

5 DR. SIEGEL: No, it was on.

6 You made the case for it not being an  
7 initiator, but I was trying to follow your rationale  
8 for this thing not possibly being a stimulator, and  
9 you had mentioned that if it were a stimulator, you  
10 would expect more breast cancers early in the study  
11 period, when in fact, you know, if you're starting out  
12 with small tumors perhaps you would expect them later.

13 I just want to understand what you were  
14 saying.

15 DR. SCHLESSELMAN: If it were a  
16 stimulator, one would, indeed, expect more tumors  
17 early in the study. I also expressed the view that if  
18 it were a stimulator, one would expect the excess  
19 number of breast cancers to have continued into the  
20 survey period.

21 So to me the decline in relative risk with  
22 continued follow-up is not consistent with my  
23 expectation. So, for example, women who use hormone  
24 replacement therapy long term are at about 30 percent  
25 increased risk of breast cancer, relative risk of 1.3.

1 When HRT is stopped and you look at risk of breast  
2 cancer in women who have previously used HRT, you will  
3 not find relative risk immediately dropping to 1.0.  
4 It is the excess cases of breast cancer continue  
5 beyond the period of stimulation, if you want to say.

6 CHAIRMAN BONE: But, by the same token,  
7 the apparent excess rate of breast cancer doesn't  
8 appear for several years. It's not an early effect at  
9 all in patients on hormone replacement therapy.

10 DR. SCHLESSELMAN: True.

11 CHAIRMAN BONE: Okay. I think that's the  
12 point Dr. Siegel was going to, is that the idea that  
13 a stimulator would necessarily produce an early effect  
14 isn't borne out at least by that experience.

15 DR. SCHLESSELMAN: Well, if that's the  
16 case, then you have to explain why does the excess  
17 occur early on in the study if you're going to be  
18 using cause-effect as your explanation.

19 CHAIRMAN BONE: Okay. Well, I guess the  
20 point may be that we can't a priori say how that would  
21 work without knowing the mechanism of action.

22 DR. SCHLESSELMAN: Agreed.

23 CHAIRMAN BONE: Okay. Dr. Molitch.

24 DR. MOLITCH: My guess is that this  
25 afternoon we're going to keep coming back to this

1 estrogen question as the possible mediator of cause  
2 and effect, if there is one at all. I'm sort of  
3 intrigued by Dr. Marcus' observation that menopauses  
4 four or five years earlier than the population is  
5 expected to be, and also that means that perhaps if  
6 they were started on hormone replacement at menopause,  
7 that they, therefore, have been on hormone replacement  
8 for a good four to five years, longer perhaps than  
9 others might be.

10 And hormone replacement at 50 to 60  
11 percent is also a much higher percentage of women that  
12 accept hormone replacement than in the population at  
13 large as well. So it's an intriguing type of thing.

14 On the other hand, if you take the  
15 comparison, the SEER group, I suspect, with much lower  
16 rates of hormone replacement, it may actually help the  
17 statistics rather than hurt the statistics.

18 CHAIRMAN BONE: Let's see. I think Dr.  
19 Davidson and Dr. Hirsch. Everyone will get -- yes.

20 DR. DAVIDSON: You know, if I see the data  
21 and I look at relative risk, you know, at any point  
22 with any way that the data is, you know, given to us,  
23 there's still a three times higher risk at any time.  
24 Am I correct, in any of the studies that were  
25 presented?



1 DR. SCHLESSELMAN: The rates increased.  
2 Agreed. The question is why is it increasing, and  
3 that is the issue, I believe, why we're here this  
4 morning.

5 DR. DAVIDSON: No, I know, but no matter  
6 how we massage the data, it's still three times  
7 minimum increased rates; is that correct?

8 DR. SCHLESSELMAN: That's right.

9 DR. DAVIDSON: Thank you.

10 DR. SCHLESSELMAN: For the orlistat, 120  
11 milligram

12 CHAIRMAN BONE: Right, and let's see. Dr.  
13 Critchlow and Dr. New. Everybody, we've got lots of  
14 questions here, and we're going to try to mainly stay  
15 with Point 3, and we'll get into general discussion in  
16 the afternoon.

17 DR. CRITCHLOW: One comment and a  
18 question. Clearly the comparison of the breast cancer  
19 incidence and the SEER and IARC data would suggest  
20 that obesity in this case is not a risk factor for  
21 breast cancer. There's clearly no indication that the  
22 placebo group was the same as the SEER/IARC expected  
23 rate. So I mean, in my mind one would rule out  
24 obesity as a risk factor.

25 Another thing is given the breadth of the

1 confidence intervals, I mean, clearly you've got .8 to  
2 something very large with 11 cases overall. So the  
3 question is not only why are we observing what we're  
4 observing here, but what's going to happen when it's  
5 out in thousands times the number of exposures that  
6 we're seeing here.

7 And the last is even though these numbers  
8 are small and it's probably in our briefing document,  
9 but what is the experience of the breast cancer  
10 incidence among those on the two-year exposure versus  
11 one year exposure?

12 DR. SACKS: I don't have the data cut that  
13 way. What we have is person-years of follow-up on  
14 120. So what you're seeing is if a person was on 120  
15 for one year, they were counted at the one year or two  
16 year.

17 DR. CRITCHLOW: I'm just trying to get a  
18 little bit at the question of --

19 DR. SACKS: I don't have that. I'm sorry.

20 CHAIRMAN BONE: Can you get it?

21 DR. CRITCHLOW: I mean, if we're talking  
22 about possible promotor effect or stimulation, if  
23 there's any evidence at all.

24 CHAIRMAN BONE: Obviously you have the  
25 data to make those calculations. It's a question of

1 whether you can do them today.

2 DR. SCHLESSELMAN: May I comment on two of  
3 the remarks that were made?

4 With regard to obesity being a risk factor  
5 for breast cancer, I wouldn't make a conclusion based  
6 on the comparison from this clinical trial with the  
7 SEER and IARC data. I did not present these. I think  
8 that the best comparisons with regard to addressing  
9 the issue of orlistat is the internal control that was  
10 designed as part of --

11 DR. CRITCHLOW: No, I completely agree  
12 with that.

13 DR. SCHLESSELMAN: -- the, quote, human  
14 experiment.

15 With regard to the question about what  
16 will occur with wider distribution of use of the drug,  
17 the honest answer is we don't know. I gain some  
18 reassurance with the fact that further follow-up  
19 through the survey we saw a decline in relative risk  
20 rather than an increase in relative risk, which I  
21 would have expected.

22 DR. CRITCHLOW: Right, but the exposure  
23 was -- I mean there was no longer any exposure.

24 CHAIRMAN BONE: Dr. New, then Dr. Ellis,  
25 and Dr. Hirsch.

1 DR. NEW: May I ask you what figure you're  
2 using for the increased risk of women who take hormone  
3 replacement therapy after menopause? The CDC figure  
4 which was recently released is that the risk is  
5 increased by 30 percent, and that's confounded by the  
6 fact that 60 percent of your women are taking it.

7 Can you sort of give me some idea of how  
8 you mitigate those two figures?

9 DR. SCHLESSELMAN: The 30 percent  
10 increase? That was reported by a meta analysis. I  
11 don't have the citation right at hand.

12 DR. NEW: Yes, but I'm saying since anyone  
13 taking hormone replacement therapy already has an  
14 increased risk of 30 percent, and 60 percent of the  
15 women that you're studying are taking hormone  
16 replacement therapy or approximately 60 percent, have  
17 you calculated that into the probability of orlistat  
18 being an inciting agent?

19 DR. SCHLESSELMAN: Whether orlistat in  
20 combination with HRT --

21 DR. NEW: Yeah.

22 DR. SCHLESSELMAN: -- might have some  
23 effect?

24 DR. NEW: Yes.

25 DR. SCHLESSELMAN: This was a randomized

1 trial, and so since the women, whether they're on HRT  
2 or not, are being assigned at random to placebo, to  
3 orlistat 30/60, to orlistat 120, since the assignment  
4 is at random, one would not expect that all of the  
5 women on HRT would end up in the orlistat 120, so that  
6 just as we did not find that all women with a family  
7 history of breast cancer in a mother ended up in 120.

8 The question that you're asking about a  
9 specific interaction between --

10 DR. NEW: Yes.

11 DR. SCHLESSELMAN: -- HRTs and orlistat  
12 120, I'm not capable to answer. I don't know whether  
13 there's anyone that can address it.

14 DR. NEW: Just pursuant to that, can I ask  
15 you: did you measure serum estradiol levels on people  
16 taking orlistat?

17 DR. HUBER: We did, but if you want, I  
18 guess we can go ahead with that. I mean we've had  
19 that question multiple times, Mr. Chair. Should we go  
20 ahead and show the data now or wait till that comes up  
21 in the presentation?

22 CHAIRMAN BONE: I think there's several  
23 people on the Committee who would like to have that  
24 now. It might get is forward.

25 DR. HUBER: Can I answer with --

1 CHAIRMAN BONE: That will shorten the  
2 subsequent presentation to that extent.

3 DR. HUBER: Okay. I guess the first  
4 question also is with regards to the HRT in patients,  
5 we actually looked at how many of the actual breast  
6 cancer cases occurred on HRT, and do we have that  
7 slide? We'll get that for you in just a second, how  
8 many of the actual patients.

9 Okay. Slide on.

10 Okay. What this shows for you is these  
11 are all the patients broken down by whether they were  
12 on orlistat 120, 60 and placebo, and this is the day  
13 of diagnosis. This is kind of the point of reference  
14 in the future for all the slides. That's kind of our  
15 identifier, and then this is whether or not they're on  
16 HRT.

17 As you can see here, one, two, three,  
18 four, and then there were two of the cases that came  
19 in the follow-up that we didn't have the information  
20 on.

21 CHAIRMAN BONE: Thank you.

22 DR. HUBER: So I guess we need the main  
23 presentation. Actually can I back up one?

24 Okay. In order to look at this, I think  
25 the thing that is important is we did not

1 prospectively plan to assess estrogen levels in these  
2 studies because we did not feel that this was an issue  
3 going in.

4           So once this became an issue and  
5 repeatedly questions were raised about the effect on  
6 estrogen, we sought a way to retrospectively evaluate  
7 this, and what we've identified for you is a total of  
8 77 patients, 32 on placebo and 45 that received  
9 orlistat 120.

10           In order to obtain this data, we targeted  
11 women who were at least 45 years of age, as this was  
12 the target population, and to make sure they were post  
13 menopausal, that they had an FSH over 30. That was  
14 the cut we identified.

15           The reason we wanted to look at post  
16 menopausal is several technical concerns were raised  
17 that premenopausal women not doing this prospectively,  
18 it would be very difficult to assess the value of the  
19 data.

20           So what we did is then the other thing is  
21 they had to have adequate sample volume. We were  
22 trying to retrieve archive samples. So if they had  
23 sufficient volume at baseline and at six months and  
24 they met these criteria, we included them in the  
25 study, and I believe it was the U.S. trials for this

1 because that was the place where we had access to the  
2 information.

3 So if you look at this, on these patients,  
4 they had a median age 55 and 58. The BMI was 35.7 to  
5 35.5 at baseline, and what I think is important to  
6 note is that if you look at weight loss, the mean  
7 weight loss, and this is kilograms from baseline, was  
8 minus two and minus 6.2. So what's important to note  
9 is that this population, the orlistat group, did have  
10 a greater weight loss, which would be consistent with  
11 the trial population.

12 Now, these are the plasma estradiol  
13 levels, and this is, once again, the women who are at  
14 least 45 years whose FSH was greater than 30. In  
15 nanograms per deciliter what we have here is the mean  
16 value at day one and then at six months within the 32  
17 patients, and this is the standard error here.

18 As you can see, there was not a  
19 significant change. There was a slight change in  
20 placebo and orlistat, but what is important to note is  
21 that the change actually was greater in placebo, if  
22 anything. The orlistat really showed no significant  
23 change.

24 Then perhaps more importantly, we looked  
25 at plasma estrone levels, and this is looking at this



1 once again day one to day 169, and really there's no  
2 change in estrone exposure.

3 And then finally to make sure we got  
4 confounding effects of sex hormone binding globulin we  
5 can look here, and once again there's really no major  
6 changes here, and in fact, they go up, which should  
7 decrease the estrogen exposure.

8 So I think based on this data we felt  
9 there was no evidence of a substantial increase in  
10 estrogen exposure that could account for the observed  
11 imbalance.

12 CHAIRMAN BONE: Why would the sex hormone  
13 binding globulin levels go up? Do you think that's  
14 meaningful?

15 DR. HUBER: It's a very small -- yes.

16 DR. HAUPTMAN: You expect them to go up as  
17 you lose weight.

18 CHAIRMAN BONE: All right. Maybe.

19 DR. MOLITCH: So these are women on or off  
20 estrogen replacement therapy? I'm sorry.

21 CHAIRMAN BONE: Yes. Could you show the  
22 sex hormone binding globulin data again?

23 DR. HUBER: Okay. Sex hormone binding  
24 globulin data?

25 CHAIRMAN BONE: Yes.

1 DR. HUBER: Okay. There you go.

2 DR. MARCUS: I need to ask a point of  
3 clarification. Go back to your estradiol slide,  
4 please. It looks like you're in nanograms per DL. So  
5 those are picograms per mL. You're talking about  
6 levels per ten picograms per milliliter. Did you use  
7 an assay that is sensitive down to two picograms per  
8 mL or did you have -- was it the traditional  
9 commercial assays which have a cutoff at five?

10 And then if so, how did you record people  
11 who were undetectable? Some studies would show 30  
12 percent or more of women post menopausal with the  
13 usual commercial assays are undetectable.

14 DR. CANOVATCHEL; I'm Dr. Bill  
15 Canovatchel, International Clinical Research.

16 These assays were performed by Endocrine  
17 Sciences, which is a well recognized laboratory for  
18 doing high quality assays.

19 CHAIRMAN BONE: Do you know what assay  
20 technique they used?

21 DR. HUBER: I guess we can track it down  
22 here.

23 CHAIRMAN BONE: I think DR. Marcus just  
24 wants an answer to his question.

25 DR. HUBER: I'm sorry. It's just taking

1 a little while to get the methodology.

2 For estradiol specifically was a  
3 radioamino assay after extraction and LH-20  
4 chromatography based on the method of Wu and Lundy

5 DR. MARCUS: Do they say what the  
6 sensitivity of the assay was?

7 DR. HUBER: Yes, .5 nanograms per  
8 deciliter.

9 DR. MARCUS: Thank you, thank you.

10 CHAIRMAN BONE: Point, five. So that's  
11 five picograms per milliliter.

12 DR. HUBER: Yeah.

13 CHAIRMAN BONE: Thank you.

14 Let's see. Now I'm trying to remember the  
15 order. Dr. Ellis, I think, has been and then Dr.  
16 Hirsch are the two questioners with the greatest  
17 tenure as waiting their turn.

18 (Laughter.)

19 DR. ELLIS: Since I don't have tenure at  
20 my university, I'm not sure that means that much.

21 CHAIRMAN BONE: We just granted it here.

22 DR. ELLIS: I have a question with respect  
23 to the endocrinology. As we know, in post menopausal  
24 women the origin of the estrogens is through the  
25 action of aromatase (phonetic) and the substrate for

1       aromatase is androgenic precursors. I was wondering  
2       whether you looked at the androgenic precursors.

3               DR. HAUPTMAN: No, we didn't. We had only  
4       a small amount of sample left. So we did the ones  
5       that we thought would be the most pertinent, but  
6       certainly, as you know, most of the estradiol comes  
7       from the estrone, which comes from aromadization, and  
8       as they lost weight you would expect to see changes as  
9       well.

10              DR. ELLIS: My second and my original  
11       question, we may want to address this later. It comes  
12       to the issue of detection bias, and I was wondering  
13       about morphometric analysis in women who lose weight,  
14       and in particular whether you asked any questions  
15       concerning change in breast size, for example, change  
16       in the brazier size or any information as to whether  
17       the weight loss is associated with physical changes in  
18       breasts.

19              DR. HUBER: No, no.

20              DR. ELLIS: Thank you.

21              CHAIRMAN BONE: I think Dr. Hirsch.

22              DR. HIRSCH: Yes. I had two questions,  
23       one for Dr. Schlesselman.

24              Could you tell us, Dr. Schlesselman -- you  
25       were good enough to show us the timing in a linear way

1 of when these nine cases occurred in the treatment  
2 group. What is your best estimate on your expert  
3 knowledge of this area as to the number of these that  
4 would have been present before Xenical was given, that  
5 is, that occurred -- the breast malignancy began  
6 before administration of drug?

7 DR. SCHLESSELMAN: You're going to hear  
8 later from the pathologists a pathologic assessment of  
9 this issue. I think honestly I don't know. Part of  
10 the problem has to do with whether these women had  
11 been under mammographic screening before they entered  
12 the trial or whether when they started the study a  
13 more intense medical care experience occurred, in  
14 which case one would expect, say, existing tumors to  
15 be detected, say, by what is called a prevalence  
16 screen.

17 CHAIRMAN BONE: Thank you.

18 DR. HIRSCH: But I have question Part B  
19 then, which is the biostatistical one. So perhaps  
20 your associate can help with this.

21 It's the following. Undoubtedly the case  
22 can be made that many of these tumors were present  
23 before. I know you're not at this moment prepared to  
24 give a number, but I'm sure we'll hear that.

25 Now, that has very profound biostatistical

1 consequences, I would think, and I'd like to know how  
2 you handle that. Namely, it means that for whatever  
3 reason and unbeknownst to you, you dealt with two very  
4 different groups in these two patients, the placebo  
5 versus the treatment vis-a-vis having had or having  
6 begun a malignancy.

7 To remove susceptibles, as it were, from  
8 the treatment group, susceptibles to Xenical if such  
9 exist, if you see what I mean, is a marked problem of  
10 randomization that you couldn't have known about, but  
11 nevertheless in retrospect is present, namely, there  
12 were many more people who began Xenical treatment  
13 having malignancies than who began placebo treatment.

14 DR. SACKS: Right.

15 DR. HIRSCH: And that being the case,  
16 that's a very profound lack of randomization, although  
17 no one's fault. I understand, but nevertheless, in  
18 retrospect you may have removed any susceptibles who  
19 might have been affected by Xenical treatment, if you  
20 follow my logic. I hope you do because it is an  
21 important point.

22 DR. SACKS: Go ahead.

23 DR. SCHLESSELMAN: As I understand things,  
24 there was no prescreening to exclude women from the  
25 trials so that the only removal of women, quote, at

1 risk for breast cancer was for those who developed it,  
2 and they're counted in the statistics.

3 So all women in this trial were at risk of  
4 breast cancer. Some as you'll hear later had it at  
5 the time they were enrolled in the study, but there  
6 are two issues with regard to cause-effect, and that  
7 is whether a compound can initiate a tumor or when a  
8 tumor is present whether it can stimulate the growth  
9 of the tumor.

10 DR. HIRSCH: No, I understand fully what  
11 you're saying. I'm just saying that in retrospect it  
12 turns out that the risk for cancer was much greater in  
13 the group who received drug, unbeknownst to you, as  
14 evidenced by the fact that they had many more tumors  
15 before beginning. That means that vis-a-vis the  
16 Xenical tumor connection, if there is such, you have  
17 a very badly designed study for its detection.

18 DR. SACKS: Well, I should say these were  
19 obesity trials, and we didn't expect to see this, but  
20 if I could quote, and I don't have his report right in  
21 front of me, but in Dr. Rothman's report, one of his  
22 comments is that these cases would have occurred, in  
23 his opinion, no matter which group the women had been  
24 randomized to, which, I mean, this is the way --

25 CHAIRMAN BONE: Right.

1 DR. SACKS: But I wanted to get back to  
2 the question I had been asked about did we have the  
3 rates for the two year and the one year, and actually  
4 in the FDA statistician's report, there is a table  
5 that I think addresses your question.

6 Okay. Thank you.

7 CHAIRMAN BONE: I'm sure we'll get to  
8 that.

9 Further questions about Dr. Schlesselman's  
10 presentation, please?

11 Dr. Cara, and then are there any others  
12 after that?

13 DR. CARA: If I interpreted one of your  
14 slides correctly, you suggested that one way to get a  
15 better sense of the true incidence of breast cancer  
16 was by excluding those patients that had been  
17 diagnosed as having breast cancer within the first six  
18 months of therapy, and I believe that number came to  
19 a total of six patients; is that correct?

20 Did you do a relative risk assessment of  
21 the remaining patients compared to placebo? And if  
22 so, what is the relative risk?

23 DR. SCHLESSELMAN: Yes, we need to go back  
24 to the slides in the presentation I made that address  
25 this issue. The first is Q-11.



1 DR. CARA: I've got it.

2 CHAIRMAN BONE: Okay. That's done. Thank  
3 you. Dr. Cara has looked at the paper handout and  
4 refreshed his memory.

5 Are there any further questions for Dr.  
6 Schlesselman before we go on to the next? Oh, I'm  
7 sorry. Excuse me. Dr. Simon, yes.

8 DR. SIMON: You've presented an analysis  
9 based on patient years at risk and given confidence  
10 intervals for relative risks, and your results don't  
11 exactly agree with two other analyses that were done,  
12 one that was done by the FDA not based on patient-  
13 years of risk, but based just upon how many breast  
14 cancers were observed in how many patients in each of  
15 the groups.

16 And the FDA report also alludes to a P  
17 value of .07 that was computed presumably, I believe,  
18 by the company based on a log rank analysis of time to  
19 detection of the breast cancer cases. Do you have any  
20 comment on the fact that -- I mean, you have made a  
21 presentation claiming that these results are not  
22 statistically significant, but that's sort of in  
23 conflict certainly with the FDA analysis based on like  
24 a Fisher's exact test, just on number of cases out of  
25 number of patients, and somewhat in conflict with the

1 log rank analysis with time to event.

2 DR. SCHLESSELMAN: If you turn to the  
3 FDA's analysis, you will see that, firstly, their  
4 estimates of relative risk based on OS (phonetic)  
5 ratios are slightly higher than the rate ratios that  
6 I presented here, with one exception, with one  
7 exception. The confidence intervals on the OS ratios  
8 in the FDA's analysis cover 1.0.

9 The P values are small in the FDA's  
10 analysis. I think that no one would dispute the fact  
11 that what we have is an unusual occurrence. The  
12 question is why.

13 CHAIRMAN BONE: All right. Thank you.

14 We'll proceed with the next presentation,  
15 which I believe will be Dr. Anderson.

16 Just for planning purposes, I think we'll  
17 probably take our break after the sponsor presentation  
18 for the lunchtime, but we'll obviously be having a  
19 shortened lunch.

20 DR. ANDERSON: Good morning. My name is  
21 Tim Anderson. I'm Director of Toxicology and  
22 Pathology at Hoffman-LaRoche, and the purpose of my  
23 presentation today is to present an overview of the  
24 preclinical data that is relevant to us understanding  
25 the clinical significance of the detected breast

1 tumors.

2 Any drug that is intended for long term  
3 human use requires an evaluation of its carcinogenic  
4 potential. This is done by conducting several short  
5 term genotoxicity assays and by conducting two two-  
6 year carcinogenicity studies in mice and rats.

7 The results of these studies showed that  
8 orlistat has no carcinogenic potential. When a  
9 question arose regarding breast cancer in the clinical  
10 trials, we thought it was necessary to reevaluate the  
11 preclinical data to determine the true clinical  
12 relevance of the clinical detections.

13 The preclinical animal studies are  
14 relevant to our discussion here today because it is  
15 unknown for an agent which causes or stimulates tumors  
16 in humans; it is unknown for an agent that causes  
17 tumors or stimulates tumors in humans to do that  
18 without also causing similar effects in rodents. In  
19 fact, of the 19 pharmaceuticals that are classified as  
20 human carcinogens, all of them cause similar effects  
21 in rodents.

22 This is from the database of the  
23 International Agency for Research on Cancer, a  
24 division of WHO.

25 All genotoxicity and carcinogenicity

1 studies done with orlistat were done according to  
2 internationally accepted guidelines and have been  
3 reviewed and accepted by the FDA.

4 This slide shows the battery of tests that  
5 we conducted with orlistat in both bacterial and  
6 mammalian cells, in both in vivo and in vitro assays,  
7 and testing both orlistat and its metabolites.

8 All studies were negative. This is  
9 important in our assessment because it tells us that  
10 orlistat does not have properties of a genotoxic  
11 carcinogen.

12 The data on this slide shows that the  
13 animal studies done with orlistat are suitable to  
14 assess carcinogenic risk of orlistat because they show  
15 high exposure to orlistat and its two metabolites over  
16 one to two years of treatment.

17 For example, I draw your attention to the  
18 rat carcinogenicity study. This data show that for  
19 two years at the high dose of 1,000 milligrams per  
20 kilogram, the rat had 730 times the blood level of  
21 orlistat as would be expected at the human use dose of  
22 120.

23 The rat also has a high spontaneous  
24 background incidence of mammary tumors. This  
25 culmination of the high systemic exposure to orlistat

1 and its metabolites, combined with a high background  
2 incidence of mammary tumors in the rat, makes this  
3 model particularly relevant to our discussion today.

4 On this slide you can see the design of  
5 the carcinogenicity study and the results. Let me  
6 draw your attention to the design. You can see we  
7 have two control groups and the doses of orlistat.

8 We require two control groups in all of  
9 our carcinogenicity studies because it is very common  
10 due to biologic variability or chance to have either  
11 an increase or decrease of spontaneously occurring  
12 tumors.

13 There are two points that I can make from  
14 this slide. One, clearly there is no increase in  
15 either mammary adenomas or mammary carcinomas.

16 Second, there is actually a decrease in  
17 the incidence of mammary fibroadenomas, which was  
18 statistically significant.

19 This is data from the mouse  
20 carcinogenicity study with orlistat. Again, you see  
21 the two control groups, the four doses of orlistat.  
22 The conclusion from this slide is clearly there is no  
23 increase in incidence of mammary adenocarcinomas. As  
24 you can see, five of 99 animals and only one orlistat  
25 treated animal had mammary tumors.

1           Thus, at this point we can see that  
2           there's no evidence for genotoxic activity with  
3           orlistat. We can also see that in two two-year animal  
4           carcinogenicity studies that orlistat did not initiate  
5           or promote tumors of any type, particularly in the  
6           mammary gland.

7           We've also seen that those carcinogenicity  
8           studies were suitable to assess carcinogenic risk  
9           because they were exposed to much higher levels of  
10          orlistat and its two metabolites over the lifetime of  
11          the animals than humans see at the clinically used  
12          dose.

13          We next addressed the potential  
14          stimulatory effects of orlistat. What we were able to  
15          do with the thorough reevaluation of our animal  
16          studies was look for effects of orlistat upon  
17          stimulation of mammary gland, upon stimulation of  
18          mammary tumors, and because hormones are known  
19          stimulators of human tumor growth, we could look for  
20          evidence of hormonal effects in our animal studies.

21          This is data from the same rat study that  
22          I showed you previously in which we saw the high  
23          systemic exposure to orlistat and its two metabolites,  
24          and we saw the decreased incidence of mammary  
25          fibroadenomas.

1           Again, as I mentioned previously that  
2           study is particular relevant to our discussion today  
3           in assessing growth promotion properties of orlistat  
4           on mammary tumors because the rat has a high  
5           spontaneous background incidence of mammary tumors.  
6           In this case we see 17 of 50 and 20 of 50 rats had  
7           palpable masses on the chest and abdomen which  
8           histologically correlated to mammary tumors.

9           The data on this slide show us that we  
10          detected the number of masses and time to detection,  
11          and an important point I want to make is that the  
12          clinical palpation of these palpable mammary masses is  
13          the animal correlate to the clinical detection of  
14          human breast tumors by palpation.

15          We see that there's a decreased incidence  
16          of palpable masses which correlates with a decrease in  
17          mammary tumors. We also see that there is no change  
18          in time to detection between control and treated  
19          orlistat groups.

20          The conclusion from this data is that  
21          there's no evidence that orlistat stimulates the  
22          growth of rodent mammary tumors.

23          We were also able to evaluate to see if  
24          orlistat caused hormonal effects in animal studies by  
25          the histopathologic assessment of morphologic changes

1 in hormone responsive tissues. We saw no changes in  
2 mammary tissue, testes, ovaries, vagina, or uterus in  
3 mice, rats, or dogs treated at high levels of orlistat  
4 for one to two years.

5 Because morphologic changes in hormone  
6 responsive tissues are sensitive indicators of  
7 hormonal status, we can conclude that in these studies  
8 there's no indication, no evidence for hormonal  
9 activity by orlistat.

10 We were also able to assess physiological  
11 or functional hormonal changes by looking at the  
12 repro. toxicity studies. In these studies we saw no  
13 changes in fertility, reproductive performance,  
14 teratogenicity, or perinatal effects in rats.

15 Thus, the combination of the lack of  
16 morphologic effects and the lack of functional  
17 hormonal effects leads us to conclude that there's no  
18 evidence that orlistat induces changes in estrogen,  
19 progesterone, or any other hormonal activity.

20 In addition to our reevaluation of the  
21 animal toxicity studies, we asked Dr. Gary Williams of  
22 the American Health Foundation also to reevaluate our  
23 studies as an outside expert. Dr. Williams concluded  
24 that the nonclinical studies of orlistat provide no  
25 findings to suggest any human cancer hazard, and in



1 particular, any potential for enhancing or  
2 accelerating breast cancer development.

3 Dr. Williams is with us today to address  
4 any questions the panel may have.

5 In conclusion, the overall evaluation of  
6 our preclinical studies shows that orlistat has no  
7 evidence of carcinogenic potential in animals. The  
8 evidence is such that the systemic exposure to  
9 orlistat and its metabolites is much higher in animals  
10 than in human.

11 There is no evidence for genotoxic  
12 activity with orlistat. There was no increased  
13 incidence of mammary adenomas, nor carcinomas in  
14 rodents. There was a decreased incidence of mammary  
15 fibroadenomas in the rat study, and there is no  
16 evidence of carcinogenicity at any other site in rats  
17 or mice.

18 We also saw no evidence of hormonal  
19 activity in the toxicity or the repro. toxicity  
20 studies. We saw no evidence of growth stimulation of  
21 normal mammary tissue in three species treated for one  
22 to two years with orlistat, and very importantly, we  
23 saw no growth enhancement of spontaneously occurring  
24 rodent mammary tumors.

25 Thus, overall there is nothing in the

1 preclinical data that suggests orlistat has any  
2 carcinogenic or stimulatory effect upon the mammary  
3 gland, nor any other tissue. In the absence of these  
4 animal findings, we would not expect to see those  
5 findings in humans.

6 Now I think it's relevant that we look at  
7 the clinical data, and Dr. Huber will present an  
8 overview of that next.

9 CHAIRMAN BONE: All right. I think there  
10 will be several questions for Dr. Anderson, and I may  
11 just start, if I might.

12 Dr. Anderson, how was the drug  
13 administered in the carcinogenicity studies?

14 DR. ANDERSON: The drug in the  
15 carcinogenicity studies was mixed in the powdered diet  
16 of the mice and rats and given ad libitum in the diet,  
17 and then as their body weight changed, we changed the  
18 concentration of orlistat so that they would get the  
19 proper dose.

20 CHAIRMAN BONE: I see, and what's the fat  
21 content of that dietary powder?

22 DR. ANDERSON: We actually gave the  
23 rodents a higher fat diet than normal rodent diet  
24 would be.

25 CHAIRMAN BONE: Yeah.

1 DR. ANDERSON: And I believe that fat as  
2 a percentage of calories was 20 percent.

3 CHAIRMAN BONE: I see. I guess I have a  
4 further question, and that is what you've demonstrated  
5 is the experiments that you conducted did not  
6 demonstrate carcinogenic mechanism, and this is based  
7 on the idea that the carcinogenic mechanism would be  
8 related to the systemic effects of the drug, but  
9 actually the mechanism of action of the drug in humans  
10 is to cause malabsorption of fat, and we're aware from  
11 all of the discussion that many other substances,  
12 probably the majority of which are not even  
13 identified, are malabsorbed along with the fat.

14 Now, is there anything about your  
15 experiments which would address the question of a  
16 human dietary constituent that had an anti-tumor  
17 growth effect of some kind being malabsorbed?

18 DR. ANDERSON: You're perfectly right in  
19 what the animal studies can tell us is the effects of  
20 high systemic exposure to orlistat and metabolites.  
21 What the animal studies can additionally tell us is  
22 that when you bracket the appropriate human  
23 pharmacodynamic dose and have approximately the same  
24 percent lipase inhibition, that you also do not see  
25 direct or indirect effects.

1           What the animal studies cannot tell us  
2           though is what effects you would see with orlistat and  
3           a human diet. I think that's dependent on the  
4           clinical data.

5           CHAIRMAN BONE:       So if that's the  
6           mechanism, then it's a different one than the one you  
7           were kind of -- the kind of mechanism that we would  
8           normally investigate and that you've investigated.

9           DR. ANDERSON: I think the animal studies  
10          will tell you if there is an initiation, promotion or  
11          stimulation of effect due to orlistat. It will not  
12          tell you the effects of a human diet.

13          CHAIRMAN BONE: Thank you.

14          Dr. Molitch had questions and several  
15          others, I'm sure.

16          DR. MOLITCH: I'm certainly not expert in  
17          these types of studies. I just want to be reassured  
18          that when you start at such a high multiple of the  
19          daily dose and exposure that you may not miss  
20          something with earlier or smaller amounts. We  
21          certainly know that with radiation, for example, that  
22          a very small amount of radiation may be carcinogenic  
23          where a large amount may be therapeutic, and I just  
24          want to be reassured that that kind of thing couldn't  
25          happen with these types of potential carcinogens.

1 DR. ANDERSON: The way we address that is,  
2 of course, we have a variety of doses, three and four  
3 doses, and we can see that the exposure at the low  
4 doses is proportional to the dose or at least there's  
5 a much lower systemic exposure.

6 DR. MOLITCH: But even the low dose is 50  
7 times the human dose. I mean do you have like  
8 something once or twice times the human dose?

9 I mean you probably have done this with  
10 the regular pharmacokinetics. Have those rats also  
11 been followed up for two years?

12 DR. ANDERSON: I'm sorry, sir. Could you  
13 readdress your question?

14 DR. MOLITCH: I mean something that would  
15 approximate the normal human dose that you would give,  
16 have those rats also been followed up for two years to  
17 make sure that they don't cause tumors?

18 DR. ANDERSON: Could I have the primary  
19 slide number five, please?

20 Part of the design of the carcinogenicity  
21 studies is reviewed with the FDA Carcinogenicity  
22 Assessment Committee, and we required their review and  
23 approval of doses and exposures before we continued.  
24 So the dose level so that we get adequate systemic  
25 exposure was agreed with the Carcinogenicity Advisory

1 Committee.

2           However, despite having to go to high oral  
3 doses to get high exposure, in the mouse study --  
4 could I have the slide please? This is the rat study.  
5 Could I have the next one, please? -- you see we have  
6 four doses here. The lower dose of 25 milligrams per  
7 day is the approximate bracketing to human  
8 pharmacodynamic dose. So we added that lower dose so  
9 that we could not only see high systemic effects, but  
10 also pharmacodynamic effects of similar lipase  
11 inhibition as in humans.

12           DR. MOLITCH: Thank you.

13           DR. ANDERSON: You're welcome.

14           CHAIRMAN BONE: One hundred and twenty  
15 milligrams t.i.d. would be 360 milligrams per day,  
16 which would be about five milligrams per kilogram per  
17 day. So that's actually about a fivefold; is that  
18 right?

19           DR. ANDERSON: You know, the best person  
20 to answer that is Dr. Kamm, who has been with orlistat  
21 for the ten years we've been studying that.

22           CHAIRMAN BONE: Well, it's just arithmetic  
23 really.

24           DR. KAMM: In terms of -- Jerry Kamm,  
25 Department of Toxicology and Pathology.

1           The low dose in the mouse study was -- let  
2       me say something first about systemic exposure in  
3       animals. In all of the animal studies that we've done  
4       when the doses are approximately 70 to 100 milligrams  
5       per kilogram or less, orlistat and its metabolites are  
6       undetectable in the plasma, which approximates the  
7       situation that you see clinically at 120 milligrams  
8       per kilogram.

9           The orlistat was undetectable in the  
10       plasma of mice that received 25 milligrams per  
11       kilogram for two years.

12           Have I addressed the question?

13           CHAIRMAN BONE: No. I think we're just  
14       trying to see if a comparable dose was given.

15           DR. KAMM: Yes.

16           CHAIRMAN BONE: And the dose per day in  
17       the 120 milligrams t.i.d. is 360 milligrams. For the  
18       subjects in the study here where we have 100  
19       milligrams -- 100 kilograms --

20           DR. KAMM: Right.

21           CHAIRMAN BONE: -- that would be 3.6 --

22           DR. KAMM: Well, no, it would be --

23           CHAIRMAN BONE: -- milligrams per kilogram  
24       per day.

25           DR. KAMM: Right.

1 CHAIRMAN BONE: Which is one-eighth of  
2 this exposure approximately.

3 DR. KAMM: That's correct.

4 CHAIRMAN BONE: Okay. That's the point.

5 DR. ANDERSON: But if I could additionally  
6 clarify that, that low dose in the mouse  
7 carcinogenicity study is equivalent to about 30  
8 percent inhibition of fat absorption, which is similar  
9 to humans.

10 CHAIRMAN BONE: I see. So physiologically  
11 it has -- you said it would be pharmacodynamically  
12 comparable. I see your point.

13 DR. ANDERSON: I was referring to  
14 pharmacodynamic percent of lipase inhibition in the  
15 intestine.

16 CHAIRMAN BONE: Thank you very much.  
17 That's very clarifying.

18 DR. ANDERSON: And we added that low dose  
19 to cover the physiology.

20 CHAIRMAN BONE: Very helpful point.

21 Okay. Now, who's next? On the program  
22 the next speaker is Dr. McGee.

23 DR. HUBER: I think we're going to shorten  
24 it if it's okay.

25 CHAIRMAN BONE: Suit yourself, and I would



1       like to introduce Dr. McGee to present the pathology  
2       of the tumors.

3                     Thank you.

4                     DR. MCGEE:   Good morning.   I would just  
5       simply like to reiterate that I don't look at all like  
6       Dr. Huber, and I'm sure my accent is completely  
7       unfamiliar in the sense that I am not American.

8                     (Laughter.)

9                     DR. MCGEE:   My credentials -- as Dr. Huber  
10      is -- my credentials are shown on this first slide  
11      here.   My name is Jim McGee.   I am the Chairman of  
12      Pathology and Bacteriology in the University of  
13      Oxford.

14                    Some one asked me the same question this  
15      morning, was that the same as Oxford University, and  
16      the answer is yes.

17                    (Laughter.)

18                    DR. MCGEE:   It's simply differences in the  
19      way we use English on both sides of the Atlantic.

20                    To be serious for a moment, however, and  
21      for the rest of this presentation, I have to declare  
22      also that I do not own any Roche stock, nor do I have  
23      any commercial interest in orlistat.

24                    I was asked to come into this problem last  
25      August, August '97, and the reason that I was asked to

1       come into it is because of these two asterisks that  
2       you see at the bottom.

3               The first is that my prime research  
4       interest is in the molecular pathology of breast  
5       cancer and particularly chromosome 11Q. However, in  
6       the present context, the more important thing is that  
7       I'm a member of this committee listed at the bottom,  
8       namely, the U.K. National Coordinating Committee on  
9       Breast Cancer pathology.

10              Now, the "raison d'etre" of this group is  
11       to work out and implement the laboratory diagnostic  
12       criteria and guidelines for the diagnosis of breast  
13       disease not only in the everyday clinic, but also in  
14       external quality assurance programs.

15              Now, it is quite important for you to  
16       realize that in the U.K. you are not allowed to make  
17       a diagnosis of breast cancer or, in fact, to  
18       participate in a breast screening program unless you  
19       have called a designated pathologist and have  
20       participated in this external quality assurance  
21       program.

22              It has been quite successful in the U.K.  
23       It has been adopted and has now been adopted by a  
24       number of countries in the European Union and  
25       Australia and Singapore, et cetera.

1 Now, you're all aware of the problem and  
2 my involvement herein is summarized here on this  
3 slide.

4 In that there is an imbalance, and this is  
5 the issue before us today, between the number of  
6 cancers that exist in the placebo group and also in  
7 the orlistat group of the trial, and so that you don't  
8 have to do any arithmetic, for those of you who don't  
9 have the enormous volumes in front of you, there were,  
10 in fact, three cases in the placebo group and 11 or  
11 say 12 in the orlistat group.

12 Now, I want to break these issues down  
13 into two, and the first issue as I have identified it  
14 is as shown on this transparency here, and I'm afraid  
15 the batteries on my thing have gone again. I can work  
16 without it.

17 The question really here under Issue 1 is:  
18 does orlistat cause breast cancer? I think that's the  
19 first question that we have to address.

20 The second question is: does orlistat  
21 enhance the growth of a preexisting cancer? And I'm  
22 going to address both of these topics completely  
23 independently.

24 On Issue No. 1, what I'm going to do is  
25 I'm going to present evidence indicating that orlistat

1 is not causally related to breast cancer either as an  
2 initiator or promoter, and I apologize for the typo in  
3 the bottom line.

4 The evidence on which that is based I will  
5 come to in a moment. However, I think it's important  
6 you should know what the criteria were that I used in  
7 the study, and the first thing to point out which I  
8 regarded as probably the most important thing in the  
9 beginning of the study was that I was complete  
10 blinded. Now, that was my choice. It was not the  
11 choice of anyone else.

12 I did not want to see the primary reports  
13 of the pathologists concerned. I did not want to see  
14 any of the volumes of data which had been provided to  
15 me by Hoffman-LaRoche lest I be biased in knowing  
16 which patients were on orlistat and those that were  
17 not. So I simply analyzed them in that way.

18 The second thing was I then analyzed all  
19 of the microscopic slides from all cases, and this was  
20 quite a large task because those cases were located in  
21 the United States and the various other countries  
22 identified there in Europe, and that meant getting on  
23 and off lots and lots of planes, which was not a very  
24 pleasant experience, but I take this problem very  
25 seriously.

1 I point out in the third bullet that  
2 remarkably, and I do mean remarkably, that I was able  
3 to retrieve or was given every slide from every  
4 patient who had developed cancer, and any of you who  
5 have been involved in cancer registries will realize  
6 how difficult that is.

7 Then finally, when I had done my analysis  
8 and come to the conclusions on the basis of the  
9 histopathology, I then became unblinded, looked at the  
10 primary pathologist's report and all of the other  
11 data, and my report, which integrates my views and the  
12 information provided by others, is in Volume 2 of the  
13 document in front of you.

14 Now, because pathology is a rather special  
15 discipline, as all of our disciplines are -- I'm  
16 sorry. Here we go. Okay. That's better -- I thought  
17 it was important here to define some histopathologic  
18 term. "Histopathological" is the way we would say it  
19 on the other side of the Atlantic. So if I use that  
20 rather than "histopathologic," please understand me.

21 The breast, as you know, is made to  
22 lactate and produce milk, and in the center of the  
23 breast what you have is a duct system leading up to  
24 the nipple which produces that or the channel along  
25 which that milk is delivered.

1                   That very large duct known as the  
2                   lactiferous duct arborizes like a tree all the way  
3                   down into these little lobular units, and it's the  
4                   lobular units that produce milk.

5                   Now, the thing I want you to focus on in  
6                   view of the terminology issue is that on your left  
7                   where I've magnified these lobular units, and it's  
8                   composed of two things. It's composed of a central  
9                   area known as the acinus where the milk is produced,  
10                  and then that little duct that goes into this, this  
11                  end.

12                  Now, all cancers or virtually all cancers  
13                  of the breast occur in this area, and as far as  
14                  terminology is concerned, I will use the word  
15                  "lobular" and this refers to invasive cancers that  
16                  arise in the milk producing part, namely, the acinus,  
17                  and I will use the term "LCIS," which is the lobular  
18                  carcinoma in situ, and that refers to an in situ  
19                  lesion arising in that area.

20                  I will also use the term "ductile cancer,"  
21                  "invasive ductile cancer of the breast," and they  
22                  arise in the little duct going into the acinus.

23                  I will also use the term "DCIS." DCIS  
24                  simply means ductile carcinoma in situ, and then  
25                  finally if I use the genetic term CIS, that's me

1 grouping them both together.

2 All right. Now, what criteria did I use  
3 in doing the study to determine whether, in fact,  
4 there was a causal relationship between orlistat and  
5 the development of breast tumors?

6 Well, the first thing that I looked for  
7 was carcinoma in situ, that is, a combination or I'm  
8 using the generic term CIS, namely, LCIS and DCIS, and  
9 this is a lesion, a local carcinoma in situ. It isn't  
10 really cancer. It is a precursor of cancer which  
11 occurs in a very large number of the population in the  
12 breast screening program in the U.K. It occurs in  
13 about 20 percent of 1,000 women screened.

14 It exists, and when it goes on to develop  
15 or progress into invasive cancer, it does so only in  
16 25 percent of women, and additionally, it takes 20 to  
17 30 years to do that. So if you find CIS, carcinoma in  
18 situ, in a breast, what that tells you is that a  
19 precursor lesion, which increases the risk factor by  
20 a factor of ten at least, that has been present for a  
21 very long time.

22 The second group of criteria that I used  
23 was tumor classification. Now, these tell you  
24 separate things. The first thing that it tells you is  
25 that if you truly believe that a compound causes

1 breast cancer, what you would expect to find is that  
2 the tumor type would be homogeneous. It is not.

3 The second thing you would expect is that  
4 the grade of the tumor, that is, the proliferation  
5 rate and the differentiation within the tumor, would  
6 also be uniform, and the answer is that it isn't.

7 The penultimate criteria on this slide is  
8 the presence of lymph node metastasis. Now, what  
9 lymph node metastasis tells you is not only has the  
10 tumor spread, but it's generally accepted in the  
11 clinic -- and I do actually work in the clinic,  
12 although I'm the Chairman of a department in Oxford  
13 University -- that that tumor has been around for some  
14 time and usually years.

15 And then finally, you can calculate tumor  
16 size and from that you can actually determine whether  
17 the tumor was present at randomization or before.

18 All right. Now tumor size. I divided  
19 this into two. The first thing to realize is that it  
20 takes a breast cancer nine to 17 years to grow from  
21 one cell to a clinically detectable one, such as ten  
22 millimeters, and it does that go undergoing 30 volume  
23 doubling times.

24 Now, I'm not going to get into fancy  
25 mathematics because I'm not a mathematician, but



1 simplifying that, what that simply tells you there is  
2 that if you double the diameter of a sphere which is  
3 a tumor, what you actually do is you increase the  
4 number of tumor cells within that sphere by a factor  
5 of eight, and that's very important.

6           How do you do these calculations? Well,  
7 there's a number of ways in which you can do it, but  
8 the method I've chosen to use is this one, which is  
9 published by Peers. Now, the reason for choosing this  
10 is quite simple, and that is that the formula in that  
11 publication is based entirely on clinical data. It is  
12 not based on cells growing in culture. It is based on  
13 the size of tumors measured mammographically in  
14 patients in the Dutch breast screening program which  
15 has been going on since in the late '80s.

16           And from that publication the median time  
17 for tumor volume doubling is 157 days with confidence  
18 limits extending from 121 up to 204. There are other  
19 ways of doing it, but I've explained the reasons for  
20 me doing it this way.

21           All right. Now, the next slide is  
22 inordinately or was inordinately complicated until  
23 last evening, and I hope that I can go through this  
24 slowly and methodically with you.

25           This slide is not incomplete. I'm going

1 to add a column as we go along. The first column  
2 indicates those patients who were in the placebo or  
3 the orlistat part of the trial.

4 The second column indicates the day of  
5 diagnosis of the tumor. Now, the day of diagnosis  
6 actually tells you quite a lot about the tumor because  
7 this is all in the volumes you have in front of you,  
8 and if you look at the very last page of my report,  
9 which is in Volume 2, if you can't see this screen  
10 very well, you will actually see these numbers.

11 But what I will say here is that this  
12 tells you that some of these tumors, it's virtually  
13 impossible that it could have arisen as a causal  
14 effect of orlistat because one of them arose within  
15 one month and several of them rose in half a year or  
16 one year.

17 In the next column, I looked at the  
18 presence of carcinoma in situ, and without counting up  
19 the pluses and minuses, carcinoma in situ was present  
20 in nine out of 11 of the cases in the orlistat end of  
21 the trial and in two out of three of the placebo end.  
22 What that tells you is that there was a precursor  
23 lesion in the breast which had been present for many  
24 years before those patients were actually put on  
25 orlistat.

1 In the next column I'm looking at grade of  
2 the tumor. Now, the lowest grade of tumor, invasive  
3 cancer, that you can get in the breast is Grade 1 and  
4 the highest grade is Grade 3. Oh, sorry. My mistake.  
5 It took me so long to do this last night I'm still  
6 tired.

7 I put in this column type. Now, type I  
8 regard as quite important. I've abbreviated ductile  
9 to D. I've abbreviated lobular to L, and I have used  
10 the abbreviation T for tribular. Now, tribular is  
11 simply a very, very well differentiated from a  
12 malignant ductile cancer.

13 But the take home message from this column  
14 is that there is complete heterogeneity of tumor type.  
15 It is not a uniform tumor type that you see in here,  
16 and that's what one would have expected, I think, had  
17 orlistat been causally related to its development.

18 And in the next one, I'm looking here at  
19 grade, and in grade as I was about to say earlier,  
20 grade is -- the lowest type is Type 1 and the highest  
21 is Type 3, and what you might expect of an agent that  
22 was causally related is that the grade, in fact, would  
23 be similar if not identical, and it isn't, and I will  
24 present the numbers later without you calculating them  
25 yourself.

1           In the next column I've looked at lymph  
2     node metastasis, and as you can see NA simply  
3     indicates that there was no information on lymph node  
4     metastasis or the axilla had not been sampled, and  
5     that happens in some clinics.

6           But where they were sampled, lymph nodes  
7     were very frequently involved, and that's indicated by  
8     a plus sign and the actual numbers of lymph nodes  
9     involved are in my report.

10          What that tells you is that those tumors  
11     were around for quite a long time because we generally  
12     believe in the clinic that these tumors, when they  
13     have lymph node metastasis, have been around for  
14     several years at least.

15          Then the penultimate column is the tumor  
16     size. Now, tumor size varies in this column from  
17     seven millimeters. There's actually one there which  
18     I see is greater than six, but I'm taking seven as the  
19     smallest, ranging up to 25 millimeters, and it's from  
20     that data I calculated when that tumor was likely to  
21     have arisen.

22          And in the final slide of this rather  
23     complex series of data is the overall conclusion, and  
24     the overall conclusion is that the bulk of these  
25     tumors preexisted orlistat introduction, and those are

1 all indicated in yellow. You will find that there are  
2 four exceptions, and those four exceptions, two of  
3 them are in the orlistat end of the study and two are  
4 in the placebo arm of the trial.

5 Now, if you look at this data another way,  
6 what one can derive is as follows. Here are the  
7 original figures in the N column of incidence, and the  
8 ones which preexisted according to my calculations,  
9 that number, in fact, on the hard copy which you have  
10 in front of you is nine -- sorry. It's the other way  
11 around. On the hard copy it's nine. Up there it's  
12 eight. I don't know how that typo was introduced  
13 because it was done last night.

14 Anyway, it doesn't really make a whole lot  
15 of difference because we can calculate that nine of  
16 these tumors -- that includes one case of carcinoma in  
17 situ, which I indicated is not a true cancer anyway  
18 because it's not invaded -- can be accounted for as  
19 preexisting before orlistat was introduced to the  
20 patient, and similarly, in the placebo the same data  
21 as given.

22 However, one has to say that in the  
23 blocked arm here of this table that there are two  
24 cases, two in the orlistat and two in the placebo arm  
25 of the trial, which could possibly, but I regard as

1 unlikely to be related to orlistat therapy causally,  
2 but one has to concede that possibility, but there  
3 were two in each arm of the trial.

4 Now, the summary of the evidence, because  
5 there was quite a lot of it on that slide, I've  
6 summarized here. The presence of CIS tells me that in  
7 the bulk of these cases, nine out of 11 in the  
8 orlistat end of the trial, that the high risk lesion  
9 had been present for years.

10 The second point is that I would have  
11 expected had orlistat been causally related tumor type  
12 homogeneity, but what we found, in fact, was  
13 heterogeneity, similarly with grade.

14 Lymph node metastasis tells us on the  
15 penultimate bullet that the tumor had been around for  
16 a long time, and so also did the calculations which  
17 were done on tumor doubling time.

18 And from all of this data, it is my view  
19 that there is no evidence at all that orlistat is  
20 causally related to breast cancer initiation or  
21 promotion, and there is a typo there. It should say  
22 "or."

23 The next slide simply demonstrates that  
24 this is not my sole opinion. There were independent  
25 assessors involved here. Three of them were

1 pathologists, and I have to tell you that I didn't  
2 call any of them once, nor did I communicate in any  
3 other way with them or they with me, and we all came  
4 to exactly the same conclusion. They, however, didn't  
5 all look at the slides that I did. In one case there  
6 were in excess of 75 slides, by the way.

7 And it is also compatible with the  
8 information which Dr. Feig has produced, which is in  
9 your volume and which is on that rather complex table,  
10 the hard copy of which you have in front of you, where  
11 he looked at mammograms that preexisted the --  
12 predated the study randomization and when the tumor  
13 was figured out.

14 So there was complete concordance between  
15 all of these individuals on the causality issue,  
16 namely, that orlistat was not causally related to  
17 tumor development in the breast.

18 Now I want to turn to issue two. The  
19 hypothesis has been put forward that did orlistat  
20 enhance the growth of -- I'm sorry. My mistake.

21 The next hard copy which you have in front  
22 of you, yes, this has jumped.

23 Right. Did orlistat, in fact, enhance the  
24 growth of preexisting tumor in the breast? Right.  
25 The preclinical evidence that Dr. Anderson has

1 presented indicates that that is unlikely. I'm now  
2 going to evaluate the human pathology data to see  
3 whether, in fact, this may be the case.

4 But before doing so I will tell you what  
5 my overall conclusion is going to be at the end of it  
6 all, namely, that there is no evidence to indicate  
7 that orlistat, in fact, does enhance tumor growth.

8 Right. Now, what criteria were used here?  
9 If you're going to put forward the hypothesis that  
10 growth enhancement does occur, you have to suppose  
11 that one of two things happened. The first thing is  
12 that there could have been an increase in cell  
13 proliferation, or the second is that there could have  
14 been a decrease in cell death, and both of those would  
15 have produced larger tumors more rapidly.

16 And the way these were assessed is  
17 indicated here. If this hypothesis was correct, I  
18 would have assumed that the invasive cancers would all  
19 been of high grade because they would have had to be  
20 proliferating at a very high rate.

21 The second thing that I would have  
22 supposed would have happened or predicted that would  
23 have happened from this hypothesis is that the CIS  
24 lesions would have been high grade because if you were  
25 to hypothesize that orlistat came along and stimulated



1 a preexisting CIS lesion, it would have to proliferate  
2 more rapidly, and that would be evident  
3 microscopically.

4 The third criterion here is that you would  
5 have to support also that if orlistat were having an  
6 enhancing effect, you might also see changes in the  
7 adjacent non-tumorous breast, and that was looked for.

8 The second and very last point on this  
9 slide, namely, decreased cell death, I'm not going to  
10 report quantitative data on that. I simply looked for  
11 apoptosis, and I can tell you right now I didn't find  
12 any difference at all in the two groups.

13 Going on to the next slide, and I don't  
14 know whether you can dim the lights easily. If you  
15 can't, forget it.

16 Grading of tumors and invasive cancers in  
17 particular is actually quite easy.

18 Can I operate it from here?

19 Grading of invasive cancers is actually  
20 quite easy. What I've shown on the left is a Grade 1  
21 tumor, and on the right is a Grade 3 tumor. In a  
22 Grade 1 tumor, you see these nice, little tribules  
23 (phonetic), and that's normally what you would expect  
24 to find in a well differentiated tumor, and the cells  
25 that compose those tribules are very regular looking.

1           A Grade 3 tumor, on the other hand, you  
2     can see that these cells are very large and very  
3     different, and the word used in histopathology  
4     terminology is nuclear pleomorphism.

5           However, you can actually do some  
6     quantitation on tumor grade, and this is actually how  
7     it's done, and this is the recognized way in which  
8     it's done all over the world, including in the Armed  
9     Forces Institute of Pathology, which is I regard as  
10    one of your most prestigious pathology institutes.

11          Going through this, there are three  
12    elements in quantifying grade. You look at, first of  
13    all, differentiation. You look at nuclear morphology,  
14    and you look at proliferation rates, namely, mitoses,  
15    and depending on the amount of differentiation you  
16    get, as indicates up there, you allocate the tumor a  
17    certain number of points.

18          And having gone through these three things  
19    here in a formal way, you can come out with a total  
20    point score, and the total point score is indicated  
21    here in yellow on the bottom right, and it indicates  
22    that quantitatively you can quite easily define a  
23    Grade 1, 2, and 3 tumor, and to remind you Grade 1 is  
24    the best tumor prognostically, and Grade 3 is the  
25    worst.

1           On the next slide I also said that what  
2           you would expect in an enhancing situation is that the  
3           DCIS might change. Well, it doesn't. On the left you  
4           have got low grade DCIS at low PER and high PER, and  
5           on the right you have got high grade DCIS.

6           Now, even for the non-pathologists in the  
7           audience, I think that's really quite a profound  
8           difference. In low grade DCIS -- is actually still  
9           forming tribules here. It isn't on the opposite side  
10          where it's high grade. At a higher magnification,  
11          those cells are fairly regular, and those cells in the  
12          higher grade are very, very irregular.

13          I would point out that every micrograph,  
14          and I'm only going to show you one more, that has been  
15          taken for presentation here today has been taken at  
16          exactly the same magnification, and so what you're  
17          seeing is not only the reality, but the true and  
18          absolute reality if you believe that there are  
19          absolutes in this world.

20          Now, finally, or penultimately, the other  
21          prediction from the hypothesis, the enhancement  
22          hypothesis, would be that what you might expect to  
23          find is that in the post menopausal breast you would  
24          have stimulation of the surrounding non-tumorous  
25          epithelium.

1                   Now, what I'm showing you here on the left  
2                   is a typical post menopausal breast, and in fact, this  
3                   photograph was taken last Friday just before I left,  
4                   and that is from a 60 year old woman. That on the  
5                   right, believe it or not, is from a 70 year old woman  
6                   who had also breast cancer. Both of these patients  
7                   had breast cancer, but that patient there -- and this  
8                   photograph is taken at exactly the same magnification,  
9                   times ten as you can see in the bottom right-hand  
10                  corner, you don't actually have to be a pathologist to  
11                  see that there is profound stimulation here and none  
12                  here.

13                 Now, the obvious question you're going to  
14                 ask me in the discussion is why is there proliferation  
15                 in this woman's breast, and I will address that very  
16                 briefly.

17                 Right. This is a summary of the evidence,  
18                 and it is present in the hard copy. this is a summary  
19                 of the evidence in the hard copy before you, and what  
20                 I try to do here is I've looked at proliferation, and  
21                 the tumor grade is heterogeneous throughout those  
22                 tumors in the orlistat arm of the trial and also in  
23                 the placebo arm of the trial.

24                 There was one Grade 1 tumor. There were  
25                 seven Grade 2 tumors, and there were two Grade 3

1 tumors. That's over the study as a whole.

2 If you look at the CIS to see if there was  
3 a lot of proliferation there, there wasn't, but CIS  
4 was present in nine of 11 patients in the orlistat arm  
5 of the trial and in two of three in the placebo arm of  
6 the trial.

7 And if you look at the very last page of  
8 my report in Volume 2 under McGee, you will actually  
9 find the numbers of patients with high, low, and  
10 intermediate nuclear grade type CIS.

11 And thirdly under the proliferation issue  
12 in terms of predictions, there was no evidence that I  
13 could find that orlistat stimulated the proliferation  
14 of the non-tumorous epithelium in the surrounding  
15 breast. As I said earlier, I looked specifically for  
16 apoptosis to see whether there was any decrease, and  
17 I didn't find any decrease at all.

18 And on my last slide, it is my very firm  
19 view that there is no cell biologic or pathologic  
20 evidence to indicate that orlistat enhances tumor  
21 growth from the information and all the slides that  
22 I've examined.

23 Thank you very much, indeed, for your  
24 attention.

25 CHAIRMAN BONE: Thank you.

1 DR. McGEE: Mr. Chairman, do you want me  
2 to remain for questions or shall I sit down?

3 CHAIRMAN BONE: Yes, please do. Yes, I'm  
4 sure there'll be a number of them, starting with Dr.  
5 Hirsch.

6 DR. HIRSCH: Yes. Help clarify two  
7 points. First of all, what in the general population  
8 is the ratio of ductile to lobular malignancies  
9 overall, not in this population?

10 DR. McGEE: The answer is 13 percent.

11 DR. HIRSCH: Is what?

12 DR. McGEE: Thirteen of lobulars, the rest  
13 ductiles.

14 DR. HIRSCH: In this population you have  
15 about a 50-50.

16 DR. McGEE: Yeah.

17 DR. HIRSCH: The population I'm now  
18 referring to is the treated group, and the other very  
19 interesting thing, I can't do a chi squared in my  
20 head. I'm very sorry.

21 DR. McGEE: Nor can I, so I hope you don't  
22 ask me

23 DR. HIRSCH: It turns out that if you make  
24 a one year cut, which seems to be a sort of reasonable  
25 place of where antecedent tumors might have expressed

1 themselves, there's an enormously enhanced lobular  
2 ones. It's 80 percent lobular and 17 percent ductile.

3 On the other hand, after one years, it's  
4 reversed. It's 83 percent ductile and 20 percent  
5 lobular.

6 The likelihood of that being a chance  
7 occurrence, it seems to me, is rather remote. So  
8 there is a sort of progression here of different  
9 histologic types emerging. Can you help me with that?

10 DR. McGEE: Well, yes, I can help you with  
11 that because up until about eight years ago I didn't  
12 believe the data on lobular cancer and its instance,  
13 and there's a very famous pathologist, who's now  
14 retired, whose name was Asaparde (phonetic), and I  
15 invited him to the department to give a seminar on the  
16 classification of breast cancer, and he stated that  
17 the instance of lobular cancer was 13 to 15 percent in  
18 the general population.

19 Now, he'd been looking at breast cancers  
20 like for 40 years, and I said to him, I said, "Look.  
21 I've rarely diagnosed lobular cancer," and that,  
22 therefore, you could take a chance as well, and I  
23 think that's probably the explanation here. I don't  
24 think you can make a derivation like that or a  
25 conclusion like that from the information in front of

1 you, and had I not had this experience with Asaparde,  
2 who worked in the Hammersmith in London, I might have,  
3 in fact, agreed with you, but the numbers are too  
4 small anyway, I think, to do the sort of analysis that  
5 one would want to do statistically.

6 DR. HIRSCH: So you're telling me that the  
7 diagnosis of histologic type is under question. Is  
8 that what --

9 DR. McGEE: No, no, no, no, no, no. I  
10 think the question that you're asking me was does the  
11 fact that there are a lot of lobular cancers in the  
12 first year indicate something special is going on.  
13 Un-huh?

14 DR. HIRSCH: Un-huh.

15 DR. McGEE: Right. No, I think the answer  
16 is no because I think the numbers in there are far too  
17 small, and my reference to or analogy to Asaparde was  
18 that up until about, as I said, seven or eight years  
19 ago I hadn't really diagnosed lobular cancer. I'm  
20 diagnosing it more now, and that's not because I'm a  
21 better pathologist.

22 DR. HIRSCH: But right now what's the  
23 ratio of the two in the population at large, would you  
24 say? Your own experience at the moment?

25 DR. McGEE: Well, I think actually to



1 quote from one's own experience is anecdotal, but I  
2 would say anecdotally it's about 20 percent as one.  
3 It's about a fifth, and the literature actually more  
4 or less agrees with that.

5 DR. HIRSCH: Thank you.

6 DR. MCGEE: Yeah.

7 CHAIRMAN BONE: Other questions? Dr.  
8 Ellis and then we'll go around.

9 DR. ELLIS: With respect to the hormone  
10 hypothesis that was looked at earlier with respect to  
11 analyzing the estrogen levels in patients and deciding  
12 there was no difference, the first part of my question  
13 relates to estrogen receptor analysis and was there  
14 any analysis done.

15 DR. MCGEE: Yes, there was. Now, I'm  
16 passing this question across to Dr. Huber not because  
17 I'm afraid to answer it, but when I did the analysis  
18 blinded originally, I looked at all of those slides  
19 which were provided to me, and there were only, in  
20 fact, two cases in there which actually did ER and PR.  
21 ER is the abbreviation for estrogen receptor, PR for  
22 progesterone receptor analysis by histochemistry.

23 However, Hoffman-LaRoche has gone into  
24 this a whole lot more carefully since then, and Dr.  
25 Huber has some data which I would like him to show

1       you.

2                   DR. HUBER:   Martin Huber.

3                   This data is not based on our own one  
4       analysis. This is based on the reports obtained from  
5       the sites that we were able to track down. So may I  
6       have the slide, please?

7                   And simply to show you, this is once again  
8       the same format. Patients here, orlistat 120,  
9       orlistat 60, placebo; day of diagnosis for reference,  
10      and what you can see here on the ER/PR status, we have  
11      -- it's kind of mixed, positive and negative.

12                  With regards to not known, it's important  
13      to note, for example, this patient here NM1430240,  
14      this was the patient that was the carcinoma in situ,  
15      and so there was not a sufficient sample to do the  
16      analysis. The remaining samples where it's not known  
17      are primarily, if you notice the little B here, those  
18      are the ones that come from Europe, and we've had less  
19      success, shall we say, in tracking down that  
20      information.

21                  To the best of our knowledge, this is all  
22      of the ER/PR data that we can find.

23                  DR. MCGEE:   And can I come in now?

24                  CHAIRMAN BONE:   Sure.

25                  DR. MCGEE:   I would just like to add a

1        rejoinder or to amplify that answer. From your accent  
2        you're obviously English, and we haven't met before.

3                    (Laughter.)

4                    DR. MCGEE: My accent is Scottish, by the  
5        way, which is north of the border from England.

6                    The question of ER and PR analysis.  
7        Although in the United States, and because of my  
8        involvement in breast cancer I visit quite frequently,  
9        it's almost done as a routine. Now, that is not the  
10       case in Europe. It is not through lack of effort that  
11       these pieces of data have not been available. It is  
12       that there are no guidelines even in the U.K. that you  
13       have to do PR and ER analysis.

14                   Until about a year ago when it was decided  
15       that cancer centers were going to be created all over  
16       the U.K., and one of the criteria in there was that  
17       you had to do ER and PR, although I have been  
18       campaigning for it for years; so it will now become  
19       available in every patient, but I'm trying to explain  
20       the reason for the unavailability of the data in some  
21       cases.

22                   CHAIRMAN BONE: All right.

23                   DR. ELLIS: Thank you. I just have one  
24       other question. It relates to stromal changes  
25       because, of course, there's a very interesting

1 observation in the rats with a decrease in the  
2 frequency of fibroadenomas. Did you see any stromal  
3 changes that you could in any way relate to orlistat  
4 treatment?

5 DR. McGEE: The answer to that question  
6 is, very briefly, no, not because I looked at the  
7 question trivially. I did not because as I said, when  
8 I went into this study, I went in blinded, and I had  
9 a protocol. I had a protocol sheet, and I had listed  
10 a whole lot of questions to which I was going to  
11 record the answer.

12 One was what did the stroma look like, so  
13 that I was recording every fact. There was no  
14 difference whatsoever in the stroma between the two,  
15 placebo and also the orlistat arm of the trial.

16 DR. ELLIS: Thank you.

17 DR. McGEE: I don't understand why the  
18 fibroadenomas have gone down, by the way.

19 CHAIRMAN BONE: Yes, Dr. Sherwin, did you  
20 have a question?

21 DR. SHERWIN: Yeah, two questions of  
22 information. The effect of estrogen on breast  
23 pathology in terms of cancer, is there any difference  
24 between lobular and ductile? In other words --

25 DR. McGEE: I think the question you're

1 asking me is does --

2 DR. SHERWIN: The propensity, the slight  
3 increase in risk associated with estrogen therapy.  
4 Does that increase --

5 DR. MCGEE: No.

6 DR. SHERWIN: -- the risk of which kind of  
7 cancer?

8 DR. MCGEE: No, it is not.

9 DR. SHERWIN: Okay. My second --

10 DR. MCGEE: Is the brief answer.

11 DR. SHERWIN: Okay. My second question is  
12 related to apoptosis. Your assay was tunnel assay  
13 or --

14 DR. MCGEE: Well, no. I'm glad you asked  
15 that question, and I truly am because the way I  
16 assessed apoptosis was not the tunnel assay. That's  
17 what I would like to have done. What I did do was to  
18 look, without going into morphologic criteria, but I  
19 will if you want, was to look for the usual  
20 morphologic criteria of apoptosis on an H&E section.

21 What that tends to do, of course, is it  
22 makes it a little more difficult to quantify, but not  
23 impossible, and what it will do versus the tunnel  
24 assay is to give you a lower number than you might  
25 have expected, but the ratio will still be the same.

1       Yeah.

2                   DR. SHERWIN:   Right, but --

3                   DR. MCGEE:   And the reason -- the reason  
4       for not doing the tunnel assay was that I could only  
5       be provided with the original slides from the primary  
6       diagnostic pathologist and not extra sections, which  
7       is something that I would have liked to have done and  
8       will do, in fact.

9                   DR. SHERWIN:   Would you agree that your  
10      power or ability to detect differences in apoptosis  
11      might be more limited compared to the stimulation  
12      assessment?

13                  DR. MCGEE:   Yeah.   Well, no.   It turns out  
14      that I actually know the man who discovered apoptosis,  
15      and his name is Care (phonetic).   He's an Australian,  
16      and a Scotsman called Andrew Wiley (phonetic).   The  
17      reason I mention that is when apoptosis was first  
18      described way back in the '70s when I was a boy  
19      professionally, I actually -- why are you laughing? --  
20      I wondered, you know, why they were interested in this  
21      because I thought, you know, this can't be an  
22      important issue because I didn't see it very often.

23                  But I then went back into the literature  
24      to see, in fact, why they had become interested in it,  
25      and they discovered it in basal cell cancers of the

1 skin. If you look at basal cell cancers of the  
2 skin -- after I saw this, I went back -- they are so  
3 easy to identify, but they had been called all sorts  
4 of things, as you probably know, like eosinophilic  
5 bodies, et cetera, et cetera, but they were proven, of  
6 course, to be apoptotic cells.

7 So they are actually very easy to see, but  
8 just to reiterate what I was saying earlier, the only  
9 difference between the standard methodology that they  
10 used when they discovered apoptosis in the '70s and  
11 the tunnel assay is that the tunnel assay might give  
12 you an absolutely higher number, and it might change  
13 the ratio a little bit, but I think it wouldn't change  
14 it greatly.

15 CHAIRMAN BONE: Dr. New.

16 DR. NEW: Could you tell me whether any of  
17 the patients were examined for the known breast cancer  
18 mutations?

19 DR. MCGEE: Now, someone else in the Roche  
20 team may be able to help on that, but I think that the  
21 point that you bring up is something that I regard as  
22 very important, and it's very important for the  
23 Committee to realize and also for the rest of the  
24 audience to realize, and this relates to a question  
25 that your Chairman asked earlier, namely, growth

1 suppressants or tumor suppressant compounds that  
2 might, in fact, be absorbed, is that what you should  
3 remember is that out there people who have breast  
4 cancer, only five percent of them at most, five  
5 percent can be accounted for by mutations in either  
6 BRCA 1, 2, the hypothetical 3 or 4 gene.

7 So the likelihood is out of 15 cancers  
8 that you've got in here, you're likely to see five  
9 percent. Now, that is not a roundabout way of me  
10 avoiding the answer. I'm just pointing that out for  
11 information.

12 But I'll pass over to Dr. Huber now  
13 because he may, in fact, have gone into this in more  
14 detail.

15 DR. NEW: Could you also tell me anything  
16 about the ethnic groups?

17 DR. HUBER: Okay. No specific information  
18 was available with regards to molecular markers. With  
19 regards to risk, the only thing we were able to  
20 capture, that was the risk factor information. That  
21 is actually available in the table on page 92, Table  
22 64, I believe, in the first volume of your briefing  
23 document. And if you want to go into detail, we can  
24 talk about that.

25 With regards to ethnic groups, I mean,



1 it's a European-U.S. population, and I think there  
2 were -- yeah, it was all white.

3 CHAIRMAN BONE: Other questions from the  
4 Committee? Yes, Dr. Siegel.

5 DR. SIEGEL: Two questions. Was there any  
6 abnormality at all in the surrounding tissue around  
7 these tumors that in some way distinguished the  
8 nonmalignant breast tissue from other nonmalignant  
9 breast tissue that you would see in breast cancer  
10 patients?

11 DR. MCGEE: None whatsoever.

12 DR. SIEGEL: Okay.

13 DR. MCGEE: And I should point out that if  
14 you go back on my bibliography and hit the Medline  
15 button, in 1975 or up until about 1975, my predominant  
16 interest, in fact, was collagen connective tissue and  
17 not molecular genetics, and in fact, that was one of  
18 the problems I looked at in breast, namely, why there  
19 was a difference in stroma in breast cancers. So that  
20 was something that I looked at very carefully for in  
21 the surrounding breast and didn't find it.

22 DR. SIEGEL: And the second question,  
23 which is the major thing that I've been thinking about  
24 all morning is that if this drug were in some  
25 unexplained way a promoter of breast cancer growth,

1 would not the data that you suggested, doubling time  
2 of 100 days, 150 days, 200 days -- you know, is that  
3 valid if we were in a situation where, you know, this  
4 drug were actually accelerating the growth?

5 I noticed that when you looked at tumor  
6 grades, I didn't remember any Grade 1s in the tumors  
7 that were seen in the study group. I mean overall  
8 it's not only more lobular than I would expect to see,  
9 but also, you know, overall higher tendency for high  
10 grade.

11 You know, could it be that the doubling  
12 times that you were using may be invalid if, indeed,  
13 this effect were occurring?

14 DR. McGEE: Yes, but I've done the  
15 doubling times with various variations, and you will  
16 find, in fact, in the volume under Wright -- I think  
17 it's Volume 2, but it's tagged in any case -- we give  
18 the confidence intervals because the calculations were  
19 done for a doubling time of 121 days, for the median  
20 doubling time in a normal -- when I say "normal," a  
21 non-exposed population to any known agent -- of 157  
22 days, and the other at 204 days.

23 And even if you go down to 121 days and  
24 assume that all of the ones, if you believed the  
25 enhancement hypothesis, and do the calculation of 121,

1 it still wouldn't explain it.

2 DR. SIEGEL: I mean, lobular cancers, in  
3 general, are less easily detected mammographically.

4 DR. MCGEE: Yes.

5 DR. SIEGEL: And, you know, is it the case  
6 here that perhaps with this, you know, there was a  
7 threshold effect, that the tumors were more easily  
8 picked up because they were lobular and because, you  
9 know, they were stimulated?

10 Again, I'm just asking that kind of  
11 question. The profile here is a little different than  
12 what I see and, I'm sure, what you see in the breast  
13 population.

14 DR. MCGEE: Yeah, I mean, I have to say  
15 that -- well, I'll take your question in two parts.  
16 First of all, the mammographic statement which you  
17 made. The mammographic statement is that lobular  
18 cancers are very much more difficult to detect  
19 radiologically than ductile cancers, and Dr. Feig,  
20 who's an expert, and I'm not, in mammography, can  
21 address this issue if he would care to add anything to  
22 that.

23 But I am not convinced that the apparent  
24 preponderance of lobular cancers in this first year  
25 are statistically meaningful. I think that that is

1 just pure chance, and I can offer no other explanation  
2 than that.

3 And maybe the epidemiologists here, the  
4 people who are very much better at numbers than I am,  
5 can do the statistical analysis on that this  
6 afternoon.

7 Dr. Feig, would you like to make some  
8 comment on mammography?

9 DR. FEIG: Well, with respect to lobular  
10 carcinoma in situ, LCIS, we really don't see it on  
11 mammography. When we see micro calcifications and  
12 they're biopsied and the pathology comes back lobular  
13 carcinoma in situ or lobular neoplasias, as we prefer  
14 the term, the calcifications are really not in the  
15 area of the cancer. They're adjacent to it, and LCIS  
16 is a fortuitous finding really.

17 With respect to invasive lobular  
18 carcinoma, it is more difficult to detect  
19 mammographically than invasive ductile carcinoma, and  
20 that's based on the pathologic pattern of growth. It  
21 doesn't distort the tissue as much. It doesn't create  
22 masses as much. It looks like vague densities that  
23 many in some cases resemble normal breast tissue.

24 CHAIRMAN BONE: Thank you.

25 I think next is Dr. Ellis and we'll go

1 around to anybody else.

2 DR. MCGEE: Can I just say one other thing  
3 about the lobular story and the question which has  
4 been put to me by two gentlemen about the  
5 preponderance?

6 I would actually like those people who are  
7 good at mathematics, better than I am, to do some sort  
8 of arithmetic.

9 DR. HIRSCH: It is highly significant I  
10 almost certainly believe.

11 DR. MCGEE: Well, I haven't done that.  
12 All that I would say is that looking at all of those  
13 lobular cancers from memory, and if you consult the  
14 very last page of my report, I think they were all  
15 either Grade 2 -- I don't think there was any Grade 3.  
16 In other words, there was no evidence that the  
17 proliferative rate in those cancers was stimulated.

18 You'll find it in the -- I think it's in  
19 the fifth column of the very last page of where McGee  
20 is tagged in Volume 2.

21 CHAIRMAN BONE: Right, and then we'll have  
22 Dr. Ellis' question.

23 DR. ELLIS: I guess this is more in the  
24 form of a hypothesis. Obviously women who lose  
25 weight, and who are treated with orlistat are losing

1 more weight than the placebo group, have changes in  
2 their breasts. First of all, the breasts do decrease  
3 in size, and that could lead to a preexisting palpable  
4 mass becoming more prominent because obviously adipose  
5 tissue will decrease relative to the breast mass.

6 And the other question -- now, that's sort  
7 of a self-evident thing. The second thing relates to  
8 mammography and whether weight loss could alter  
9 interpretation of mammograms or make breast masses  
10 become more prominent or easy to diagnose, perhaps  
11 particularly for this lobular subtype which is very  
12 difficult to diagnose on a mammograph and, indeed, by  
13 clinical palpation.

14 DR. MCGEE: Yeah. I would rightly say  
15 that because I'm not an epidemiologist, I couldn't  
16 explain the overall increase or apparent imbalance  
17 between the orlistat and the placebo end of the trial,  
18 and instinctively I thought about the hypothesis that  
19 you're putting forward.

20 The patients who are losing weight become  
21 more body conscious, become more health conscious, and  
22 you know, they admire themselves more, and without  
23 going into any more detail than that, I think, you  
24 know, that they would be more inclined to do self-  
25 palpation, et cetera.

1                   So that was my notion, but I was told by  
2                   the epidemiologists that that was foolish.

3                   However, I think on the second issue that  
4                   you mentioned, namely, would it be more easy to pick  
5                   these up in women who lost weight, Dr. Feig is much  
6                   more able to answer that than I.

7                   DR. FEIG:     Well, the answer to that  
8                   question is, yes, it certainly is possible because  
9                   with the weight loss, if you have a decrease in breast  
10                  volume, the breast could become more compressible, and  
11                  when the breast becomes more compressible, the breast  
12                  tissue can be placed closer to the film, and so you  
13                  have a sharper image.

14                  You also may have more contrast, the  
15                  image, because as the breast thickness decreases, it  
16                  will affect the scattering of radiation in the breast  
17                  itself that can be related to the contrast.     So  
18                  although there are no studies, you know, to back this  
19                  up, intuitively it does certainly make a lot of sense  
20                  that if breasts become more compressible due to weight  
21                  loss, that the image quality will improve and you may  
22                  be able to see mammographic lesions better.

23                  DR. ELLIS:   Thank you.

24                  CHAIRMAN BONE:   I think the question that  
25                  Dr. Hirsch was just raising was whether there was an

1 unusual degree of weight loss in these women in whom  
2 the breast malignancies were detected.

3 DR. HUBER: We looked at this, and if I  
4 can have the slide, please. This is, once again, the  
5 same format, the same patients, day of diagnosis.  
6 Now, this is their baseline BMI, and this is the  
7 weight change, and we notice we had several patients  
8 who do have extensive weight loss of approximately ten  
9 kilograms. We also had other patients who were, you  
10 know, minus two kilograms.

11 An important point to note, however, if  
12 you look at these two patients here in NM14302,  
13 Patients 2 and 3 on this list, you notice minus .1 and  
14 2.9. This study was actually a regain study. So  
15 these patients had actually lost substantially more  
16 weight prior. So this is based on strictly from the  
17 time they started orlistat. In fact, the patients  
18 over the preceding six months had also lost about  
19 eight to ten kilograms.

20 CHAIRMAN BONE: But presumably they have  
21 a control group.

22 PARTICIPANT: That's correct.

23 CHAIRMAN BONE: Yeah. It looks to me like  
24 there were only two patients there that had above  
25 average weight loss compared to the general orlistat



1 experience, and the rest actually had quite a bit  
2 smaller than your --

3 DR. HUBER: But like I said, this is  
4 kilograms, not percent.

5 CHAIRMAN BONE: Yes.

6 DR. HIRSCH: But the question though is  
7 the difference between the placebo and the other  
8 group, and there's no reason to believe that with a  
9 four percent difference in weight loss you're going to  
10 suddenly, you know, make things appear that weren't  
11 before. There's no evidence for that, nor is there  
12 any evidence that people are more health conscious or  
13 less, whatever, placebo versus treatment group. So I  
14 don't think any of that's right.

15 CHAIRMAN BONE: All right. Further  
16 questions related to these presentations?

17 I had one, and then we'll come back to Dr.  
18 Ellis.

19 This is for Dr. McGee, for Professor  
20 McGee.

21 You had discussed the heterogeneity of the  
22 lesions with respect to their grade, and I wondered if  
23 you were looking at the post menopausal women  
24 receiving estrogen replacement therapy, you'd expect  
25 to see after a period of time a modest, although not

1 a very large, increase in the risk of breast cancer.

2 Would these excess breast malignancies  
3 have any special pattern with regard to their grade?

4 DR. McGEE: The answer to that is no.  
5 That was a very hard answer for me to get because all  
6 of the work on HRT virtually is epidemiological, this  
7 1.3 relative risk increase, and about two weeks ago I  
8 must have spent at least half a day on the telephone  
9 calling up all of my colleagues who are best experts  
10 to tell me was there anything in the literature that  
11 I had missed in terms of what the cancers themselves  
12 and HRT showed or what the surrounding breast  
13 epithelium showed because that was one obvious thing  
14 that one should look at if you're looking at a known,  
15 quote, stimulate like HRT, what you would expect to  
16 find in the adjacent non-tumorous breast.

17 I eventually got to the bottom of it, and  
18 this publication is coming from the Patterson  
19 Institute in Manchester in the U.K. and will be  
20 published in the British Journal of Cancer by as far  
21 as I know next month.

22 But in summary, they did look at the  
23 epithelium in the breast and surrounding breast, and  
24 they didn't find any difference at all  
25 morphologically, but what they also did was they

1 quantified in a nice way the proliferation rates  
2 within the surrounding breast in these patients with  
3 tumors, and in the Key 67 index -- Key 67, for those  
4 of you who are not pathologists, Key 67 is a very good  
5 marker. In fact, it's the best marker currently  
6 available for cycling cells.

7 And they didn't do a trivial study. They  
8 did a very large number of patients, and they counted  
9 900 cells from every one of these patients, and the  
10 bottom line on that is that they only showed that  
11 there were 0.3 percent of cells cycling in these  
12 patients on HRT, and the premenopausal value is 0.5 to  
13 five percent, in spite of the fact that those women  
14 were on an HRT that had taken a level theoretically up  
15 to what it should have been premenopausally, and  
16 that's rather interesting in that we don't know why  
17 HRT has this 1.3 relative risk increase because it's  
18 certainly not reflected in the tumor type or in the  
19 adjacent epithelium, as you might have predicted.

20 CHAIRMAN BONE: Thank you very much.

21 Dr. Ellis.

22 DR. ELLIS: The question relates, I  
23 suppose, in response to Dr. Hirsch's point that  
24 there's no evidence for the hypothesis that weight  
25 loss might be associated with improvement in breast

1 cancer detection. I agree with his point, but, on the  
2 other hand, that might be data that's not so difficult  
3 to obtain.

4 My earlier point concerning breast  
5 morformitry (phonetic) or some information about  
6 changes in breast size in the trials might speak to  
7 that.

8 Also many of these women have received  
9 mammograms, and many of their mammograms were, of  
10 course, normal, but nonetheless, those mammograms  
11 could be examined blindly as to whether they were  
12 before or after a period of weight loss to see whether  
13 an experienced mammographer was able to tell which of  
14 the mammograms was taken after the period of weight  
15 loss. Those kind of things could be done.

16 CHAIRMAN BONE: All right. A final  
17 question or point from Dr. -- well, let's say Dr.  
18 Sherwin and then back to Dr. Hirsch, sticking again to  
19 Dr. McGee's presentation.

20 DR. SHERWIN: I may not be right because  
21 it's not my field, but I would expect an eight to ten  
22 pound weight loss in a 220 pound woman or a 200 pound  
23 woman as having a very modest effect on breast size  
24 and the amount of fat mass within the breast. Is  
25 there evidence that you would lose more breast mass

1       than in the rest of the body?

2                   DR. MCGEE:    I'm not the best person to  
3       answer that question.   I could do anecdotally by the  
4       response of my wife gave me, but I shall not tell you.

5                   CHAIRMAN BONE:  Right, okay.  Thank you.

6                   And Dr. Hirsch.

7                   DR. HIRSCH:   Yes.    You remind me of  
8       something now with all of this, and it's the following  
9       thing.  If there's 20 grams of loss of fat per day in  
10      the stool, the prediction would be that this is not a  
11      random group of fatty acids ingested, but is a  
12      selected group because we know that saturates, for  
13      example, tend to be excreted more than others.  There  
14      are cis-trans differences in fatty acids, et cetera.

15                  Now, the way to analyze whether this does  
16      or does not have an effect is to look at adipose  
17      tissue fatty acid analysis along this lengthy year or  
18      two study of those who were on placebo versus those  
19      who were on drug.  This would give an answer to that.

20                  Was that ever done?

21                  DR. MCGEE:    I would like to call Dr. --

22                  DR. HAUPTMAN:  You mean looking directly  
23      at adipose tissue?

24                  DR. HIRSCH:   That is correct.

25                  DR. HAUPTMAN:  We didn't measure adipose

1 tissue. We did measure some essential fatty acids in  
2 the serum, and we saw essentially no changes for omega  
3 6 and omega 3s. So over the long time of the study,  
4 we expect that we didn't see any of the changes in the  
5 serum. We didn't think we would see any things in the  
6 tissue.

7 DR. HIRSCH: The adipose tissue would be  
8 the only integrated marker that would cast light on  
9 this, I believe.

10 CHAIRMAN BONE: All right. Thank you.

11 If there's no further questions for  
12 Professor McGee, are we through then with the sponsor  
13 presentation?

14 DR. MCGEE: Thank you very much.

15 CHAIRMAN BONE: Thank you.

16 DR. HAUPTMAN: I will just close up very  
17 briefly.

18 When we originally had put it together, I  
19 said that we had seen a lot of data this morning, and  
20 I guess now afternoon, and I'll see what I can do to  
21 get everyone to lunch as soon as possible.

22 But we did see a lot of data today, and I  
23 would like to put it into perspective. There are  
24 three key points to be reconsidered: safety and  
25 tolerability, the conclusions related to breast

1 cancer, and the efficacy for both changes in body  
2 weight and improvements in risk factors.

3 When we look at the overall safety, we  
4 found the drug was generally well tolerated. We  
5 identified some effects on fat soluble vitamins, and  
6 as we said before, we believe patients taking orlistat  
7 should have fat soluble vitamins as part of their  
8 overall treatment.

9 But nothing in the nature of orlistat  
10 suggests any inherent potential to cause or enhance  
11 the development of breast cancer.

12 Orlistat works by partially inhibiting  
13 gastrointestinal lipases, thereby producing a modest  
14 increase in fecal fat, as we heard, 20 grams per day.  
15 There are no other pharmacologic effects of orlistat  
16 or its metabolites seen in a wide array of testing.  
17 There are no significant findings seen a broad,  
18 extensive array of toxicologic or carcinogenic  
19 testing. In man there is very minimal systemic  
20 absorption of the drug.

21 Regarding the unexpected imbalance as seen  
22 in the reporting of cases during this study, several  
23 lines of converging evidence have shown that the  
24 majority of the 11 patients who had breast cancer  
25 during the studies actually had it before ever being

1 randomized into the program, and that there is no  
2 causal association between orlistat administration and  
3 these events.

4 Why the 11 patients were not equally  
5 distributed among the different groups during the  
6 randomization process is not known, but what is known  
7 is that some of these patients were already in the  
8 process of having breast masses and abnormal  
9 mammograms worked up at the time they entered the  
10 study.

11 In addition, a thorough survey extending  
12 the observation on patients to an average of three and  
13 a half years shows that few cases other than those  
14 identified early in the study were seen. Two  
15 additional patients on placebo were identified, as  
16 were two on orlistat.

17 Because of the 90 percent response rate  
18 and the high rate of mammography in these patients  
19 during the post treatment period, it is likely that  
20 most new findings would have been identified.

21 After a very thorough and detailed  
22 evaluation of this problem, as we've discussed today,  
23 there is no plausible evidence of a biologic  
24 association. The most plausible explanation as to why  
25 more patients with breast cancer were randomized into



1 the 120 milligram dose group is that this is a chance  
2 finding. You can only conclude the findings are due  
3 to chance after other reasonable avenues of  
4 investigation have been explored and found lacking,  
5 which is what we believe we've done in the ten months  
6 that have occurred since the last Advisory Committee  
7 meeting.

8 In considering a possible direct effect of  
9 the drug as a cause, orlistat is, if anything, only  
10 minimally absorbed, and there is no evidence of  
11 accumulation of drug over two full years of dosing.

12 Also, looking at a known indirect of the  
13 drug, such as decreases in fat soluble vitamins as a  
14 possible cause, almost all patients with breast cancer  
15 had fat soluble vitamin levels that were consistently  
16 normal and, in fact, by the end of the study many of  
17 the patients' values were similar to the way they were  
18 before starting drug.

19 Regarding growth enhancement, all of the  
20 data that we have, both clinically and non-clinically,  
21 provide no evidence for growth stimulation with  
22 orlistat. If cancers were stimulated for any  
23 significant length of time by a drug, we would expect  
24 the increased finding of tumors for some time even  
25 after the drug was stopped. In fact, this did not

1 occur.

2 To implicate orlistat either directly or  
3 indirectly as cause of these findings based almost  
4 completely on the observation of events without  
5 considering any potential explanation for these events  
6 can produce a misleading conclusion.

7 It is clear nine events in the orlistat  
8 120 milligram group is greater than one event in the  
9 placebo group. No one argues that fact. We believe  
10 that these findings have a reasonable explanation  
11 which we have discussed openly and fully today.

12 Later today you'll be asked the following  
13 question: taking into consideration the overall  
14 benefits and risks of orlistat, including the  
15 increased incidence of breast cancer in the controlled  
16 clinical studies, do you recommend that the drug be  
17 approved for the treatment of obesity?

18 And we agree that during the clinical  
19 trials there were a greater number of breast cancers  
20 detected in orlistat patients, but the real question  
21 is: is there an increased risk for breast cancer with  
22 orlistat treatment? And the weight of all of the  
23 evidence clearly shows there is not an increased risk.

24 Most of the patients had breast cancer at  
25 the time they entered the study. Orlistat does not

1 cause or stimulate breast cancer. A thorough review  
2 of the data provides no plausible evidence of a  
3 biologic association with orlistat treatment.

4 And please consider the following when you  
5 discuss this matter: the opinions of well respected  
6 breast cancer experts that you have heard here today  
7 or you saw the reports in your briefing document,  
8 including experts referred to us by the FDA, are  
9 consistent in that they agree there is no causal  
10 association with orlistat treatment.

11 Briefly turning our attention to efficacy,  
12 patients treated with orlistat had a greater mean  
13 weight loss over time. Twice as many patients on  
14 orlistat reached the level of weight loss in which  
15 medical benefits begin. Patients with orlistat had  
16 diminished weight regain, and the drug was effective  
17 long term.

18 And the reason why there's no more data in  
19 the literature regarding long term benefits of weight  
20 loss is because up until now, with the single  
21 exception of surgical intervention, there has been no  
22 effective long term treatment available.

23 We showed you the results of four large,  
24 two year studies that were, again, consistent in their  
25 effect.

1           Regarding improvement of obesity related  
2 risk factors, such as cardiovascular disease profiles,  
3 the Lipid Research Clinic data show for every one  
4 percent decrease in cholesterol, there's a two percent  
5 decrease in cardiovascular risk.

6           To review our data, orlistat lowered LDL  
7 cholesterol by an additional eight to ten percent  
8 compared to the placebo group, and the LDL/HDL ratio  
9 decreased by 50 percent more than those patients in  
10 placebo.

11           The benefits of weight loss on lowering  
12 blood pressure are well known. Studies have shown  
13 that for every kilogram of body weight loss, there's  
14 a one to one and a half millimeter of mercury decrease  
15 in diastolic blood pressure.

16           In our studies, patients with preexisting  
17 diastolic hypertension at baseline who were treated  
18 with orlistat and lost weight had a decrease of eight  
19 millimeters of mercury. Some of that decrease  
20 obviously is due to the extra weight loss the patients  
21 had, but please remember two to three times more  
22 patients can achieve a medically acceptable amount of  
23 weight loss with orlistat.

24           We looked at overall effects on  
25 carbohydrate metabolism. Patients treated with

1 orlistat had significant improvements in glucose,  
2 insulin, and C peptide responses. Our data show that  
3 far more people who are obese and have impaired  
4 glucose tolerance normalized on orlistat compared to  
5 placebo, and far fewer patients who had impaired  
6 glucose tolerance went on to become diabetic than the  
7 placebo group.

8 Also, patients who were already known to  
9 be diabetic receiving oral hypoglycemic medication had  
10 decreased need for medication and improvements in  
11 overall diabetic control.

12 So what does all of this mean to a person  
13 with medically significant obesity? With the addition  
14 of orlistat as part of your therapy, a person with  
15 obesity will lose more weight and keep that weight off  
16 long term and will have lower obesity related risks.

17 As for the physician, orlistat provides an  
18 option for pharmacologic treatment that is not an  
19 anorectic, that does not work in the central nervous  
20 system, and has minimal systemic bioavailability, and  
21 importantly, has been evaluated in a large, at risk  
22 population for up to two years.

23 Orlistat is probably the most thoroughly  
24 and extensively studied and evaluated pharmacologic  
25 agent for the treatment of obesity. Nevertheless, as

1 part of an ongoing process that is similar to all new  
2 drugs, we have initiated and planned a large number of  
3 Phase 3(b) and Phase 4 studies to continue to evaluate  
4 all aspects of orlistat's efficacy and safety in over  
5 20,000 patients in well controlled and mostly double  
6 blind studies.

7 Based on all of the data that we've looked  
8 at this morning, considering the overall tolerability,  
9 the safety and efficacy, and safety, as well as  
10 efficacy, we can conclude the following: that when  
11 administered as part of an overall weight control  
12 program in patients with medically significant  
13 obesity, orlistat is generally well tolerated, has a  
14 good safety profile, and is effective in producing and  
15 maintaining clinically meaningful weight loss  
16 resulting in improvements in obesity related risk  
17 factors.

18 CHAIRMAN BONE: Thank you.

19 I take it that does then conclude the  
20 sponsor's presentation. Very well. I have 1:18, and  
21 I'm afraid we're going to have to resume at two  
22 o'clock with a very short lunch break.

23 (Whereupon, at 1:20 p.m., the meeting was  
24 recessed for lunch, to reconvene at 2:00 p.m., the  
25 same day.)

A-F-T-E-R-N-O-O-N S-E-S-S-I-O-N

(2:03 p.m.)

CHAIRMAN BONE: We are going to next have the presentations by the people from the Food and Drug Administration, and the first speaker will be -- let me just make sure we have everybody here that we need. Who are we missing from the -- I'm sorry. We do have one or two Committee members that are on their way, I'm quite sure. They'll probably be here in any minute, and I think considering this is a relatively short presentation, we'd like to make sure they're all here.

I'm sorry. I've got everybody sitting down in order a little head of time here because I didn't realize we had one or two people left to come, but it's good for us all to be in order. It will help our lunches to settle which we've ingested at an excessive rate.

Thank you.

(Whereupon, the foregoing matter went off the record at 2:05 p.m. and went back on the record at 2:06 p.m.)

CHAIRMAN BONE: I think everyone's here now for the Committee, except where is Dr. Siegel? Oh, right there. Very good.

1                   We will begin now with the presentation by  
2                   Dr. Stadel from the Food and Drug Administration.

3                   DR. STADEL:   If I could have the first  
4                   slide of the background, yeah.

5                   This issue came to our attention really in  
6                   the fall of 1996 when Dr. Colman noticed that there  
7                   was some excess in breast cancer when he was doing the  
8                   review and brought it to me, and we had some  
9                   discussions with the company.

10                  It was then gone over in an initial way at  
11                  the May Advisory Committee in '97, as was discussed,  
12                  and there was some concern expressed at the end by the  
13                  Committee about desirability of further data, and so  
14                  that has been done.

15                  You've heard much of it.   I will be  
16                  discussing our perspective of it.  If I might have the  
17                  next slide.

18                  This is just a brief reminder of the  
19                  nature of the data set.  There are a total of seven  
20                  trials, three one-year trials, two two-year trials,  
21                  and two two-year crossover studies with reassignment  
22                  of drug at the end of one year.

23                  There's then a space you see there at the  
24                  end of the trials.  There's then a substantial period  
25                  of time between the end of trials in early '96 and the



1 telephone survey of women over 45, which was carried  
2 out between July and October of '97. So there is a  
3 substantial follow-up time period that we'll be  
4 dealing with.

5 These trials were in both Europe and the  
6 United States, and they were all state-of-the-art,  
7 placebo controlled, double blind, and so forth.

8 Randomization was carried out in two  
9 strata, depending on how much weight the patients lost  
10 during the lead-in period, and in most of the studies  
11 this was a four to five-week lead-in period. In the  
12 one weight regain study it was a six-month lead-in  
13 period.

14 If we can go to the next slide, well,  
15 these are the data we've been concerned about. This  
16 covers the events that occurred on treatment during  
17 the trials. These were the initial data that we  
18 looked at, and which raised the concern. I'd like to  
19 speak briefly about these patients.

20 They were all Caucasian women who were  
21 over 45, 45 or older, at the time of randomization to  
22 drug or to placebo. This in and of itself is not at  
23 all surprising. Breast cancer is much more common in  
24 the peri and post menopausal years than in younger  
25 women, so that the fact that the issue arises there is

1 not at all surprising.

2 Their age range at diagnosis was 46 to 61  
3 years, which is commensurate with the population  
4 studied. Four of the 11 came from the randomization  
5 strata that had lost less than two kilograms, less  
6 than or equal to two kilograms, or in one study less  
7 than or equal to ten percent of initial weight, and  
8 seven came from the other strata.

9 I raise this simply in noting that they  
10 did not come from some particular part of the overall  
11 structure of the trials. That will be true in other  
12 ways, that is, that they permeate four of the seven  
13 trials, generally larger trials, so that the excess is  
14 scattered through the trial program and comes from  
15 both components of the randomization stratum.

16 If we can go to the next slide, this is  
17 what occurred while patients were on treatment. This  
18 is before the follow-up study and gives the time to  
19 diagnosis for the three groups. As you see, the  
20 placebo.

21 The 30 to 60 we combined because the  
22 groups were small and because there was only one case  
23 at these lower doses, which were also less effective  
24 for weight loss.

25 And then you have the comparison here.

1 The probability is a comparison of the 120 milligram  
2 three times a day dose to placebo, having a P value of  
3 .04.

4 A question was raised, I think a good one.  
5 A difficulty in interpreting these data that's been  
6 discussed a lot, so I'll interface with it now, is the  
7 issue of various ideas about plausibility of  
8 mechanisms. So one question I was asked is: well,  
9 what happens if you exclude the first 100 days? That  
10 would exclude the first two cases here. You would  
11 then have a P value of .15, and you would have an odds  
12 ratio of five and a half, with a lower bound of .84  
13 going up to 124.7.

14 So the direction would be the same, but,  
15 of course, if you exclude some of the data, the  
16 significance would go down. The pattern itself  
17 obviously visually does not change.

18 Now, having seen these data, there was a  
19 question, very important question. Well, this is what  
20 happened on treatment. So one question is: what  
21 happened among dropouts or withdrawals before the end  
22 of the time on trial? That's one question because it  
23 has to do with intent to treat analysis of the trial  
24 population.

25 A second question is: what happens in a

1 reasonable period of time after the trials are over?  
2 Is there catch-up? This would clearly greatly change  
3 the interpretation.

4 So after the trial time was over, as we've  
5 discussed earlier, in July through October of '97, an  
6 effort was made to contact the women who had been over  
7 45 at the time of randomization. Eighty-nine percent  
8 of the women were contacted with very, very close  
9 rates of contact across the different treatment arms.

10 So if we can now go to the next slide, we  
11 will see -- oops. I always miss this one. I'm sorry.  
12 Let's go ahead to the next slide and we'll come back  
13 to this one.

14 This is what you found in the follow-up  
15 period, that is, there was only the addition of two  
16 cases on drug and of one case that we have counted on  
17 placebo.

18 Now, a third case on placebo has been  
19 mentioned. However, it was reported spontaneously  
20 after the end of the period of the time when there was  
21 complete ascertainment of breast cancer across the  
22 follow-up study. So I would submit that it is just  
23 not appropriate for inclusion in analysis. You don't  
24 know what you would have learned from the other people  
25 had they been followed through. You might have found

1 other cases. So I have limited the analysis not to  
2 include that.

3 As you can see, whatever is going on here  
4 is dramatically something that goes on while the drug  
5 is being taken. It does not continue when people are  
6 off treatment.

7 Now, I do want to go back, if I might.  
8 This is our own dose response analysis that is based  
9 upon actual person-time. The preceding slides were  
10 based upon cases occurring in terms of the number of  
11 people randomized initially.

12 What this shows, I have actually used six  
13 groupings for the doses because we are dealing with a  
14 mixture of trials. There were two crossover trials.  
15 So what I've tried to do is to say, well, if one took  
16 -- how does one construct a hierarchy of doses?  
17 Clearly the top dose is that you were taking 120 all  
18 the time you were on drug, and there were 944 person-  
19 years in women over 45 at randomization who were  
20 taking 120, and they had an incidence in that period  
21 of 8.5 per 1,000.

22 Then there was one case diagnosed in the  
23 group that had been on 120 and was crossed over to 60.  
24 So I put it as the second strongest dose, that is, on  
25 60 at the time of diagnosis, but having had a prior

1 year's exposure to 120.

2 Well, that gives a rate of 20. Of course,  
3 it's based on one case, so the number itself is not  
4 very stable.

5 You then had 60 milligrams, and you had  
6 314 person-years on 60 milligrams with a rate of 3.2;  
7 81 person-years on 30 milligrams. There was only one  
8 study with the 30 milligram arm, and nothing there.

9 Then you had people who were on placebo,  
10 but had had a prior year's exposure to 120 in a  
11 crossover trial. They had no cases in 104 person-  
12 years, and then there's the straight placebo group.

13 When doses are ordered in this way and  
14 actual person-time on treatment is used, the P value  
15 of test of trend is .05.

16 Now, if we could go -- now, this again  
17 will just go over -- now, this brings us back to an  
18 overall statement based again now back on intent to  
19 treat status. This uses the drug that you were  
20 initially randomized to as the denominator, which as  
21 we've seen is actually very close approximation to  
22 person-time experience.

23 Since this has uniform follow-up for all  
24 arms, I think that using the simple intent to treat  
25 analysis is a conservative and appropriate way to

1 analyze the data. There's 88 to 89 percent follow-up  
2 across all of the arms through the entire period of  
3 time, including a long follow-up period after the  
4 studies were over in the beginning of '96 all the way  
5 through mid-'97, and we see a .04 P value for 120  
6 versus placebo.

7 Again, this would be reduced if one  
8 chooses to discount the initial cases, say, in the  
9 first 100 days, which I mentioned earlier what the  
10 effect of that discounting would be. It would be a  
11 very similar effect here.

12 So these are basic data. We will now get  
13 into possible explanations if we go to the next slide.  
14 Possible explanations I think include three:  
15 detection bias, chance, and causality.

16 Detection bias would occur under one of  
17 two circumstances. Either examinations were more  
18 frequent for the group on 120 compared to the other  
19 groups or at an equivalent rate of examination the  
20 probability of detection at any given examination was  
21 increased, and of course, both possibilities could  
22 commingle. I will address these to the best of my  
23 ability.

24 First, descriptively, of the nine women  
25 who were on drug while they were diagnosed, five were

1 routine mammography, that is, country specific  
2 mammographic protocols, and so on. One was a routine  
3 physical exam, and three were for biopsies of  
4 symptomatic breast masses. I don't know why the  
5 masses became symptomatic. That I'm not sure of from  
6 what I have distilled from the case reports.

7 In the one woman who was on 60 milligrams,  
8 her diagnosis began with an examination that was prior  
9 to an elective breast surgery. She was going to  
10 undergo breast reduction surgery and was picked up  
11 then, and in the one case diagnosed on placebo, it  
12 began with a routine mammography.

13 So there's a mixture of events. So I'm  
14 going to look now in some bit at the possibility that  
15 weight loss due to taking orlistat might have led to  
16 the earlier or to the more frequent diagnosis.

17 And if we could go to the next slide,  
18 this, to begin, gives the same actual slide that was  
19 shown by the sponsor. It's ordered to the left by the  
20 time between randomization and the proximate weighing,  
21 that is, usually the one just before, which is  
22 appropriate, just before diagnosis to give you the  
23 spread by time and to show the weight change from that  
24 baseline randomization time until that immediately  
25 before diagnosis and show the distribution for you for



1 the patients who were diagnosed on treatment for the  
2 11, and you can see the numbers there.

3 This, I think, shows up a little better on  
4 the next one which gives you a bar graph. This is for  
5 the group as a percent of weight change, percent  
6 change from baseline, and what you see is that there  
7 were two patients who had quite substantial weight  
8 loss. I suppose if more of them had been like that it  
9 would be easier for me to imagine that weight loss was  
10 responsible, but, in fact, the weight changes are  
11 quite modest.

12 You notice the weight change for the  
13 others, you know, are not very large. One of them is  
14 actually an increase. One is none at all, and then  
15 there are some small changes.

16 Another way to look at this is to look at  
17 each study, if we may go to the next slide, each study  
18 in which a breast cancer case was diagnosed and to  
19 look at the weight of that patient at the time of  
20 diagnosis, plot it against lines which show the mean  
21 weight for women over 45 at randomization. This is  
22 not the whole data set. This is the group we're  
23 concerned about.

24 And what we see here is in the first study  
25 we look at, the red is the placebo, and that one

1 actually had lost less weight than the average of the  
2 placebo group. The 60 milligram one over here on the  
3 left in yellow was actually on the mean line for the  
4 120 group, but notice it's before the lines have  
5 diverged hardly at all. There just isn't much  
6 difference.

7 And then the one other 120 in this slide  
8 is actually -- her weight at diagnosis was right on  
9 the mean for the placebo group. So that this is the  
10 first of the four studies.

11 Now we go to the next one. Here we only  
12 had one, and it's in the middle. You see? It's a  
13 little difficult. It's over on the right between 92  
14 and 104 weeks, and it's in the middle between the  
15 placebo mean and the orlistat mean.

16 And we go to the third slide. This is the  
17 one -- no, next one. Here we have one that's on the  
18 left, you know, is on the mean for the 120 group, one  
19 that's in the middle between the two, and then one  
20 that is down on the mean for the 120 group.

21 And we'll go on to the next one, and this  
22 is -- something is wrong here. Back up, please, one  
23 slide. We should have two cases that are below, and  
24 I think something's happened.

25 PARTICIPANT: It's the first one you

1       showed. Back up one more.

2               DR. STADEL: I'm sorry. I thought it was  
3       on this one. Let's go back to the first one, and  
4       we'll just quickly look through this. One more. Sure  
5       enough. I apologize for that.

6               Yeah, the two that -- you know, if you  
7       look way down here, the two that had lost a lot,  
8       they're way outside the group, and there one would  
9       have had more feel for plausibility. I got my  
10      attention drawn to the color scheme rather than the  
11      full number of Xes.

12              So if we can go quickly back then just  
13      through them and go right on to the end, to the last  
14      one of those. Yeah, back. Okay, and that's the  
15      weight regain study. That's why the weights are going  
16      up. Patients were on a six-month run-in and then were  
17      treated to see if you could retard weight regain, and  
18      there you see that the two cases are split between.

19              So from this I find it difficult to see  
20      that there is a pattern of weight loss that is  
21      plausibly connectable to the likelihood of diagnosis.

22              I would also point out that were detection  
23      bias the explanation, one might expect the rate in the  
24      placebo group to have caught up. There was a rather  
25      long follow-up period after the trials were over.

1           But let's go on with other detection bias  
2 possibilities. Now, in the telephone surveys that  
3 were conducted after the trials were over, the first  
4 survey was getting at that issue of whether there were  
5 excess cases, and in both the first wave and the  
6 second wave there were questions of mammography. I've  
7 brought those questions together here.

8           This one asks the woman -- now, this is  
9 interviewing her in July through October of '97 and  
10 asking her about the frequency of mammography in the  
11 five years before interview. So if you think back,  
12 that would cover pretty much the clinical trial  
13 interval.

14           So it would tell you what differences  
15 were, and if you look at the left-hand column, you see  
16 that those who reported that they had yearly  
17 mammograms, 37 percent of placebo; interestingly 64  
18 percent of the small, 30 milligram group that didn't  
19 have any cases diagnosed in it; 37 percent of the 60  
20 milligram group that had one case diagnosed in it; and  
21 46 percent in the 120.

22           Now, these differences are a little more  
23 apparent than real because I'll actually read a  
24 statement submitted by the company. "The apparent  
25 difference between the 30 milligram group and the

1 other treatments is due to the fact that the 30  
2 milligram dose was studied only in one of the studies,  
3 NM14302, the weight loss maintenance study.  
4 Controlling for study, there are no statistically  
5 significant differences between treatments."

6 And also if you look and you add together  
7 the percents for yearly versus every two years, you  
8 see that, in fact, 37 percent plus 26 gets you 63, and  
9 48 plus 21 gets you 67. So they get very close.

10 So that it does not look like there were  
11 large differences in the frequency of mammography  
12 while the women were on the trial to account for the  
13 magnitude of the difference in the frequency of breast  
14 cancer detected.

15 If we could go to the next slide, now this  
16 other question -- I will add a caveat to the previous.  
17 You're going to have to go back. The response rate to  
18 that question was between 73 and 78 percent across the  
19 treatments. So that's a fair number of women  
20 interviewed who didn't respond. So my conclusion is  
21 that within the restriction, there is some nonresponse  
22 to the question. There is nothing notable known about  
23 the nonresponse. That is, it does not appear to have  
24 been differential, to my knowledge.

25 If we go to this one, the response rate

1 here was pretty much like it was in the survey as a  
2 whole, that is, 87, 88, 89 percent. Actually it was  
3 by arm 89 percent, 87, 82, and 88, response rates to  
4 the questions among the women surveyed.

5 And you see here that since the end of the  
6 trials there were a very similar pattern to the other,  
7 that is, you had a slightly higher rate of mammography  
8 in the 30 milligram group, but it was a very small  
9 number of women, and otherwise, why, the rates are  
10 really quite close to one another.

11 Those are the points I want to make about  
12 the likelihood of detection bias. One is that I don't  
13 see anything in the weight loss of the women who  
14 received diagnoses of breast cancer which would  
15 support the idea that their weight loss led to an  
16 earlier detection, and I don't see anything in the  
17 frequency of mammography by treatment arm that would  
18 support any kind of selective increase in examinations  
19 by women in the 120 arm compared to the other arm.

20 Now, I would add a caveat. We do not have  
21 information on things like breast self-examination.  
22 I have no reason to postulate that it would be  
23 different. I'm just saying that I do not have data on  
24 it. I do not myself think it's very plausible that it  
25 would be different in a blinded trial. So anything's

1 possible.

2 The next slide goes to something that's  
3 been discussed earlier so I'm only going to need to  
4 mention briefly. I didn't put the whole list up. It  
5 was shown earlier by representatives from the company.  
6 I chose some variables simply to illustrate that  
7 randomization, in fact, did achieve a very, very good  
8 balance at baseline.

9 Now, I would think in that regard that it  
10 probably also achieved a good balance in women who  
11 might have had small breast tumors at the time of  
12 randomization. Women over 45, breast cancer is a  
13 common occurrence. I will show some numbers later on,  
14 how frequently it's diagnosed in the United States.  
15 So at any given time, a group of women who have not  
16 undergone mammographic screening for a study can be  
17 expected to have a distribution throughout that  
18 population of small breast lesions. The question is:  
19 why do they become diagnosed in one group and not in  
20 another?

21 So I'm certainly not disagreeing with the  
22 argument that's been made that something was present  
23 at the time of randomization. I think that's very  
24 plausible, and I think the question is why it wound up  
25 in one group compared to another.

1           The history of hormone replacement therapy  
2 here you see was raised as being a little higher than  
3 some people might expect. That leads into a comment  
4 that was related to a question Dr. Marcus had raised,  
5 and I will mention that it looks like the trial  
6 population was probably a little more medical care  
7 users than the national populations from which it was  
8 recruited.

9           In particular, one case of cancer was  
10 diagnosed on trial in the placebo group. One, point,  
11 six were expected from the national population. So  
12 the trial population was a little lower risk as a  
13 population, and I think the proper comparison there is  
14 to compare the placebo rate to the national rate, not  
15 to do relative risks that use national rates as the  
16 base. I think we're all in agreement that the right  
17 comparison is arm to arm.

18           Now, when you take the whole follow-up  
19 period in, we had two cases in the expected. On the  
20 national basis for the combined U.S. SEER and European  
21 IARC data was four, 4.26. So, again, I think it's not  
22 surprising that a group of women recruited to be in  
23 weight loss studies would probably come from parts of  
24 the population that were more likely to be screened in  
25 the past than average. So it's not surprising that



1 the rate of breast cancer in the placebo group was  
2 slightly lower than in the nations from which the  
3 groups were recruited. I think actually that that  
4 makes sense.

5 Okay. The next slide brings together our  
6 own computations, which is really a representation of  
7 one of the slides I show earlier. It is just a  
8 numeric closure, if you will, and it shows that over  
9 this entire period beginning with the beginning of the  
10 trials in 1992, the actual end of the trials in early  
11 '96, and then a full follow-up through the middle of  
12 '97 that you had 11 cases of breast cancer diagnosed  
13 in the high dose orlistat group, 120 milligram t.i.d.,  
14 and one case in the 30/60, and two in the placebo  
15 group, the one that was diagnosed on treatment and the  
16 one that was in a dropout off treatment.

17 Now, the test of trend here is using the  
18 intent to treat group. It's not person-time like the  
19 one I did myself with the six categories, but the  
20 answer is really not greatly different, and that is  
21 there's a small probability of it occurring by chance.  
22 The P value here is a little low because it's an  
23 intent to treat analysis rather than one that uses  
24 person-time, but I do not myself think that those  
25 small variations in how you compute the P values are

1 of enormous importance here.

2 The odds ratio for the primary comparison  
3 you can see there of 120 versus placebo has an odds of  
4 4.3. The way our statisticians computed the  
5 confidence interval has a lower interval of 1.1. That  
6 involves what's called a mid-peak correction which can  
7 be discussed with our statisticians if you wish, and  
8 a .05 P value.

9 So that brings together the main things  
10 that I have to say about the trial experience. I'm  
11 just looking through to see if there -- I think that's  
12 pretty much the main points that I have to make about  
13 the trial experience itself.

14 The last comments I wish to make have to  
15 do with -- well, let's go to the next slide, the  
16 conclusion slide, the anti-obesity drug use slide,  
17 yeah.

18 Now we will shift gears a little bit, and  
19 this is to try to get in perspective. Here we have  
20 these results from the clinical trial. They're  
21 unexpected. They haven't been replicated. The P  
22 values are not testing of a previously formulated  
23 hypothesis. They are this is what was observed. So  
24 it hasn't undergone the most rigorous test of all,  
25 which is replication. Does it repeat if you do a

1 similar scope of trial database, by far the best test  
2 of such a finding?

3 But I wanted to talk about what happens in  
4 the United States right now briefly. In 1997, there  
5 were about 18 million scripts written for weight loss  
6 drugs of one sort or another. Now, that included the  
7 peak and valley of the story in this country with  
8 phenfloramine and phentermine. The peak was in the  
9 summer and it began to fall off.

10 So it also means that some of these were  
11 two prescriptions per patient if they were on phen-  
12 phen. I don't know how many prescriptions per  
13 patient. So I'm not even going to try to say how many  
14 patients.

15 I cite it to point out that it was a large  
16 -- there was a large weight loss market. It peaked in  
17 the summer. You know, it's now dropped off. About a  
18 quarter of it was women over 45.

19 So there's a large population of potential  
20 people who might be exposed to a new weight loss  
21 product. That's really the only intent of this slide.

22 And the next one. The next one is to  
23 convey that in 1997, given the age distribution of  
24 women in this country at last year, the rate of breast  
25 cancer diagnosis under 20 to 44 -- you don't get

1 breast cancer diagnosed much under the age of 20 --  
2 was as you see one in 1,472, whereas over the age of  
3 40, 45 and over, one in 319 women in this country  
4 received a diagnosis of breast cancer.

5 So I think the purpose of putting it up is  
6 for you to imagine regardless of how you interpret  
7 what we do and do not know with the trial data, the  
8 potential intercept between the prescribing of a  
9 weight loss program and the receipt of a breast cancer  
10 diagnosis, I see this as a very difficult scenario  
11 from an FDA standpoint, and formerly being with the  
12 Epidemiology Branch at one time dealing with adverse  
13 event reports and so forth.

14 I wish to point out what the intercept  
15 might be when there is a question left nagging about  
16 a problem.

17 And then we'll go right to the end. So my  
18 conclusions, over the entire period one in 68 of the  
19 women originally randomized to 120 milligram t.i.d.,  
20 who were over 45, 45 or over, at the age of  
21 randomization received a diagnosis of breast cancer  
22 compared to one in 316 on the intermediate doses and  
23 one in 234 on the placebo.

24 The last slide. We went through detection  
25 bias. I do not see any evidence for detection bias,

1 and I see some substantial amount of evidence which I  
2 consider to weigh against detection bias.

3 Chance is a possibility of course. The  
4 finding has not been independently replicated. Our  
5 calculations of the statistics give a bit narrower  
6 window to chance than the calculations previously  
7 presented, but I think we could all agree that it's  
8 out in the realm somewhere out here that this says,  
9 well, maybe that's chance and maybe it isn't.

10 If it isn't, what is it? Well, we don't  
11 know. There has been some discussion earlier about  
12 the pathology, about possible biological mechanisms,  
13 and I think that these are appropriate discussions.  
14 I do not have any immediate answer to them.

15 I do not know what accounts for the  
16 finding of the trial, but I know that I can't discount  
17 it. I've looked through the possible explanations.  
18 I do think that the data are consistent with the  
19 possibility that something is stimulating a rapid  
20 increase in the size of a lump which is making it  
21 diagnosable while the people are on drug and that  
22 whatever that is goes away promptly.

23 That is speculation. I'm simply  
24 describing to you what I see in the data because I  
25 cannot explain it on the basis of detection bias, and

1 other than that, maybe it's chance.

2 thank you.

3 CHAIRMAN BONE: Thank you, Dr. Stadel.

4 I think there may be some questions from  
5 members of the Committee for Dr. Stadel. Dr. Marcus.

6 DR. MARCUS: Thank you.

7 That was the usual lucid presentation that  
8 I've heard from you over the years, and I really enjoy  
9 them and benefit from them. I appreciate that.

10 I've tried to ask this earlier, and the  
11 answer I've gotten hasn't satisfied me. Perhaps you  
12 can do it.

13 DR. STADEL: I'll try again.

14 DR. MARCUS: My understanding is that  
15 there is a linear significant relationship between  
16 incidence of breast cancer in years post menopause in  
17 this country. That is, as you start on average age 50  
18 and you go to page 51, 52, and up, the incidence of  
19 breast cancer rises progressively.

20 DR. STADEL: It does rise, not linear, but  
21 it does rise progressively.

22 DR. MARCUS: Okay. The women in this  
23 trial -- and I certainly accept and understand fully  
24 that for determining relative risk, the important  
25 comparison is within the arms of the trial among each

1 other and to placebo. That is not what I'm getting  
2 at.

3 The attributable risk, that is to say, the  
4 number of cancers that you might then be able to  
5 calculate would exist in society if given a given  
6 relative risk, is critically dependent on what the  
7 background incidence of cancer is, which may be higher  
8 in this overall study group simply because they were  
9 on average five years post menopause, not actually  
10 just verging on menopause, which is because of their  
11 apparently early menopause.

12 DR. STADEL: Yes, I'll try. I think I can  
13 answer. Two comments.

14 One is actually the average age at natural  
15 menopause in the United States when it was last  
16 measured was about 50, but you have to add to that the  
17 effect of artificial menopause, which has increased in  
18 the recent decades, so that the average age at  
19 menopause has to factor those two.

20 I have not in this trial population  
21 calculated the average age at natural menopause among  
22 those women not having had a surgical menopause. I  
23 don't have any reason to believe it's unusual.

24 DR. MARCUS: I see.

25 DR. STADEL: My guess is that the numbers

1       you're seeing represent the mixture of surgical  
2       procedures with naturally occurring menopause.

3               I see heads nodding here. So I don't  
4       think there's any disagreement that that's likely.

5               DR. MARCUS: That's a very good point, and  
6       I thank you for that.

7               DR. STADEL: The next point is that I did  
8       try to address earlier and has to do with what is the  
9       relationship of the occurrence or the diagnosis of  
10      breast cancer in this clinical trial population to the  
11      rate of diagnosis of breast cancer in the United  
12      States as a whole. Well, actually since the trial was  
13      done in the U.S. and Europe, what they did -- and that  
14      part was very helpful. Table 4 and 5 in Volume 3 of  
15      your submission I think may be of help here. I  
16      believe those are the right ones. Yeah, I pulled them  
17      out, yes.

18              If you look at especially Table 5 because  
19      it subsumes the whole story, Table 5 tells you, if you  
20      look at the line for placebo that's on page 101, and  
21      if you look at the line in Table 5 where it says  
22      placebo, it gives you the expected number of breast  
23      cancer cases in the placebo arm of the trial for women  
24      starting at 45 to 49 because they were 45 at  
25      randomization, and going across the age groups and



1       then accumulating them.

2               Then you're saying if you had taken a  
3       random sample of women from the United States, which  
4       is covered by the SEER system -- at least a portion of  
5       the U.S. is covered by the SEER system actually -- and  
6       the parts of Europe covered by the International  
7       Agency for Research on Cancer, that if you had taken  
8       an equal number of women randomly and followed them  
9       for the duration of the clinical trial plus the  
10      follow-up through mid-'97, you would expect that four  
11      of them would have received a diagnosis of breast  
12      cancer instead of the two that received a diagnosis.

13              I view that as saying that there's not a  
14      great difference between the trial population and the  
15      national populations. I mean if it had been ten, then  
16      there would have been a much higher risk or if it had  
17      been none you wouldn't know, but, in fact, to get two  
18      when the expected is four is not terribly different.

19              And I think what that tells you if you  
20      look actually at the structure of these trials, multi-  
21      center, they were very well designed to be  
22      representative trials to try to look at the effect of  
23      weight loss drugs in a large, appropriate population,  
24      I think, and consequently their breast cancer  
25      experience in the placebo group is not greatly

1 different than that of women. It's a little lower in  
2 the trial than it is in the population.

3 So I think that gives you a frame of  
4 reference. It says the trial population was a little  
5 lower risk, probably a little more medicalized. They  
6 may go to the doctor more often. So some cases  
7 identified; so the population as a whole, a little  
8 lower risk, but not greatly different.

9 DR. MARCUS: Thank you.

10 Just to think of the logistics of trying  
11 to take a next step, if one wants to really nail down  
12 what the result of putting people on this medication,  
13 women over the age of 45, by an independently  
14 designed, prospective trial, you'd have to ask  
15 yourself what percentage increase would you want to  
16 detect to be able to make the power. If you wanted to  
17 see a 500 percent increase, then you have fewer people  
18 than if you wanted to see a ten percent increase.

19 So let me just assume since the public is  
20 certainly interested to know about the small increase  
21 that is attributed to estrogen, which we seem by  
22 consensus here to have adopted as a 30 percent  
23 increase, there are four million women about who are  
24 above 45 who received an anti-obesity drug last year,  
25 and that would have led to 13,000 cases of breast

1 cancer, given the table.

2 How feasible is it to design a trial? How  
3 many people would be involved? How many years would  
4 be necessary to demonstrate a 30 percent increase in  
5 breast cancer?

6 DR. STADEL: I will address what I think  
7 are some of the constraints that would be involved.  
8 I do not have the actual power calculations available,  
9 but I think it would be helpful.

10 First, given these findings, if one set  
11 out to say, well, we're going to do a trial and we  
12 want to find out if there's an increase in breast  
13 cancer, given what you already know, you would have to  
14 include a screening mammogram at baseline and exclude  
15 from study those people with any evidence of small  
16 tumors because of the possibility raised by these data  
17 that the drug is somehow accelerating such.

18 Now, that means that their expected rate  
19 of diagnosis would be, over the next year or two,  
20 would be much lower than it is here because you'd have  
21 screened out the people with smoldering, if you will,  
22 small foci of abnormality that might or might not grow  
23 onward, you know, to become diagnosed.

24 So we have raised this issue. So the  
25 first constraint is that you would have to base the

1 power calculation on the rate of diagnosis subsequent  
2 to a baseline screen from an area where you were  
3 planning to do the trial, and you'd have to have an  
4 area that had a large enough mammographic screening  
5 program that would make it possible to say, well,  
6 okay, here is a group of screened women. We know what  
7 to expect.

8 Then one would have to calculate the  
9 sample size on that basis, and that's not something I  
10 can do without knowing actually where it would be  
11 done, you know.

12 DR. MARCUS: Can you give me a ball park  
13 -- this is my last -- can you give me a ball park  
14 estimate of whether you think that this really is the  
15 kind of question that can come out only in a post  
16 marketing, intensive surveillance as opposed to  
17 actually being determined by a prospective clinical  
18 trial?

19 DR. STADEL: I would hesitate to give an  
20 answer. I really apologize. I would hesitate to give  
21 a sort of yes or no answer to that. I'd have to see  
22 what resources were available, see the power  
23 calculations, all actually laid out, you know, what  
24 was logistically feasible to do before.

25 I'd also mention that one of the things

1       that's been raised in general discussions about this,  
2       is to say, look, if you design a trial and we're doing  
3       this trial to find out whether this drug increases  
4       breast cancer, that you can't do that.

5                You would have to then do it in a  
6       population where you could reasonably say that with  
7       the baseline screen -- now, suppose you took a group  
8       of people who have a medical disorder for whom it is  
9       known that weight loss actually improves health  
10      outcome, as opposed to the large body of weight loss,  
11      which the best available data we have says that weight  
12      loss in people who do not have established illnesses,  
13      hypertension or Type 2 diabetes, doesn't seem to have  
14      much impact on mortality, but does have an impact --  
15      intentional weight loss -- in what data we have  
16      available when the person has hypertension or diabetes  
17      mellitus or -- those are really the two large groups.

18               So that if one said, well, look, if I  
19      could find a large enough -- a place where I could do,  
20      say, a large study, there you could justify it because  
21      you'd say, look, we're going to -- we know that weight  
22      loss benefits you.     You'll reduce the load of  
23      medications, reduce risk rising, and if you have a  
24      baseline screen, and if we have a rule that says if we  
25      reach a set level of increase that we would stop;

1 under those circumstances, I don't foresee myself that  
2 there would be any ethical dilemma.

3 But all of those constraints come into  
4 play before the power calculations and feasibility  
5 that you're asking for could be worked out, and that's  
6 why I must say I don't feel I could give an answer in  
7 terms of numbers.

8 CHAIRMAN BONE: Obviously one of the  
9 major, perhaps the dominant point would be what  
10 magnitude of increased risk you were trying to detect.  
11 At 30 percent versus 100 percent or something like  
12 that would make a huge difference in what you --

13 DR. STADEL: And, you know, usually as a  
14 practical matter when one gets down to doing it, what  
15 you do is plot a series of power curves that show the  
16 tradeoff between size and detectability, and then  
17 someone would have to pass judgment on what was  
18 acceptable.

19 And, again, what was acceptable is a  
20 level, is a measure of uncertainty, you know, what the  
21 limits were, would depend on what the benefit-risk  
22 tradeoff overall was for the group of people. If they  
23 were people who had a substantial illness profile,  
24 then you would tolerate more, and so forth, and it  
25 would have to be calculated in that way.

1 CHAIRMAN BONE: Thank you for that  
2 discussion, Dr. Stadel.

3 Dr. Critchlow.

4 DR. CRITCHLOW: One thing that I'm trying  
5 to reconcile is given the mammographic screening  
6 coverage, I mean, about 85 percent of the women in the  
7 trial had at least one mammogram in the previous five  
8 years, and given the conclusions reached by the  
9 pathologists that most of these tumors were present  
10 for quite some time, why do you think these weren't  
11 picked up?

12 DR. STADEL: Well, now, wait a minute.  
13 The give years is five years prior to July to October  
14 1997. It's not at baseline, at randomization or prior  
15 to that.

16 So I don't know what their history was  
17 actually, say, in the year --

18 DR. CRITCHLOW: So that was just prior to  
19 the '97, and the first trial was in '92?

20 DR. STADEL: The first trial started in  
21 the beginning in '92. We could put that slide back up  
22 here.

23 DR. CRITCHLOW: One and two were '92, and  
24 the rest of them were '93, four.

25 DR. STADEL: '92 and '93, yeah.

1 DR. CRITCHLOW: Somewhere in there.

2 DR. STADEL: And then you're asked in the  
3 past five years.

4 DR. CRITCHLOW: So most of those then --  
5 that question really was directed at or it essentially  
6 covered post enrollment in the studies probably.

7 PARTICIPANT: We do have specific  
8 information on these cases if you want that.

9 DR. STADEL: Yeah, okay.

10 CHAIRMAN BONE: On the cases. The comment  
11 was that the sponsor has information on the individual  
12 cases about what screening they'd had beforehand, but  
13 not for the trial as a whole, I presume.

14 DR. STADEL: Yeah, it's the trial  
15 population. You know, it's --

16 DR. CRITCHLOW: There's no information on  
17 that.

18 DR. STADEL: It's interesting actually.  
19 As you say it, you know, you have this '92, '93 and  
20 you're saying back to five years for interval did you  
21 have them annually. I guess all I can say is --

22 DR. CRITCHLOW: I mean it was every year  
23 for some and another third were every two years, and  
24 other ones were --

25 DR. STADEL: Yeah, is that, one, only a



1       portion of them said that they had had them every  
2       year.

3               DR. CRITCHLOW:   Right.   It was like 25  
4       percent.

5               DR. STADEL:    Two, you're dealing with  
6       interview information as opposed to actually dealing  
7       with baseline mammograms, and that's about the best I  
8       know.

9               I think you raise an interesting point,  
10       but the quality of the data is not as intense as if  
11       you had baseline screens.

12              CHAIRMAN BONE:   All right.   Let's see.  
13       Dr. Molitch.

14              DR. MOLITCH:    Just trying to get at this  
15       question of detection and ascertainment bias and the  
16       possibility that there might be a difference with  
17       weight loss, et cetera, and many of the mammograms  
18       that are done are not done because something is felt,  
19       but because they are just sort of routine annual  
20       mammograms or screening mammograms.

21              And I was wondering if -- and so that  
22       might dilute things out perhaps -- I was wondering if  
23       there were any data that the sponsor has or if you, in  
24       looking at the data, were able to find out how many  
25       actual breast biopsies were done that were either

1 benign or malignant and were those different between  
2 the two groups.

3 DR. STADEL: We do have actually in that  
4 interview survey -- was a question, and maybe we  
5 should try to bring that. I can read it to you. That  
6 is covered though, yeah.

7 Now, this, again, is in '97 okay. '97  
8 women are asked have you had a breast biopsy, and --

9 MR. MOLITCH: Wasn't that only in response  
10 to the mammogram question?

11 DR. STADEL: No.

12 DR. MOLITCH: Okay.

13 DR. STADEL: This is in the frequency of  
14 breast cancer risk factors part.

15 DR. MOLITCH: Right.

16 DR. STADEL: Yeah, right. Now, in the 120  
17 milligram group, 18 percent said they had a history of  
18 breast biopsy. That doesn't tell you when it  
19 occurred.

20 DR. MOLITCH: Right.

21 DR. STADEL: Sixteen --

22 DR. MOLITCH: Not subsequent to starting  
23 this study?

24 DR. STADEL: No. You see, it's a question  
25 that simply was -- it's an effort to get at whether

1       there was any difference in risk factors, you know.  
2       It's not what you want, I'm afraid.

3               I don't think there is trial specific  
4       surveillance that tells you by arm what the -- how  
5       many women --

6               CHAIRMAN BONE:   Those data should be  
7       available at least as raw data because that would be  
8       considered an adverse experience and would be  
9       recorded.

10              DR. STADEL:  Well, unless it was performed  
11      off protocol.   I mean, if it was performed off  
12      protocol, it may or may not have gotten noted.   I  
13      don't see that there was any --

14              CHAIRMAN BONE:  But during the study --

15              DR. STADEL:  Okay, okay.

16              CHAIRMAN BONE:  -- on protocol, they  
17      probably should have that at least for the on protocol  
18      time.

19              DR. STADEL:  Yeah.

20              CHAIRMAN BONE:  All right?

21              DR. STADEL:  Because as I understand for  
22      the reporting of mammography is pretty much catch as  
23      catch can.  If women had a country specific mammogram,  
24      those were recorded for cases.  They're in the case  
25      histories where they had them, but they wouldn't have

1       been recorded in the protocol, would they, routinely  
2       as part of the medical update history for all women in  
3       the study?

4                   I mean, maybe they are. That just wasn't  
5       my understanding, is that one would not have -- there  
6       was not a question that said each time the woman came  
7       in, "Have you had a mammogram in the past since we  
8       last saw you?"

9                   CHAIRMAN BONE: You would be more likely  
10      to have the biopsies.

11                  DR. STADEL: Okay, and if they have that,  
12      yeah.

13                  CHAIRMAN BONE: All right. Let's go on  
14      then to other questions. Dr. Cara had a question for  
15      Dr. Stadel concerning his presentation.

16                  DR. CARA: A lot of what people have said  
17      in terms of trying to explain this occurrence of an  
18      increased incidence of breast cancer is that it's  
19      happening by chance. I'm trying to figure out whether  
20      or not we can use the odds ratio to tell us what it is  
21      or what is the chance of this actually happening by  
22      chance.

23                  DR. STADEL: Well, actually if you want to  
24      know the chance per se, use the P value. How many  
25      times in 100 would this occur as a fluke? Our P

1 values are generally -- in the dose response analysis,  
2 it was .02. In the intend to treat analysis, .04. If  
3 you discard the first two cases it goes up to .15, and  
4 so forth.

5 DR. CARA: Okay, but what that's telling  
6 you is that there's a greater than 95 -- well,  
7 whatever that would be. I mean .02 would be 98  
8 percent chance that it's --

9 DR. STADEL: Not due to chance. Yeah, in  
10 that analysis, yes. The .02, and I think the dose  
11 response on actual person-time on drug myself is the  
12 most information specific analysis I did. There, in  
13 that particular one, it's .05. The dose response by  
14 intent to treat status over the entire period was .02.

15 I think so you're dealing somewhere in  
16 that range. You're dealing with a relatively small  
17 likelihood of those findings simply occurring as a  
18 random phenomenon.

19 CHAIRMAN BONE: Let's see. We had a  
20 question or comment from Dr. Simon.

21 DR. SIMON: It's not really a question.  
22 It's just a comment on the last question.

23 I guess my own view -- I don't know that  
24 this is the time to -- I think I'll explain it  
25 later -- is that the P value is not the proper way to

1 interpret this body of data because there are several  
2 important factors that it doesn't take into account.  
3 I'll go into that a little bit later.

4 CHAIRMAN BONE: Maybe that's best covered  
5 in the discussion.

6 DR. SIMON: Yeah.

7 CHAIRMAN BONE: Let's finish up with  
8 questions regarding Dr. Stadel's presentation and then  
9 we can go on to Dr. Colman.

10 Others?

11 (No response.)

12 CHAIRMAN BONE: Fine. Thank you very  
13 much, Dr. Stadel.

14 DR. STADEL: Thank you.

15 CHAIRMAN BONE: Next will be the final --  
16 I'm sorry? -- yes, the concluding remarks, I guess, by  
17 Dr. Colman are scheduled.

18 DR. COLMAN: Yes. I think in the interest  
19 of time because Dr. Stadel summed things up so well  
20 I'll just make a brief comment.

21 There's certainly been a lot of discussion  
22 about the causal relationship between the drug and the  
23 breast cancer and certainly a hesitancy to accept that  
24 causal relationship because of the lack of biological  
25 plausibility, and it just reminds me of a similar

1 situation I just want to mention.

2 You know, if 25 years ago I were to tell  
3 you that a bacteria caused ulcers, you would laugh me  
4 out of the room. So I think we need to be a little  
5 careful before we discount a relationship simply  
6 because we don't at this time have a mechanism to  
7 explain it.

8 CHAIRMAN BONE: Thank you, Dr. Colman.

9 I think now would be an appropriate time  
10 for general discussion by the members of the Committee  
11 and our guests.

12 We have, as you know, three invited  
13 guests, one from the Oncology Committee and two other  
14 invited guest experts, and I think perhaps we'd start  
15 with their comments and then come to the other members  
16 of the Committee, and we may as well start with Dr.  
17 Simon who appears eager to begin the discussion.

18 DR. SIMON: Well, I mean, I think actually  
19 this application illustrates why P values are not  
20 really the proper way and the whole answer in terms of  
21 interpreting this body of data, and it's really  
22 because there are two factors that they don't consider  
23 -- it doesn't consider.

24 One is in any sort of a quantitative  
25 analysis of this data, we have to take into account

1 that a priori this finding was unexpected. It was not  
2 like we were starting out on a clinical trial to see  
3 whether the treatment was effective for weight loss.  
4 That's not the endpoint we're looking at here.

5 And in terms of assessing whether we, at  
6 the end, whether we believed that the study drug  
7 causes an increase in breast cancer, in assessing that  
8 we need to take into account that a priori the finding  
9 was not expected. That's not to say biological  
10 mechanism, but a priori however you look at it there  
11 could be some mechanism. We don't know what it is.  
12 It was not an expected finding.

13 The second thing I think we need to take  
14 into account is that the statistical power for finding  
15 this result was lousy, and when you consider the size  
16 of the effect that was found for breast cancer, if you  
17 were going to go about planning a trial to detect that  
18 size of effect, you would have had to plan a much  
19 larger trial, and that needs to play a role in the  
20 quantitative assessment of what we believe about the  
21 result.

22 And the third factor that I think needs to  
23 be taken into account is that in the P value itself  
24 there is some uncertainty as to what we would all feel  
25 comfortable with a P value. There was one case that



1 was not cancer, and there's two cases that were  
2 detected very early after randomization, and so the P  
3 value, however we calculate it, may be somewhere  
4 between .05 and .15, but exactly what it is, you know,  
5 is subjective.

6 So you can actually calculate using your  
7 prior probability that you believe -- that you  
8 expected an effect, say, of a relative risk of at  
9 least three for breast cancer at the outset, and if I  
10 said that a priori I think there's one chance in 100  
11 that the relative risk for breast cancer will be three  
12 or more, and if I take into consideration the fact  
13 that the power for detecting an effect of this size is  
14 probably about 30 or 40 percent, and if I use the fact  
15 that if the P value maybe is .10, something like that,  
16 or .15, in that range, then my probability after  
17 seeing the data, after seeing this P value, my  
18 posterior probability of a relative risk -- that this  
19 drug causes a relative risk of breast cancer of at  
20 least three is only about four or five percent.

21 So finding a P value of .05 to .15 on a  
22 very unexpected endpoint with very poor power is very  
23 weak evidence that there's any real risk of breast  
24 cancer here.

25 CHAIRMAN BONE: Well, let's just have the

1 others. Dr. Siegel?

2 DR. SIEGEL: Can I just ask some  
3 questions?

4 First of all, these trials with the study  
5 drug were for one year or for two years. When you're  
6 talking about making this available to the public, is  
7 this a drug that will be used indefinitely? It will  
8 be used for a year or two years?

9 DR. HAUPTMAN: We studied it for two years  
10 -- John Hauptman -- we studied it for two years to  
11 give the practicing physician the ability to treat  
12 patients for up to two years based on the safety that  
13 was established, but the individual length of time  
14 that an individual would be on the drug is a decision  
15 between the doctor and the physician (sic), and we  
16 just provided the criteria that you need to make a  
17 decision of how long you wanted to treat the patient.

18 CHAIRMAN BONE: Dr. Siegel, maybe I can  
19 help you to understand this. Until fairly recently  
20 anorectic agents were approved only for short term  
21 use, and under the new guidance, which includes not  
22 only anorectic agents but, for example, this agent,  
23 the practical period of use contemplated is  
24 essentially indefinite. This is for long term use,  
25 would be the registration.

1 DR. SIEGEL: Because where I'm coming from  
2 with this is that, you know, I don't know. I don't  
3 think that we've proven that there's a problem, but I  
4 don't think we've disproven that there's a problem,  
5 and that's kind of where I'm coming from.

6 When we make analogies to the use of  
7 estrogen replacement or we're talking about people who  
8 are on for years, and in fact the people that develop  
9 the -- if they do develop a higher risk of breast  
10 cancer, it's after ten years of use, and here we're  
11 talking about after a year or two. So that's part of,  
12 you know, the thing I'm trying to resolve, and maybe  
13 if you want to comment on that.

14 DR. HAUPTMAN: Yeah, the comment is that  
15 in terms of the length of time of use, that it only  
16 should be used if it's being effective so that there's  
17 benefit for the patient over the long term. If the  
18 patient regains their weight or doesn't lose weight,  
19 there's clearly no benefit, and that patient should  
20 stop the drug at that time.

21 So any extended use would be for patients  
22 that have extended benefit.

23 DR. SIEGEL: If I could ask Dr. Feig, one  
24 question is that you, in your section of the volumes,  
25 had mentioned that there were a number of these, I

1 think, either four or five that were, you know,  
2 retrospectively viewed to be present before the drug  
3 was ever started, and what wasn't clear in reading  
4 your section was whether you had correlated -- whether  
5 the abnormalities that you were seeing on the  
6 mammogram actually were the cancers that were resected  
7 because what you can do as a mammographer is identify  
8 abnormalities. The diagnoses are made pathologically,  
9 and you know, just in my own experience in treating a  
10 fair number of breast cancer patients, it turns out  
11 that sometimes they don't always correlate. There may  
12 be a mammographic abnormality that wasn't that.

13 That's something that's important in  
14 trying to interpret the data.

15 DR. FEIG: Yes. Well, going through my  
16 report here, the mammographic findings were fairly  
17 firm in that one case, there was speculation that was  
18 seen retrospectively, and the cancer was a spiculated  
19 carcinoma. So in that case and in others, for  
20 instance, it wasn't just an island of asymmetric  
21 tissue in which a cancer subsequently developed. The  
22 cancer could be seen actually in retrospect.

23 The second case were clustered micro  
24 calcifications and then a soft tissue density  
25 developed around them. So I think that's likely, but

1 it's not as strong as the first case.

2 The third case a spiculated nodule that  
3 then developed into a spiculated carcinoma, and that  
4 was also -- the fourth case was the same thing. So  
5 this was not a case where, say, you had a benign mass,  
6 such as a fibroid, and a carcinoma developed in it  
7 that wasn't really related to it, but this indicates  
8 that it really was the carcinoma that was there  
9 initially rather than two different processes being  
10 present at the same location.

11 CHAIRMAN BONE: Did you have further  
12 questions or comments at the moment?

13 DR. SIEGEL: I'll stop.

14 CHAIRMAN BONE: Thank you.

15 DR. SIEGEL: I'll let somebody else.

16 CHAIRMAN BONE: Dr. Ellis.

17 DR. ELLIS: As an essentially practical  
18 individual, I was just wondering if, say,  
19 theoretically you said that this drug should be  
20 approved, but you would put in some kind of warning  
21 which said patient would require a thorough physical  
22 examination and mammography before the drug would be  
23 safe to administer, how many of the cases would  
24 actually have not received the drug in that case,  
25 looking at the clinical details?

1 I mean it strikes me that at least two,  
2 possibly three patients already had mammographic  
3 abnormalities that were in the process of being  
4 investigated for these, and several of the cancers  
5 were quite advanced when the diagnosis was  
6 subsequently made, and I wonder whether a more  
7 thorough evaluation before the drug was started might  
8 have picked those up.

9 I wonder if that's a fair way of looking  
10 at it, but I wondered if we could have a comment on  
11 that.

12 DR. HAUPTMAN: I can give you probably  
13 some other information that you would find useful. We  
14 have a study that's ongoing in Sweden called the Zendo  
15 study. It's approximately 1,800 women are on that  
16 study. In that study we asked the patients to have a  
17 pretreatment mammography.

18 Of the 1,800 patients with a pretreatment  
19 mammography, 24 were found to have abnormal  
20 mammography. Two were Stage 5, two were Stage 4,  
21 which is possible or probable likelihood of cancer,  
22 and 20 were Stage 3, which generally about a third of  
23 those go on to be a tumor.

24 So altogether we estimate that about eight  
25 patients with breast cancer were prevented from

1 entering that study, and so you can make any analogy  
2 you want from there.

3 CHAIRMAN BONE: Let me just ask a follow-  
4 up question, if I may about that particular study.  
5 That's rather interesting. How long term is the  
6 exposure in that study?

7 DR. HAUPTMAN: That will be at least a two  
8 year study.

9 CHAIRMAN BONE: And when was it initiated?

10 DR. HAUPTMAN: It was just initiated. So  
11 the screening part of that study just finished.

12 CHAIRMAN BONE: I see.

13 DR. HIRSCH: I'm sorry. Can I just make  
14 a comment about Dr. Ellis' question?

15 The experience with obesity drugs is very  
16 different nationwide from what happens in a controlled  
17 trial. That is, the general experience is these are  
18 used very, very broadly and often by small groups who  
19 do not follow the recommendations. This is more  
20 likely to be the case than with other drugs because of  
21 the pressure for getting these, et cetera, a whole lot  
22 of things we won't go into, but I think generally we  
23 would agree that any stipulations that are set up  
24 before treatment are more likely to not take place  
25 with obesity drugs than with other drugs.

1 CHAIRMAN BONE: Further questions or  
2 comments from our guests?

3 DR. SIEGEL: Another question. I realize  
4 you had limited serum samples. Did anybody look at  
5 prolactin? Prolactin is another one that I, you know,  
6 would love to know just to see if in some way it  
7 caused an increase.

8 And then the second question I have is in  
9 terms of the racial issue, am I understanding  
10 correctly that there were no African Americans in the  
11 study? I mean Americans are -- I know the Europeans  
12 weren't.

13 DR. HAUPTMAN: It was about 15 percent  
14 African Americans in the U.S. and about seven percent  
15 Hispanics or five percent Hispanics.

16 DR. SIEGEL: Okay, and of the 15  
17 percent -- are any of these 11 patients African  
18 American?

19 DR. HAUPTMAN: No, they're all white.

20 DR. SIEGEL: So they're all clear. Okay.  
21 I just wanted to clarify that.

22 CHAIRMAN BONE: I think there are a number  
23 of other questions and comments or remarks from other  
24 members of the Committee if that takes care of our --  
25 oh, Dr. Simon.



1 DR. SIMON: Well, someone on the Committee  
2 had asked previously if you wanted to plan a study how  
3 large would it have to be. It would have to dwarf  
4 this study by at least -- well, for example, the  
5 breast cancer prevention trial, the Tamoxifen  
6 prevention trial, which I think is targeting a  
7 reduction in breast cancer risk in high risk women, a  
8 reduction of probably around 25 or 30 percent. That  
9 has, I think, 18,000 women in it.

10 And so here we're seeing a risk -- you  
11 know, we're talking about relative risks of three.  
12 We're talking about detecting a 30 percent, you know,  
13 difference in the risk of breast cancer. You're  
14 talking about, you know, probably a factor of 100  
15 greater than what we were dealing with here.

16 CHAIRMAN BONE: Well, can we say that  
17 without having decided what the relative risk that we  
18 wanted to detect was?

19 DR. SIMON: Well, he had specified the  
20 relative risk. He had said that to detect a 30  
21 percent increase.

22 CHAIRMAN BONE: But on the other hand, if  
23 we were going to try to detect a relative risk of  
24 three as opposed to .3, it would be logarithmically  
25 different, wouldn't it?

1 DR. SIMON: Right.

2 CHAIRMAN BONE: All right. Dr. Cara has  
3 been seeking the floor and now has it.

4 DR. CARA: I have a question as a follow-  
5 up to Dr. Simon's comment. You seem to really in some  
6 ways trivialize the data and didn't appear to think --  
7 I got the impression that you didn't think that it was  
8 of any real concern.

9 DR. SIMON: I certainly would in no way  
10 trivialize it. I've gone over it very carefully. I  
11 just think that the way that it's being evaluated  
12 quantitatively is incorrect, and that you don't start  
13 off with saying, well, this is a breast cancer from  
14 this drug in this type of setting is totally  
15 unexpected, and then you don't sort of get a P value  
16 of .05 and then say all of a sudden, "I believe it."

17 Quantitatively that's not the way you  
18 should analyze the data. Quantitatively if you start  
19 off by saying what do I believe is the probability  
20 before even doing the series of trials, the  
21 probability that there could be an increase in breast  
22 cancer risk of, say, relative risk of three or more  
23 attributable to this drug.

24 If a priori I say it's one chance in 100,  
25 and then I do a series of clinical trials, clinical

1 trials that are really too small in aggregate to  
2 detect a relative risk of three, and if as a result of  
3 those clinical trials I get a P value of, say, .05 or  
4 .10 for the breast cancer endpoint, and then I go  
5 through the proper calculations of saying now what is  
6 the probability that the relative risk is at least as  
7 great as three, that's not the P value.

8 It turns out whereas I started out saying  
9 that my probability was one in 100, now I would say  
10 that probability is four or five in 100.

11 So all I'm saying is you get a -- if you  
12 interpret the data in that way, by incorporating the  
13 fact that a priori it was unexpected and that the  
14 prior here for detecting such an effect was low, and  
15 then if you ask well what is, at the end of it all,  
16 the probability that the relative risk is at least as  
17 great as three -- this is a Bayesian calculation --  
18 your answer is instead of the one in 100 chance that  
19 I started with, it's four or five in 100.

20 That to me is the proper -- the bottom  
21 line answer. Then the question is: well, is five in  
22 100 too great a risk or not?

23 But to me that's the way to look at it,  
24 not to say, well, we got a P of .05 and, therefore, it  
25 must be real and it's just a question of whether it's

1 -- you know, whether we can find some other  
2 explanation.

3 CHAIRMAN BONE: Dr. Marcus.

4 DR. MARCUS: Well, I'm following your  
5 argument, but every so often you come up with trials  
6 that were under powered but scored. For example, the  
7 study of hormone replacement therapy done more than  
8 two decades ago in 100 pairs of women looking for --  
9 this is by Nochtgal (phonetic) and her colleagues --  
10 looking for changes in incidence of myocardial  
11 infarction, osteoporosis, and other endpoints.  
12 Anybody who would be planning a study today would say,  
13 well, you'll need at least 6,000 women followed over  
14 three years to detect fracture. You need to have the  
15 women's health initiative to determine myocardial  
16 infarction in primary prevention, but there it is.

17 In 100 pairs of women they showed a  
18 significant reduction in myocardial infarction and  
19 osteoporosis. Does that change the post probability  
20 only trivially? I don't follow.

21 DR. SIMON: The power of the trial has a  
22 lot to do on the posterior -- a lot of effect on the  
23 posterior probability. Of course, you're right that  
24 important observations can be made in that context,  
25 but all I'm saying is the literature is also filled

1 with erroneous conclusions that came from under sized  
2 studies that thought they found a significant effect,  
3 and that that latter are much more common than the  
4 former.

5 CHAIRMAN BONE: I think there must be some  
6 other comments or questions from members of the  
7 Committee. Yes, Dr. Critchlow and then Dr. New.

8 DR. CRITCHLOW: Well, again, just to  
9 address your comment, I mean, I completely agree with  
10 you in terms of you're right; the literature is ripe  
11 with people doing post study power calculations or  
12 post study whatever to make whatever conclusion or  
13 hypothesis, but the issue that always has bothered me  
14 is in the Phase 3 trials, clearly they're powered for  
15 efficacy and not necessarily for safety issues, and  
16 particularly for things that are more rare.

17 And something here is we have essentially  
18 what I consider a red herring. The P value, whether  
19 it's .01 or .10 or .15 or whatever based on this  
20 trial, is irrelevant, but the question is -- and Dr.  
21 Marcus phrased it very well -- is this something that  
22 we should be concerned about, and I'm not sure a P  
23 value is, as you say, an appropriate way to try to  
24 judge that.

25 I mean, clearly our decision on that point

1 is going to come from the gestalt of things that we  
2 think about, you know. How unexpected is it? What,  
3 if any, mechanism can one think of?

4 So, again, given that this is a clinical  
5 trial and given that nobody was thinking about breast  
6 cancer at the outset, the fact that we have something  
7 that has something in the P values or whatever, as  
8 they are we're still left with the question of do you  
9 totally ignore it or, you know, again, the purpose of  
10 this is just to say is there the potential when it's  
11 out there in the kinds of numbers that one would need  
12 to show it definitively. What do we expect to find?

13 And, you know, clearly there's no way to  
14 answer that.

15 CHAIRMAN BONE: Dr. New, I think, had the  
16 next.

17 DR. NEW: I guess I was following up on  
18 Cathy's comment. What do you think the significance  
19 of nine cases of cancer in 747 women treated at  
20 random?

21 I mean, I don't want to hear P values. I  
22 want to hear what you think.

23 DR. SIMON: I don't think this drug is  
24 associated with a relative risk of three or more. I  
25 don't think that -- I think that this is not -- not

1 much evidence that this drug causes breast cancer.

2 DR. NEW: I see, and you base that on the  
3 fact that the numbers are too small because it's  
4 illogical?

5 DR. SIMON: Well, I guess I base it on two  
6 things. One, on the fact, sort of the quantitative  
7 sort of analysis I was trying to sketch out. The fact  
8 that it was unexpected, the power was small, the P  
9 value was border line translates into a posterior  
10 probability of a problem of not a very high posterior  
11 probability.

12 The second thing I guess I base my own  
13 opinion on is that I think there is pretty good  
14 evidence that some of these tumors -- well, for  
15 example, a lot of these tumors were node positive, and  
16 they probably -- I mean, I guess we can't rule out  
17 that there's some enhancement of growth, but node  
18 positive tumors probably existed for, you know -- my  
19 basic gut reaction is that they probably existed for  
20 quite some time.

21 DR. NEW: But do you think that the  
22 findings should be pursued is the point or do you  
23 think it's so epidemiologically, statistically  
24 insignificant that it should be ignored?

25 DR. SIMON: Well, i think that's a

1       difficult one. I think it could be pursued, you know.  
2       I mean, I guess there are several ways it could be  
3       pursued.

4               One, you could do further follow-up on the  
5       cases in the randomized studies. I guess you could do  
6       some kind of a post marketing type of case control  
7       type of study. I guess you could even do a randomized  
8       study of 60 versus 120 twice a day in a post marketing  
9       type of setting where everybody then would be getting  
10      the drug, but you'd have a randomized study in in  
11      which -- you know, I don't know whether that's viable  
12      or not.

13              I guess the other way, I guess, it could  
14      be pursued is just from a prudence point of view of  
15      saying that every woman who gets this drug, she should  
16      have a mammogram before she starts taking the drug.

17              DR. NEW: Henry, could I just continue  
18      with one little bit more?

19              CHAIRMAN BONE: Please

20              DR. NEW: I'm a pediatrician, and I harken  
21      back to the studies of thalidomide, which was that it  
22      was tested as a sedative and then proved to cause  
23      phocomelia. It was an unexpected finding, and I  
24      remember talks of statistical causes of whether the  
25      phocomelia could be attributed to the thalidomide or



1 not, but that turned out to not be necessary because  
2 fortunately it was an animal model in which they could  
3 show the mechanism by which thalidomide caused  
4 phocomelia.

5 The difficulty I'm having -- and I'm  
6 hoping you're going to help me -- is that we don't  
7 know the cause of cancer, and I don't have an animal  
8 model where at least the animal models presented did  
9 not give me cause to believe that this drug induces  
10 breast cancer.

11 One has to be counseled by whether this is  
12 a disturbing factor or so statistically abstruse that  
13 you shouldn't bother with it.

14 DR. SIMON: Well, I think I guess my  
15 reading of it is it's not a very disturbing factor,  
16 but given that the -- you know, there's a very large  
17 population who may be placed at risk from taking this  
18 drug. If there are -- if there are useful things that  
19 can be done to pursue it, that that would be prudent.

20 DR. NEW: Thank you.

21 CHAIRMAN BONE: Dr. Ellis.

22 DR. ELLIS: Breast oncologists all the  
23 time spend time with their patients balancing breast  
24 cancer risks versus cardiovascular risk because many  
25 of my patients after a period of treatment, perhaps

1 five or six years later, are reconsidering, for  
2 example, starting hormone replacement therapy or even  
3 see patients who want to be counseled concerning the  
4 risk even if they've never had a diagnosis of breast  
5 cancer.

6 So in a sense we're in a similar kind of  
7 situation because we have a drug which we will improve  
8 cardiovascular risk, but, on the other hand, there's  
9 a certain concern associated with breast cancer.

10 And I was just wondering, to use  
11 historical analogies, what the conversation would have  
12 been like at the inception of hormone replacement  
13 trials where it was not known what the relative risk  
14 of breast cancer was, and that became subsequently  
15 something we became aware of in the sort of post  
16 marketing situation.

17 So should we deny the benefits of this  
18 drug to many women because we're worried about these  
19 risks, or should we say we're concerned about this  
20 risk, but we don't think it's enough of a risk to  
21 prevent the marketing of the drug? However, we need  
22 to do post marketing surveillance.

23 I mean that's the kind of crux as I see  
24 it. That was more of a comment, I guess, than a  
25 question. I was wondering what the responses were to

1       that.

2                   CHAIRMAN BONE:   Yeah, thanks.

3                   Well, I know Dr. Hirsch had a comment.

4                   DR. HIRSCH:     Just two or three points  
5       about the risk-benefit ratio, which is really what  
6       we're after, and I think one ought to say a word more  
7       about benefit, just a brief word.

8                   It's hard to really know what's going to  
9       happen, but just judging from other obesity treatments  
10      and the nature of this kind of intervention and the  
11      data shown, it's possible, even plausible, and I  
12      believe even likely -- my own personal opinion -- that  
13      within a three to four year period after using this  
14      drug, the effect would disappear.  It would be the  
15      same as placebo for whatever sets of reasons.

16                  This is the trajectory of what we see of  
17      the lines of percent weight reduction versus placebo,  
18      and remember that we're dealing with about a four  
19      percent reduction in weight versus placebo, a very  
20      small amount, significant, of course, but very small.

21                  Number two, it's been mentioned, but we  
22      mustn't forget that with drug usage or obesity  
23      treatment, you are translating this into huge numbers.  
24      For example, a very simple calculation shows that if  
25      one of the cases that we were shown were drug related,

1 then what we would anticipate, magnifying this up into  
2 what kind of drug usage there'll be and perhaps a  
3 three to four ratio of female to male, one might  
4 expect an increase in the amount of carcinoma of the  
5 breast, if this really is a relationship in one in  
6 thousands, in perhaps ten to 20,000 per year, which is  
7 a monumentally large figure.

8 So there's an immense leveraging of this  
9 by virtue of the huge potential use of this.

10 Finally, and I'll stop, I was very taken  
11 by the comment about biological plausibility. There  
12 is a kind of reverse engineering or reverse genetics  
13 that works with clinical investigation. That is,  
14 usually when you plan a study, you look for biological  
15 plausibility as has been done so ably by the sponsor.

16 On the other hand, when something like  
17 this comes up, there is a reverse thing of reexamining  
18 the biological plausibility in terms of other possible  
19 pathogenetic approaches that are usually looked for,  
20 and what I refer to here is the possibility that  
21 something that the drug does so changes  
22 gastrointestinal function that agents which might or  
23 might not be carcinogenic -- and the National Cancer  
24 Institute tells us perhaps a third or a fourth of  
25 breast cancers might be related to this avenue, that

1 is, dietary factors which impinge on tissues -- that  
2 might be affected, and the way to examine that is by  
3 an extension of fundamental studies, namely, to feed  
4 animals different things, different agents that cause  
5 malignancy with an without the drug.

6 So that, you know, like Marshall's  
7 observations with H pylori, from time to time  
8 observations that are not at all plausible become the  
9 most interesting ones.

10 CHAIRMAN BONE: I just have a question for  
11 Dr. Feigel (phonetic) briefly. Dr. Feigel, were the  
12 mammograms that you examined just the ones involved  
13 with the patients with malignancies?

14 DR. FEIG: Yes.

15 CHAIRMAN BONE: Yes was the answer. Thank  
16 you.

17 So there were not a large number of  
18 mammograms obtained and then examined to see what the  
19 prevalence of similar findings would have been in  
20 subjects who did not develop breast cancer in the  
21 study. We don't know a background rate of similar  
22 findings in this study; is that correct?

23 DR. FEIG: Yes.

24 CHAIRMAN BONE: Thank you.

25 Additional remarks or questions from the

1 members of the Committee?

2 Dr. New.

3 DR. NEW: Dr. Bone, I'd like to ask you a  
4 question.

5 CHAIRMAN BONE: Yes.

6 DR. NEW: What would be the mechanism by  
7 which -- let's say that we think the drug should be  
8 approved -- that we could make sure that the women who  
9 are prescribed the drug would have a mammogram?

10 CHAIRMAN BONE: Well, I don't know if I'm  
11 the right person to ask the question, but I'm not  
12 aware of any mechanism within the power of any  
13 governmental agency in the United States, in the  
14 states or the federal government to insure that.

15 Dr. Sobel would be able to answer that  
16 question more authoritatively.

17 DR. SOBEL: We can, you know, make the  
18 plea in the label, so to speak, but as far as  
19 enforcing it, I know of no mechanism. You know,  
20 physicians will use it.

21 If the state deems that a doctor is  
22 practicing recklessly by not doing this, they can have  
23 some action, but, you know, it's unlikely.

24 CHAIRMAN BONE: They would have to pass  
25 new regulations.

1 DR. SOBEL: Well, no, the states, you  
2 know, can have judgments in these matters, if they  
3 seriously felt this was reckless practice and a  
4 physician was violating, but I don't think that they'd  
5 have the legal ammunition to do such a thing, you  
6 know, based on what we've said.

7 CHAIRMAN BONE: Dr. Ellis.

8 DR. ELLIS: I just want to go back to the  
9 risk-benefit analysis, and the thing I don't have a  
10 good handle on is whereas although I understand that  
11 the reduction in weight is not large, there was a  
12 number of other cardiovascular risk factors that were  
13 mentioned, such as reduction in blood pressure, change  
14 in lipid profile, and of course, we don't have a study  
15 yet, which is a prospective study, looking at the  
16 value of this drug in reduction in cardiovascular  
17 risk.

18 And I was wondering whether there was any  
19 way we could calculate the potential value of this  
20 drug in reduction of cardiovascular risk.

21 DR. HIRSCH: They're small, but  
22 meaningful, but what I'm saying is they'll vanish in  
23 three to four years. That has to be taken into  
24 consideration. That would be my guess.

25 DR. ELLIS: Okay. Perhaps they'd like to

1 respond to that.

2 DR. HAUPTMAN: Yes. Could I have Slide S-  
3 5, please?

4 Not all patients who take orlistat are  
5 going to benefit as much as other patients. I'd like  
6 to show you some data for patients who were on the  
7 drug and at the end of two full years of treatment  
8 lost at least five percent of their body weight.

9 CHAIRMAN BONE: Now, this is new data you  
10 haven't already presented. Please be very concise.

11 DR. HAUPTMAN: Okay. Very concise.

12 Take a look. Those patients on the  
13 bottom, and I can't see very well, but those are  
14 patients who lost at least five percent at the end of  
15 two years. The patients on the top curve on orlistat  
16 lost less than five percent.

17 For those patients who were able to lose  
18 at least five percent of their weight, not only did  
19 they lose that weight, but they kept it off for two  
20 full years.

21 So when you look at people with regaining  
22 weight over time, we have a mixture of those who have  
23 not lost weight and those who have lost weight.

24 PARTICIPANT: What's the number?

25 DR. HAUPTMAN: I can't -- okay. It's 386



1 patients in the top group loss less than five percent,  
2 and 224 patients on the bottom group. So there are  
3 groups of patients who lose weight and keep it off.

4 Don't mix up the mean effect with the  
5 effect of those people who do respond, and that's the  
6 only thing I'm asking.

7 CHAIRMAN BONE: Thank you.

8 Dr. Marcus.

9 DR. MARCUS: Just one point of  
10 clarification of something. Carcinoma of the male  
11 breast accounts for one percent of all carcinomas in  
12 men. We had men in these studies. Were there any  
13 instances of breast cancer in the men?

14 DR. HUBER: No.

15 CHAIRMAN BONE: All right. Are there  
16 further questions, specific questions?

17 (No response.)

18 CHAIRMAN BONE: Well, what we've done in  
19 that past at this point is to sort of go around the  
20 table and have anyone make remarks about what they --  
21 you know, sort of their own concluding observations,  
22 and then I think we can go around and vote on the  
23 questions unless there's something else that we need  
24 to attend to before doing that.

25 Perhaps we'll start with Dr. Simon and

1 then just go right on around and I'll speak last.

2 DR. SIMON: I don't have anything to add  
3 to what I've already said.

4 CHAIRMAN BONE: Thank you.

5 Dr. Ellis, do you have anything to add?

6 DR. ELLIS: I just emphasize that  
7 particularly in overweight women there is a problem  
8 with breast cancer detection, and even if a  
9 recommendation for -- that because larger breasts are  
10 difficult to examine, and they're also more difficult  
11 to conduct a standard mammogram.

12 And if a recommendation for mammography  
13 and physical examination was even partially effective,  
14 it may achieve an important goal in general, which is  
15 to increase the rates of breast examination and  
16 mammography uptake in the general population.

17 So my thought if this becomes a conduit  
18 for better uptake for breast cancer prevention in  
19 general, that might be a good thing.

20 I know that not a generally relevant, but  
21 it's a practical issue.

22 CHAIRMAN BONE: Dr. Siegel.

23 DR. SIEGEL: I think I understand the  
24 benefits of this drug, and I'm very impressed with the  
25 amount of research that has gone into it and the good

1 job of presentation done today by the sponsor.

2 I still don't have a good sense of the  
3 risks, and I think that we need to. Breast cancer is  
4 too important a problem to say, well, we'll make a  
5 recommendation for mammography and then leave it at  
6 that.

7 We know how drugs are used once they get  
8 into the public, and there are a lot of people that  
9 are overweight that, you know, need treatment, and  
10 that's not to understate those problems, but you know,  
11 I see a lot of breast cancer. Breast cancer kills  
12 people, as well, and you know, I'm not certain that it  
13 causes breast cancer, but I'm not convinced that it  
14 doesn't have something to do with it as well.

15 And I think anything that we do should  
16 involve some way of getting that answer, of, you know,  
17 what is the risk of breast cancer.

18 CHAIRMAN BONE: Thank you.

19 Dr. Marcus.

20 DR. MARCUS: I feel very fortunate to have  
21 had a chance to hear absolutely wonderful opinions  
22 from people whom I consider imminent authorities in  
23 their field, from Jules Hirsch on my left to Dr.  
24 simon, and from the statisticians and the  
25 pathologists. Everything today has really been first

1 rate.

2 I'm persuaded that there is probably no  
3 chance whatsoever of doing a properly controlled  
4 prospective clinical trial to answer this question  
5 just by virtue of the power considerations alone that  
6 have been gone over and I won't repeat.

7 I think that if we take the example of  
8 Tamoxifen, which as an anti-estrogen at the breast and  
9 is even being used in primary prevention in very large  
10 clinical trials, even if that were to show the benefit  
11 that one expects, the clinical experience now after  
12 five years of Tamoxifen of a reappearance of breast  
13 cancer risk is something that one could never in a  
14 million years have predicted in advance.

15 Therefore, I think the only solution to  
16 this if one is going to try to maximize in some way  
17 the beneficial aspects that this preparation offers to  
18 at least some patients is to develop an intelligent,  
19 highly sensitive surveillance mechanism that if not  
20 foolproof at least is very effective with lost of  
21 incentives for people to pursue that.

22 Now, whether that means the company should  
23 offer a free mammogram or whether, as in the case of  
24 some anti-psychotic medications where there is a real  
25 problem with blood counts, that as part of the

1 condition of prescribing the drug the physician and  
2 the patient agree to undergo periodic, regular and  
3 frequent determinations of leucocyte count -- I mean,  
4 I think one could build into it. There's a lot of  
5 creative people involved in this endeavor both in the  
6 agency and from industry. I think some sort of  
7 effective surveillance could be developed.

8 CHAIRMAN BONE: All right. Dr. Molitch.

9 DR. MOLITCH: I'd like to thank Dr. Simon  
10 for reminding me that Bayesian analysis really is the  
11 appropriate way to look at some of this data. I must  
12 say I never did get an answer to my question about  
13 breast biopsies.

14 Has the sponsor been able to find out?

15 PARTICIPANT: We couldn't find it.

16 DR. MOLITCH: And, again, I think that it  
17 will deal with risk-benefit ratios that sometimes  
18 either we have to deal with or the patient has to deal  
19 with in consultation with the physician.

20 CHAIRMAN BONE: Dr. Cara.

21 DR. CARA: I would like to just echo some  
22 of the remarks by Dr. Siegel in terms of what the  
23 breast cancer represents. I think that our tendency  
24 is when we talk about issues related to cancer to  
25 become somewhat numb to what we're really talking

1 about, and I think that's very true for breast cancer.

2 And I can't help but think that if we turn  
3 things around and talked about leukemia or talked  
4 about prostate cancer, something else that would be  
5 analogous to this, whether or not we might be more  
6 sensitive to those issues.

7 CHAIRMAN BONE: Dr. Hirsch.

8 DR. HIRSCH: I have very few other  
9 comments, except one. The field of obesity and energy  
10 metabolism, energy regulation has changed startlingly  
11 in just the past few years. Whereas ten years ago any  
12 kind of new agent or idea that came along in a disease  
13 that's so prevalent and so difficult as obesity would  
14 have been accepted with open arms.

15 One becomes less likely to do this with  
16 the knowledge that a tremendously increased amount of  
17 information about this whole field is very, very  
18 rapidly developing. I have a feeling that this will  
19 ultimately be transduced into some kinds of more  
20 definitive studies of obesity and possibly even very  
21 novel pharmacologic approaches.

22 So we're not in a statis area. That is to  
23 say that this is not the last chance.

24 CHAIRMAN BONE: Thank you.

25 Dr. Sherwin.

1 DR. SHERWIN: Well, I don't have too much  
2 to add. I just point out that treatment of obesity is  
3 a lifelong problem, and if this drug is effective, it  
4 will have to be used for life unless something else  
5 comes along. That's what you're prescribing. You're  
6 prescribing five, ten, 15, 20 years or whatever.

7 And I don't know what the relative risk of  
8 breast cancer is. I think that the data is  
9 inconclusive and is extremely difficult to interpret.

10 So I think that one has to balance a  
11 lifelong treatment and an unknown risk, and you know,  
12 we'll have to make that decision.

13 CHAIRMAN BONE: Thank you.

14 Dr. New.

15 DR. NEW: I would like to just reaffirm  
16 Dr. Marcus' points. I think that any drug that offers  
17 weight loss is probably going to be used widely by  
18 many people, and I would like some assurance that  
19 there would be continued study of this unexpected  
20 result so that the prescription of that drug is not  
21 delivering a significant number of people a death  
22 sentence.

23 And so I would like -- that's why I asked  
24 the question about how you can enforce mammograms. I  
25 don't know, Bob, if there were a way to do the very

1 things you're saying, which is to make a quid pro quo  
2 with every prescription. You can't have this drug  
3 unless you have a mammogram.

4 I'm told that that's probably not likely.

5 CHAIRMAN BONE: Thank you.

6 Dr. Critchlow.

7 DR. CRITCHLOW: Well, I don't have  
8 anything else to add other than I was struck by the  
9 numbers you provided on the Swedish study that 18 out  
10 of 2,400 had preexisting mammographic abnormalities,  
11 which is about identical to the rate of cancer  
12 discovered in the 120 milligram dose, about 1.3 or  
13 four percent.

14 I just do have one question, and that is  
15 among women less than 45 years of age there were no  
16 cases in any of your extended database, anything  
17 having to do with any reports of breast cancer in  
18 women under 45?

19 DR. HAUPTMAN: No cases were reported.

20 CHAIRMAN BONE: Right. I think that's all  
21 of the other Committee members except myself to make  
22 remarks, and then we'll proceed to voting.

23 The medication we're considering is one  
24 that appears to be fairly effective in producing  
25 weight loss in a subset of patients, although when the



1 trial group as a whole is looked at, it's only  
2 modestly effective and did not reach the primary  
3 criterion for approval. It's one with a fairly high  
4 rate of unpleasant GI side effects, but not serious  
5 side effects.

6 These are side effects that may be  
7 embarrassing or annoying, but many of the side effects  
8 described are not the sort of thing that we would  
9 regard as producing illness in the patient.

10 Over the course of the study, we saw  
11 modest effects on fat soluble vitamin absorption and  
12 retention, which presumably could be addressed by co-  
13 administration of a multivitamin preparation, although  
14 we haven't heard a specific recommendation about  
15 putting these all into the same capsule or something  
16 equivalent to make sure that that was done.

17 An interesting observation was made of  
18 hyperoxalurea and the question of some increase in  
19 risk of urolithiases was raised, although this hasn't  
20 turned out so far to be a major clinical problem.

21 And there was a finding of increased  
22 biomarkers of cell proliferation in the stool, which  
23 over the course of the trial wasn't associated with  
24 any increase in risk of colonic malignancy.

25 The major issue that we're trying to sort

1 of balance in with this perhaps modestly favorable  
2 risk-benefit analysis, not considering the breast  
3 cancer, is this unexpected finding of an increased  
4 relative risk of breast cancer in the subjects who  
5 received the test drug.

6 I quite take Dr. Simon's point that this  
7 by no means convicts the drug of causing breast  
8 cancer. I'm not sure that's the question, however.  
9 I think it's a question for the Committee members to  
10 consider whether the probability is so low that it's  
11 exculpatory. How confident can we be that this did  
12 not increase the risk of breast cancer?

13 We have some biological information from  
14 the toxicology studies. We were told that mechanisms  
15 of carcinogenesis which have been proven in drugs used  
16 in man have always been reproduced in animal studies.

17 But I think in this case we looked under  
18 the wrong lamp. The mechanism of action of this drug  
19 is related to the production of fat malabsorption, and  
20 the fact that studies don't reveal a direct  
21 carcinogenic effect of the drug on breast tissue or  
22 other tissues really don't address the question of  
23 whether an indirect mechanism related to, you know,  
24 any number of substances which we could imagine being  
25 absorbed or not absorbed from the gut.

1 I think that members of the Committee will  
2 want to reflect on, you know, how they weigh this  
3 level of concern. We're told that the histological  
4 findings are not typical of what one might expect from  
5 an ideal carcinogen, if you can put it that way, but,  
6 on the other hand, the pattern is not very different  
7 from what we've seen in patients who have an increased  
8 risk of breast cancer from estrogen or in the excess  
9 cases attributable to estrogen.

10 The question then, I guess, is, you know,  
11 sort of what are we going to do about this, and at the  
12 end part of the question has to do with how would we  
13 go about trying to resolve this in the safest way for  
14 the millions of patients who would likely be exposed  
15 to this drug and probably for a long period of time.

16 We're not talking here about something  
17 that's given for a few days to cure bacterial  
18 meningitis. We're talking about something that  
19 incrementally affects a chronic illness and is  
20 expected to be given for a long period of time.

21 And I think the question of whether a  
22 prospective trial could be conducted which would give  
23 some assurance about this depend very much, indeed, on  
24 the relative risk that goes into that calculation.  
25 What level of excess risk are we trying to detect?

1           And we've had a spectrum here of at least  
2           one logarithm difference between one proposed level of  
3           sensitivity and another, which would more closely  
4           approximate what we've seen in the aggregated data  
5           from the clinical trials.

6           So I think these are all of the factors  
7           I'll be trying to weigh as I decide what to vote about  
8           here, and I just can very shortly start the voting.

9           I just will have to explain one or two  
10          things about the voting. We're very grateful for the  
11          participation of Dr. Siegel and Ellis, but if I  
12          understand correctly, as guest experts they will not  
13          vote.

14          Dr. Simon is a member of another committee  
15          and will be sitting as a member of our Committee today  
16          and will vote.

17          The custom is to go around and take  
18          everyone's vote. Everybody has had remarks. So I  
19          think we'll just ask people to say yes or no and then  
20          if they have an additional remark to make at the very  
21          end, we can have an opportunity for that.

22          And unfortunately Dr. Davidson had to  
23          attend to a patient care related matter and had to  
24          leave, and we do have his written vote; is that right?  
25          And that will be mentioned last in each round of

1 voting.

2 So if we would start then with Dr.  
3 Critchlow then in the first question, and I'll just  
4 read that for everyone.

5 The first question is: taking into  
6 consideration the overall benefits and risks of  
7 orlistat, including the increased incidence of breast  
8 cancer in the controlled clinical studies, do you  
9 recommend that the drug be approved for the treatment  
10 of obesity?

11 DR. CRITCHLOW: I'm going to vote yes for  
12 those 20 to 25 percent of patients that might benefit.  
13 I'm also assuming that after three or four or five  
14 years when the drug may or may not continue to be  
15 effective, that people will stop taking it.

16 CHAIRMAN BONE: So that you're voting yes.

17 Dr. New.

18 DR. NEW: I would like to vote yes, but I  
19 do -- I would be very anxious for there to be certain  
20 warnings and requirements and a post marketing study,  
21 such as a baseline mammogram.

22 CHAIRMAN BONE: Thank you.

23 Dr. Sherwin.

24 DR. SHERWIN: No.

25 CHAIRMAN BONE: Dr. Simon.

1 DR. SIMON: Yes.

2 CHAIRMAN BONE: Dr. Marcus.

3 DR. MARCUS: Yes.

4 CHAIRMAN BONE: Dr. Molitch.

5 DR. MOLITCH: Yes.

6 CHAIRMAN BONE: Dr. Cara.

7 DR. CARA: No.

8 CHAIRMAN BONE: Dr. Hirsch.

9 DR. HIRSCH: No.

10 CHAIRMAN BONE: The chair votes no.

11 And for Dr. Davidson?

12 MS. REEDY: Dr. Davidson votes no.

13 CHAIRMAN BONE: Dr. Davidson's vote is no.

14 I don't know the count here.

15 MS. REEDY: Five to five.

16 CHAIRMAN BONE: Five to five. Well, we  
17 settled that for you after a long day's work.

18 (Laughter.)

19 CHAIRMAN BONE: This will mean that the  
20 actual people with regulatory authority will have  
21 taken our advice and had all of our considerations and  
22 will have to make the exact same choice that they  
23 would have regardless of our vote on either side of  
24 this.

25 I think this is a wonderful illustration

1 in a way of the fact that the Advisory Committee  
2 advises. It doesn't decide anything. The authority  
3 is always left with the Food and Drug Administration,  
4 and I think is an interesting example of a great deal  
5 of advice.

6 (Laughter.)

7 CHAIRMAN BONE: The next question, if I  
8 can just read that again, and we'll start the other  
9 way around this time, says: if orlistat were to be  
10 approved for the treatment of obesity, do you  
11 recommend that any further studies be conducted after  
12 approval to address the breast cancer issue?

13 And we'll start then with Dr. Simon.

14 DR. SIMON: Yes, I believe some kind of  
15 study should be instituted. Exactly what they would  
16 be, I think, would take some more detailed thought,  
17 but I think whether some type of post marketing  
18 surveillance, study of some type should be undertaken.

19 CHAIRMAN BONE: Thank you.

20 And I think at the end of this round of  
21 voting we can maybe ask for comments from our guests  
22 if no one objects.

23 Dr. Marcus.

24 DR. MARCUS: First I'd like to say that  
25 the response to Dr. New's question, certainly in the

1 case of alendrenate (phonetic), the insurance industry  
2 has made damned sure that patients undergo bone  
3 density testing before they will pay for alendrenate.  
4 I think that there are precedents for imposing fairly  
5 rigid criteria, and I would certainly support that,  
6 and I think that the most rigorous and stringent of  
7 post marketing surveillance studies would absolutely  
8 have to be done, and it would have to be done in the  
9 development of it with the guidance of FDA as well.

10 CHAIRMAN BONE: So, Dr. Marcus, you're  
11 appealing to a power far mightier than the federal  
12 government, namely, the insurance industry?

13 (Laughter.)

14 CHAIRMAN BONE: Dr. Molitch.

15 DR. MOLITCH: Well, I would certainly  
16 recommend that a pretherapy mammogram be done just  
17 like I would never prescribe hormone replacement  
18 therapy without being sure that the patient had had a  
19 mammogram and a Pap smear done before doing so. I  
20 think the same ought to be insisted for this  
21 medication until we have further data.

22 And I also would like to see a very  
23 carefully constructed post marketing surveillance with  
24 mammography done at intervals to be sure that this is,  
25 indeed, safe.



1 CHAIRMAN BONE: Thank you.

2 Dr. Cara.

3 DR. CARA: Well, I would like to see what  
4 the results of the European studies show, especially  
5 because of the fact that they've been able to obtain  
6 prestudy mammograms.

7 But along the same lines, I would also  
8 recommend that some sort of post marketing  
9 surveillance study be done with frequent monitoring of  
10 mammograms.

11 I would also encourage the sponsor to do  
12 some more animal studies and try to potentially  
13 elucidate maybe not so traditional mechanisms by which  
14 there may be an effect of Xenical on tumor induction.

15 I know that proving a negative is very  
16 difficult, but at least looking at some potential  
17 alternatives I think would be worthwhile.

18 CHAIRMAN BONE: Thank you.

19 Dr. Hirsch, the question of additional  
20 studies.

21 DR. HIRSCH: Since everyone makes a little  
22 side comment, I'll just point out that in most  
23 instances insurance companies are not involved with  
24 obesity treatment and will not pay for it by and large  
25 over the country.

1           Secondly, this particular group of  
2 patients happen to be because of the socioeconomics  
3 and psychologic factors least likely of any other  
4 groups to engage in special measures and additional  
5 monitoring of this kind.

6           I'd have to vote yes because clearly if  
7 unfortunately this did come to the public, I think it  
8 would be very important to do these things.

9           CHAIRMAN BONE: All right. I'll speak  
10 last again.

11           Dr. Sherwin.

12           DR. SHERWIN: yes.

13           CHAIRMAN BONE: Dr. New?

14           DR. NEW: I think that there was a  
15 suggestion made earlier that perhaps the sponsor could  
16 offer a free mammogram, and that might be one way to  
17 take these patients who might be in the lower  
18 socioeconomic brackets to have it.

19           And, secondly, I don't know whether it's  
20 possible, Dr. Sobel, but I'd like to hear a report in  
21 a year as to what's happened.

22           DR. SOBEL: What would you want us to  
23 report on?

24           DR. NEW: I'd like to know about the  
25 accomplishments of a post marketing study.

1 DR. SOBEL: You mean whether one has been  
2 organized or --

3 DR. NEW: Whether it's been organized,  
4 what the results are, what's happened in Europe.

5 DR. SOBEL: I see.

6 (Laughter.)

7 DR. NEW: Okay. Thank you.

8 CHAIRMAN BONE: Dr. Critchlow.

9 DR. CRITCHLOW: I think definitely  
10 something should be done. I have to say I am not  
11 unconvinced that there is no breast cancer risk. In  
12 fact, I would have to say that I'm sure there probably  
13 is some excess risk.

14 I think the only thing I would add is that  
15 if it were approved, that there be some attempt made  
16 either labeling or otherwise to educate not only the  
17 providers, but certainly the women that would be  
18 wanting to take this drug, and let a woman at that  
19 point decide whether that risk was worth taking.

20 CHAIRMAN BONE: All right. The chair  
21 would certainly be in favor of further studies of a  
22 very rigorous and extensive nature.

23 The third question is worded: if -- oh,  
24 I'm sorry. Excuse me. Yes, Dr. Ellis, your comment  
25 on post marketing studies or additional studies if the

1 drug were to be approved.

2 DR. ELLIS: I think what we just heard  
3 echoes my earlier comment that it's mainly to more  
4 mammography in a particularly needy group, and I think  
5 Dr. Hirsch's comment is well taken, that this may be  
6 a group for which mammography is not a routine matter.

7 And, of course, the post marketing  
8 surveillance will, if it took place, would be very  
9 helpful in answering this very important question.

10 CHAIRMAN BONE: Right. Dr. Siegel.

11 DR. SIEGEL: Yeah, I think women in their  
12 40s, late 40s should have a mammogram every year  
13 anyway. So I definitely would answer an emphatic yes.

14 I'd like to add that I think it would also  
15 be important to have not only mammograph done not just  
16 before starting a drug and after, but also to do  
17 clinical examination; that mammography is not  
18 foolproof by any means, and I think that, you know,  
19 including in the recommendations a suggestion that  
20 there be a good clinical breast exam by an experienced  
21 clinician be added to the annual mammography, and I  
22 think absolutely we should do that and collect the  
23 information.

24 CHAIRMAN BONE: Thank you.

25 And Dr. Davidson's vote on this was?

1 DR. REEDY: Continued surveillance plus an  
2 expanded minority population in new trials.

3 CHAIRMAN BONE: That I take to be a yes.

4 The third question I'm going to take the  
5 liberty of rewording slightly. It says, "If you  
6 recommend that orlistat not be approved," and I think  
7 in the second question the premise was if orlistat  
8 were to be approved. I think the third question we  
9 should construe to mean if orlistat were not to be  
10 approved.

11 If it were not approved at the present  
12 time for the treatment of obesity because of concern  
13 about breast cancer, what additional study or studies  
14 should be conducted to investigate further the  
15 association observed in the clinical trials of the  
16 drug with breast cancer?

17 And perhaps we'll start with Dr.  
18 Critchlow.

19 DR. CRITCHLOW: Well, I'm intrigued by Dr.  
20 Bone's and Dr. Hirsch's recommendations for additional  
21 animal and other preclinical work to directly more  
22 target the presumed mechanism by which either through  
23 malabsorption or something on that order that would  
24 occur.

25 If it were not approved, I think I would

1 consider going back and retrieving mammograms that  
2 might be available from women in the study. I think  
3 I might also expand efforts to go to the women that  
4 were under 45 with a similar survey that was  
5 administered to those over 45.

6 I also agree with Dr. Marcus and Dr. Simon  
7 that additional preclinical or Phase 3 clinical trials  
8 that would be designed to try to elucidate such a  
9 breast cancer risk, if it, in fact, were there, is  
10 probably somewhat more than what could be accomplished  
11 at this point.

12 CHAIRMAN BONE: Dr. New, if the drug were  
13 not approved, what studies should be conducted?

14 DR. NEW: I think that it would be  
15 important to go back and do mammograms on those women  
16 who were on the 120 three times a day who had not had  
17 a mammogram before to get a better ascertainment of  
18 the risk, of the number of women who develop breast  
19 cancer because the fact that you say the others  
20 didn't, what's the proof of that? That they haven't  
21 developed a tumor that they can palpate? After all,  
22 if they all haven't had mammograms, how do you know  
23 they don't have cancer?

24 CHAIRMAN BONE: Thank you.

25 Dr. Sherwin.

1 DR. SHERWIN: I don't have too much to  
2 add. I agree with preclinical studies with known  
3 carcinogens that might increase the risk of mammary  
4 tumors, and personally I'd like to see another Phase  
5 3 study only because even though it probably wouldn't  
6 detect a very high rate, if it detected a similar rate  
7 as we see here, I mean, we would all be concerned at  
8 that point.

9 And so because of that, that's what I  
10 would have liked to see.

11 CHAIRMAN BONE: All right. Thank you.

12 Dr. Simon, I think. If the drug isn't  
13 approved, what would you think should be done to  
14 settle this or address this question?

15 DR. SIMON: I would think the only thing  
16 that would address it would be a clinical study,  
17 clinical trial, and I think one would have to go  
18 through the calculations of what size, and I think it  
19 would have to be an adequately powered clinical trial  
20 because otherwise if you didn't find an effect, you  
21 really wouldn't be able to conclude anything. It  
22 think it would involve then negotiations in terms of  
23 what size effect would be satisfactory to target.

24 It would have to be a substantial effect.  
25 I think the only thing that would be practical would

1 be to demonstrate in another clinical trial, in  
2 probably a larger clinical trial that a very large  
3 effect did not seem to exist.

4 CHAIRMAN BONE: Thank you.

5 Dr. Marcus.

6 DR. MARCUS: I certainly support Bob  
7 Sherwin's idea of another clinical trial with  
8 effective screening of people prior to enrolling in  
9 the trial.

10 And I'd also like to make one other point.  
11 In follow-up to Maria's question of getting the  
12 surveillance study in effect so that there would be  
13 one year from the date of approval, there could be  
14 some report that could come back to the Committee. I  
15 would say that the contingency on approval would have  
16 to be that the agency and the company had in place at  
17 that time the surveillance study ready to go, not that  
18 over the first year things would be happening to  
19 develop and then a year later we could learn whether  
20 a study had been organized or not. That's not good  
21 enough.

22 It would have to be ready to role with the  
23 first day of a drug launch.

24 CHAIRMAN BONE: Yes, thank you.

25 Dr. Molitch.



1 DR. MOLITCH: I suppose one possibility  
2 would be to get some of these stool samples and send  
3 them to Dr. Colman for a helicopacter (phonetic)  
4 analysis.

5 (Laughter.)

6 DR. MOLITCH: But I think more  
7 realistically if we look at the Scandinavian studies,  
8 at the 2,000 patients that are being done there, and  
9 if they're followed up very carefully since that study  
10 is already underway with appropriate mammography, that  
11 might give us some suitable information.

12 I think it's going to be very difficult to  
13 mount a large enough study to prove a negative.

14 CHAIRMAN BONE: Thank you.

15 Dr. Cara.

16 DR. CARA: I agree with those comments.  
17 I think that doing a prospective study is going to be  
18 very difficult because of the scope of the study.  
19 However, I think that additional preclinical studies  
20 might point the sponsor in a specific direction that  
21 may be worth pursuing. Getting as much information as  
22 they can from this present trial or the present trials  
23 that they talked about, as Dr. Critchlow suggested,  
24 doing some preclinical studies, looking at the results  
25 from the European studies, and then proceeding

1 accordingly, I think would make sense.

2 CHAIRMAN BONE: Dr. Hirsch.

3 DR. HIRSCH: I guess the fact that I said  
4 no to the first question sort of means to me the  
5 importance of doing studies on this, not abandoning  
6 all hope with the possibility of using this or other  
7 agents, and I think the preclinical or animal studies  
8 are important.

9 I'm not so barren or bleak as all of you  
10 are about the utility of Phase 3 studies that will not  
11 have to have, you know, 20,000 people or something of  
12 that kind. I think others can be devised.

13 And one of the important things is  
14 unfortunately these patients were not randomized, not  
15 for any fault of the sponsor, but just because of this  
16 unusual event that occurred, it appeared, and even  
17 early in the study, so that it will be very careful to  
18 prescreen, perhaps even watching people for six months  
19 or a year or something like that or having repeat  
20 mammograms before putting them into the two arms of  
21 the study.

22 CHAIRMAN BONE: Did Dr. Davidson have  
23 comments on this?

24 MS. REEDY: A new clinical trial or a new  
25 study with mammograms pre and post study and during

1 study to monitor events.

2 CHAIRMAN BONE: Yeah, I would like to also  
3 have here the comments of Dr. Ellis first, please.

4 DR. ELLIS: Well, it sounds as if we  
5 already have a trial design ongoing in Sweden with  
6 pretreatment mammogram which screened out, I think, a  
7 number of patients who had preexisting abnormalities,  
8 and presumably in that design there's going to be  
9 subsequent mammography.

10 The question is is the 2,000 patient  
11 number in that trial sufficient for the purposes of  
12 the Committee or is it too small, and we could leave  
13 that question to the statisticians.

14 CHAIRMAN BONE: Okay, and Dr. Siegel.

15 DR. SIEGEL: Yeah. I mean if we did it,  
16 do it right, and that includes all that's been said  
17 about the annual mammography and before and after.  
18 Also I want to put in another plug for at least  
19 annual, if not semiannual clinical breast exam.

20 And finally I'd like to ask, you know, we  
21 have other patients that have been on this drug, the  
22 Phase 2 patients that haven't been surveyed, and  
23 perhaps there's important information that could come  
24 from them as well.

25 CHAIRMAN BONE: For my part, I think, as

1 Dr. Hirsch said, implicit in my negative vote on the  
2 first question is a strong yes vote on the third.

3 I think the first thing that would need to  
4 be done is to sit down, as Dr. Stadel said, and  
5 develop a family of curves looking at what the  
6 tradeoff is between the sample size and the effect  
7 size that one is trying to detect, and that may be  
8 very helpful in making that kind of plan on a  
9 practical basis.

10 But I think that there's a substantial  
11 question about whether the sponsor's interest, as well  
12 as everyone else's, wouldn't be served better by a  
13 large trial that would generate data quickly  
14 considering the gleaning that would occur prior to  
15 entry.

16 So that I don't know what the size of that  
17 would be. I think that's a practical question, and  
18 then people would have to make decisions about that.

19 It would be a great pity not to have the  
20 drug available if it turns out that there isn't a  
21 problem, but I think the concern is, you know, what if  
22 there is, and we've had enough information to, I  
23 think, leave some people at least uncertain about  
24 that, and that's where this tie vote comes from.

25 I want to thank the sponsor for doing a

1 very thorough, I think, and conscientious job of  
2 chasing down these cases and being very meticulous,  
3 professional, and straightforward in their  
4 presentations today.

5 And I want to thank the agency for a very  
6 thoughtful and insightful presentation, as well. I  
7 think this is a situation that we all have taken very,  
8 very seriously indeed, and I think everyone involved  
9 has approached these deliberations with very  
10 appropriate level of concern and respect for all of  
11 the varying interests that do have to be taken into  
12 account. And I particularly want to thank not only  
13 the members of the Committee who have served admirably  
14 as usual, but our guests who have made an enormous  
15 contribution.

16 To summarize then, the Committee has voted  
17 five to five on the primary question of whether to  
18 recommend approval, taking all of the considerations  
19 into account, and I think probably a more detailed  
20 summary at this point is probably not necessary  
21 because I think we all understand very well how this  
22 balancing of issues was reached. Thank you very much.  
23 The meeting is adjourned.

24 (Whereupon, at 4:10 p.m., the Advisory  
25 Committee meeting was concluded.)